



W A S H I N G T O N

2023 Human Services Annual Report

Report Prepared By:

Rachel Adams, Human Services Coordinator

Katelyn Harrigan, Human Services Intern

MAYOR MESSAGE

In 2021, the Monroe City Council embraced a forward-looking vision, articulated as "Imagine Monroe," which outlines our aspirations and the envisioned community for 2050. This guiding vision permeates all aspects of our governance, shaping plans, policies, budgets, and day-to-day operations. The commitment to supporting those in need within our community is a cornerstone of Imagine Monroe.

As of November 2023, the city has allocated a total of \$1,005,985 in American Rescue Plan funds to various not-for-profit human service organizations across Monroe. These funds provide residents with essential services such as mental health support, therapeutic services, business training, camps for kids, childcare, housing assistance, and more. Funds supporting the scholarship bed program at EvergreenHealth Recovery Center have brought healing to graduates, including a young mother who shared that the program gave her hope when she had none. Additionally, our Community Human Services Advisory Board (CHSAB) has made recommendations to the City Council for allocating \$300,000 in City General Funds for housing and wraparound services in the 2023-2024 period. Moreover, the City of Monroe has secured funding from the state revenue sharing program, SHB1406, earmarking \$70,000 annually over three years for rental assistance to keep Monroe families securely housed.

Additionally, a substantial grant of \$480,000 presented by Congresswoman Suzan DelBene in November of 2023 has been dedicated to funding a mobile mental health co-response program that supports first responders when they encounter community members experiencing mental health crises. Acknowledging the collaborative efforts, we extend our gratitude to partners from the City of Sultan, Volunteers of America, Monroe Police Department, Snohomish County Sheriff's Office, and Snohomish County Fire and Rescue. The project, garnering a total of \$850,800 in grant funding from both Snohomish County and Suzan DelBene's FY23 Community Projects Federal Funding, stands as a testament to the cooperation of our partnerships.

I would like to extend my gratitude to members of the Community Human Services Advisory Board, City Council, community advocates and partners, consultants, and City staff who, through their hard work and dedication, help us chart a path to meet the daily needs of our diverse community. Together, we will strive to realize Imagine Monroe through our continued collaboration- creating a safe place for all, where everyone feels at home, and everyone feels they belong.

Sincerely,

Mayor Geoffrey Thomas

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In 2023, human services programs ignited hope and resilience in our community. Together, we empowered individuals, uplifted families, and built bridges of support. Let's continue this journey, turning challenges into opportunities, and fostering a brighter tomorrow for all. Together, we can achieve greatness, one compassionate act at a time

Human Services Coordinator, Rachel Adams

Special Thanks To:

Mayor Geoffrey Thomas

Monroe City Council Members:

Heather Fulcher

Kevin Hanford

Ed Davis

Jason Gamble

Tami Beaumont

Kyle Fisher

Kirk Scarboro

City Administrator, Deborah Knight

Emergency Manager, Brad Feilberg

Finance Manager, Greg Piland

Police Chief, Jeff Jolley

Community Human Services Advisory
Board:

James Harrigan

Tony Balk

Marci Scott-Weiss

Roger Bacon

Roger Evans

Dawnelle Carroll

City of Monroe Vision Statement

Imagine Monroe: A lively center surrounded by nature. A place of beauty and goodwill.

Our parks, waterways, and environment are healthy and accessible for everyone to enjoy.

Our historic downtown and business districts are thriving and full of locally owned businesses and locally sourced products.

We can find everything we need with regional connections and a variety of choices for work, housing, dining, shopping, arts, and activities.

Friendly and responsive, we strengthen connections through gathering spaces, events, services, and community-centered infrastructure - creating a safe place for all.

In Monroe, everyone feels at home and everyone feels they belong.

2023 Accomplishments

- Debuted the Mental Health Co-Responder program in partnership with Volunteers of America to offer additional support to individuals experiencing behavioral and mental health crisis in the community
- Secured over \$600,000 of federal and state funding to support the expansion of the Mental Health Co-Response program and new contracted human services positions
- Secured funding from the city through SHB1406 to support a Rental Assistance program in partnership with Take the Next Step
- Facilitated the Community Human Services Advisory Board (CHSAB) in making recommendations for the 2023-2024 Human Services Awards
- Facilitated a panelist event on May 18, 2023 for local faith organizations to learn more information about human service programs available in the City of Monroe
- Developed a resource flyer for local businesses that outlined resources that can be contacted in the event of an encounter with people experiencing homelessness or mental health crises
- Coordinated with Volunteers of America to operate cold weather shelters and warming centers for a record-breaking 91 nights for 2023
- Successfully provided emergency housing to Monroe families through the Monroe Family Respite Program
- Explored a Safe Parking Program through a partnership with St. Vincent de Paul and held a community information session
- Secured a location for and began planning a public restroom facility

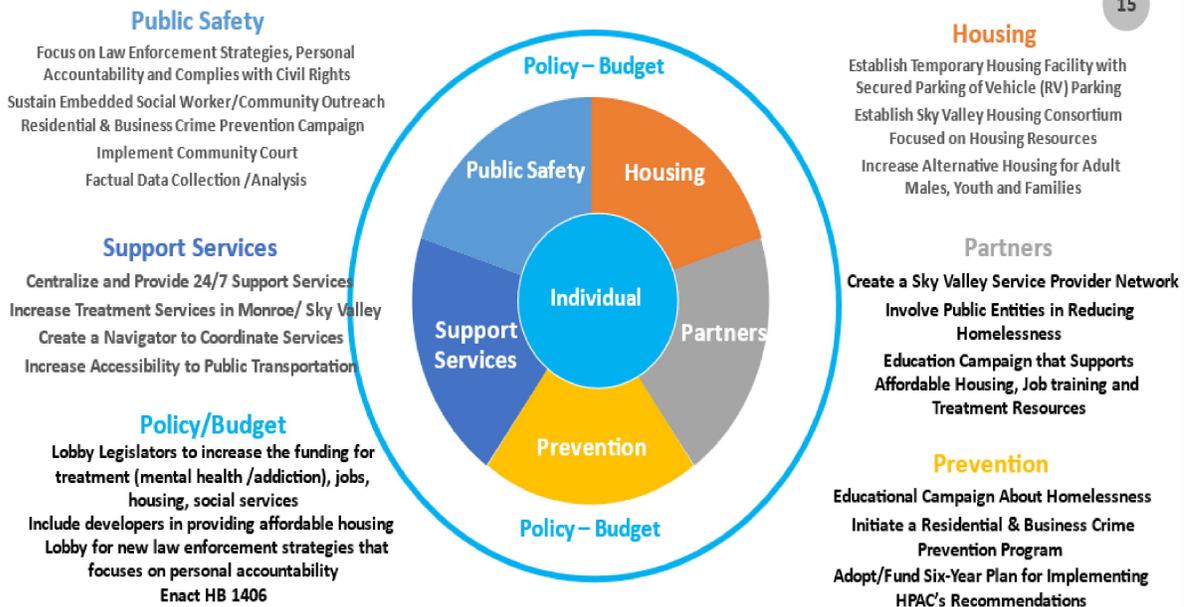
2024 Goals

- Continue to support implementation of the City's adopted Housing Action Plan
- Create resilient programs and a strengthened continuum of care with the assistance of the partnerships in our service provider network
- Distribute \$300,000 in General Funds to support organizations providing housing and wraparound services to Monroe families
- Prepare for 2025–2026 Human Services Community Needs Assessment
- Support the Mental Health Co–Response services in expanding operating hours to 7 days per week
- Support transitional and affordable housing opportunities for McKinney Vento families in the Monroe School District
- Host a Poverty 101 class in partnership with the Everett Gospel Mission for both city employees and the general public to attend
- Continue implementing the Safe Routes to School project in partnership with Monroe School District
- Continue collaborating with the Snohomish County Multi–Agency (MAC) group to create a holistic plan to address the drug crisis facing our communities
- Look for opportunities to secure transit service in Sky Valley
- Explore the implementation of a Recovery Café in Monroe

Progress Report

Homeless Policy Advisory Council Draft Recommendations

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Graphic representation of the 2020 HPAC Recommendations

In 2019, the Homeless Policy Advisory Committee (HPAC) drafted a set of recommendations on how the city should respond to homelessness.

The recommendations were separated into the following categories:

- **Housing**
- **Partners**
- **Prevention**
- **Policy and Budget**
- **Support Services**
- **Public Safety**

Those recommendations were approved by Resolution No. 002/2020 of the Monroe City Council in February of 2020.

The Community Human Services Advisory Board (CHSAB) was established by Resolution No. 07/2020 to oversee the ongoing work and make recommendations

to the Mayor and City Council on how to respond to homelessness, poverty, those impacted by crisis and those living in marginalized communities.

The HPAC recommendations were broken down into smaller actionable steps using some of the best practices that were presented by Monroe’s Legislative Research Consultant Peitra Gaebel in her whitepaper entitled “No Place Like Home – Addressing Homelessness in Monroe, WA.”

In 2021, the Sky Valley Human Services Community Needs Assessment provided valuable information on gaps and barriers in the social safety net.

City Staff began tracking implementation goals and milestones. Taking a look back at these recommendations and the implementation plan now three years later, there is a great deal of progress to celebrate.

Housing

Starting in 2022, homeless families with children in the Monroe School District have access to temporary shelter through [The Monroe Family Respite](#). Advocates Recovery Services (formerly The Hand Up Project) and St. Vincent de Paul successfully implemented this hotel shelter program with wrap around services. A \$207,997.00 grant from the City of Monroe supported 9 months of

operation in 2022–2023. This effort served a total of 20 individuals within 6 families. See Appendix 6 for the detailed report.

The [Cold Weather Shelter](#) From November 2022–March 2023, the Monroe Cold Weather Shelter was open for a record–breaking 69 nights, serving 75 total individuals. From October to December of 2023, it was open another 22 nights and served 68 clients.



EAST COUNTY COLD WEATHER SHELTERS END OF SEASON REPORT

NOV 1, 2022-MARCH 15, 2023

How have the Cold Weather Shelters helped you?

"It gave me a warm place and hot food."

"Allowed me time to rest before work and have a meal, as well as much needed shower."

"Kept me off the street for a night."

Total nights open: 69

MONROE COLD WEATHER SHELTER

Total individuals served	75	Total volunteer service hours	710
Total bed nights*	638	Total volunteers	25

The East County Cold Weather Shelters open on nights forecasted to reach 34 degrees or below. For many that utilize the shelters, it saves their lives on the coldest nights of the year. Our doors open at 8pm and include a warm meal, basic need essentials such as hygiene items and winter wear like socks, gloves, warm hats and gloves.

"Thank you greatly for what you do for the homeless community."
~shelter guest

SNOHOMISH COLD WEATHER SHELTER

Total individuals served	115	Total volunteer service hours	166
Total bed nights*	760	Total volunteers	23

*Bed nights are the total number of beds we provided through the season that were occupied.

**Thank you to our partners and major donors:
(without you, our shelters wouldn't be possible!)**

Snohomish County Human Services
New Hope Fellowship Church
Snohomish Evangelical Free Church
City of Monroe
City of Snohomish
First Presbyterian Church of Snohomish
Rotary Club of Monroe Foundation
EvergreenHealth Monroe

...plus countless community members and individuals!

A Safe Parking Program for McKinney-Vento families held a community meeting to provide information to Monroe residents about offering this service to the community through a partnership with St. Vincent de Paul. Progress is being made toward opening. Additionally, Heather's Hope Communities is in the process of securing permits for a group home model to support McKinney Vento families. The McKinney-Vento Homeless Assistance Act of 1987 is a United States federal law that provides federal money for homeless shelter programs.

The City of Monroe was awarded \$592,192 for the implementation of the East County Emergency Hotel Voucher Program. Through a partnership with Volunteers of America, this program will provide emergency housing to Monroe residents.

A Rental Assistance Program has been funded by the city through SHB1406 and awarded to Take the Next Step. From June to December of 2023, this program was able to provide 30 families with secure housing, for a total of 44 months of rent paid. See graphic on the following page for an overview of the accomplishments of this program.

RENTAL ASSISTANCE

TAKE THE NEXT STEP
SHB1406 FUNDING

JUNE 2023 -
DECEMBER 2023

30 FAMILIES
103 INDIVIDUALS

44 MONTHS OF
RENT PAID

RANGE OF SUPPORT:

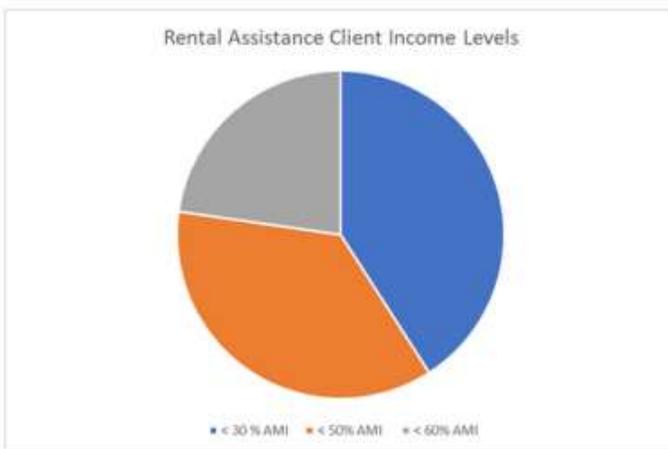
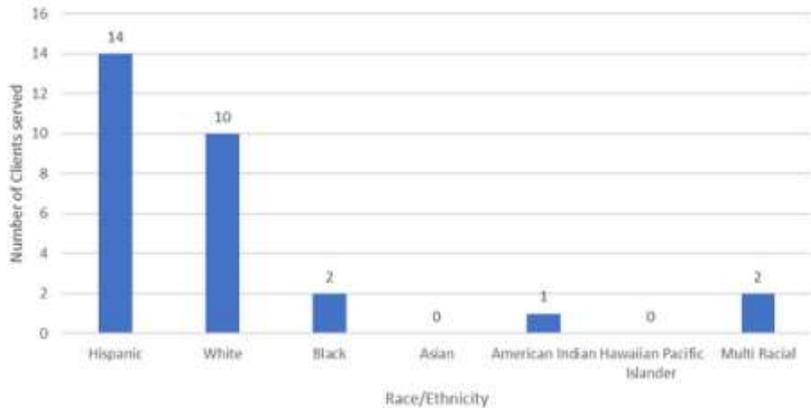
LOWEST \$156.00
HIGHEST \$6,050.00
AVERAGE \$1,430.00

RECAP

In June of 2023, Take the Next Step began to administer the City's SHB1406 funds as Rental Assistance. \$60,898 in funding kept 27 Monroe families in their homes and provided a deposit into housing for another. This funding provided 42 months' worth of rent to keep 93 family members in safe stable housing through September.

From September to December of 2023, an additional two families received assistance for another two months of rent, totaling of \$2,060 in assistance given during Q2. Altogether, this brings the total assistance given to **\$62,958!**

FAMILIES SERVED



Graphic representation of SHB1406 Rental Assistance Program

Partners

City Human Services Staff have been actively involved in coordinating information about services, housing and employment. In order to strengthen partnerships in the Sky Valley, City Staff coordinate monthly service provider “check ins”. City Staff also participate in local and regional events like farmers markets, Belonging, and the Monroe School District Resource Fair.

Through funding from American Rescue Plan (ARP) and the Snohomish County Partnership Proposal (SCPP) matching, our partners at the [Evergreen Scholarship Bed Program](#) had a total of 10 admissions in 2023 to their detox and residential treatment program for uninsured and underinsured community members.

On May 18, 2023, the Human Services Coordinator assembled a local group of pastors to participate in a panelist event to highlight the

local safety net partners. The panelists included:

- Monroe Community Court and Virtual Resource Center
- Monroe Community Outreach team
- 211 East County Coordinated Entry
- VOA Mental Health Co-Responder
- EvergreenHealth Recovery Center Scholarship Bed Program
- Monroe School District McKinney –Vento Liaison
- Take the Next Step Family Resource Center
- St. Vincent de Paul Monroe Resource Center
- Monroe Family Respite Program

Prevention

The City is collaborating with Snohomish County on a holistic plan to address the impact of the opioid crisis on Snohomish County. A Multi-Agency Coordination (MAC) group of key stakeholders from various organizations, including the City of Monroe, has been established to facilitate a coordinated response to the crisis by developing and implementing strategies.

Community trainings like Everett Gospel Mission’s Poverty 101, Crisis Response and Trauma Informed Care have been a challenge, at first due to the pandemic, and then due to budgeting. However, City staff are currently planning a Poverty 101 class to be held in 2024.

Public Safety

The most recent focus has been on Alternative Response Teams and the Mental Health Co-Response Program. The city has made significant progress in this area due to three different grants obtained by City Staff:

1. Snohomish County Partnership Proposal: \$120,000.00
2. Association of Washington Cities (AWC) Alternative response Grant: \$200,000.00
3. Washington State Appropriations Funding: \$200,000.00
4. FY23 Suzan DelBene Community Projects Grant: \$481,000.00

The Mental Health Co-Response Program is up and running and is funded for additional four years of operations. Services are currently available Wednesday through Saturday from 2:00 pm to 12:00 am in Monroe and Sultan. Efforts to expand this program to 7 days a week are underway.

MENTAL HEALTH CO-RESPONDER

VOLUNTEERS OF AMERICA
WESTERN WASHINGTON
(VOAWW)

JUNE 2023-
DECEMBER 2023

39 UNDUPLICATED
CLIENTS

45 TOTAL CLIENT
CONTACTS

RESPONDED TO:

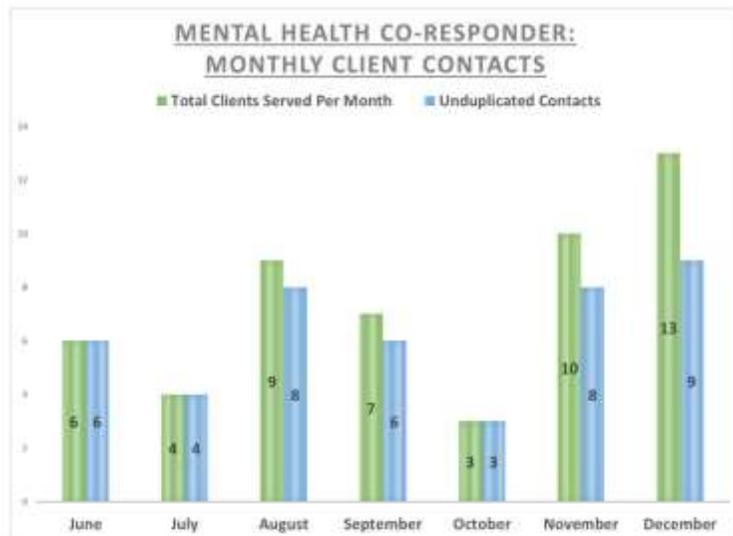
BULLIED YOUTH
BASIC NEEDS
DOMESTIC VIOLENCE
EMERGENCY SHELTER
HOMELESSNESS
PSYCHOSIS
SUBSTANCE USE
SUICIDAL IDEATIONS

PROGRAM RECAP

In June of 2023, a new Mental Health Co-response Program was launched. Co-responder Jessi Beyer is stationed Wednesday/Thursday in Sultan and Friday/Saturday in Monroe. Jessi can be dispatched as a resource to First Responders between 2:00pm- 12:00am those days.

A program goal is to expand services to cover seven days a week. By responding alongside the police and fire departments, this program offers unique and valuable services to the residents of East Snohomish County.

CLIENTS SERVED



Support Services

In July of 2023, the City was awarded a second round of funding from the Association of Washington Cities (AWC) to fund Alternative Response Team efforts, including two new contracted positions. These positions are a full-time Peer Support Outreach Specialist and a part-time Case Management Specialist contracted with St. Vincent de Paul.

Roger Evans, the Peer Support Outreach Specialist, works closely with the Monroe Police Department Outreach team and business community to provide rapid response to community members experiencing homelessness and in need of services. He provides assistance with:

- Compassionate crisis response
- Advocating for and encouraging people in recovery
- Sharing resources and building community relationships
- Helping residents with mentorship, setting goals, and getting connected with recovery groups

Roger is currently available Monday to Saturday from 8am to 8pm.

Additionally, Dawnelle Carroll, the Case Management Specialist works closely with the community court and the resource center to provide referrals and assistance to help clients navigate available services. She provides assistance with:

- Case management services connecting residents to available resources
- Navigating available services and facilitating communication between clients and organizations
- Contributing to community court by providing clients with referrals
- Collaboration with community members and local organizations

Dawnelle is available Tuesday, Thursday, and Friday from 10:00 am until 4:00 pm, Monday and Wednesday by appointment only.



PEER SUPPORT OUTREACH & CASE MANAGEMENT SPECIALISTS

The City of Monroe has contracted with St. Vincent de Paul to provide **Peer Outreach Support and Case Management** to persons in need of information, resources, and services to overcome barriers to substance abuse, homelessness, and mental health issues.

ROGER EVANS

Roger has battled and overcome his addiction and homelessness and provides a unique perspective in his role as **Peer Outreach Support Specialist**. He seeks out and connects with persons in Monroe who are in need and refer them to support agencies.

206-606-3573
roger@svdpnsc.com
Mon - Sat, 8 a.m. – 8 p.m.

DAWNELLE CARROLL

Dawnelle is a **Case Management Specialist** who manages the St. Vincent de Paul Resource Center. She has a wealth of knowledge in social and human service agencies and will connect you to ones who can meet your needs.

360-294-8480 (Office)
360-821-4050 (cell)
dawnelle@svdpnsc.com
Tues, Thurs, and Fri 10 a.m. - 4 p.m.
Mon and Wed by appointment only

CRISIS CARE RESOURCES

National Suicide and Crisis Lifeline

Call or text 9-8-8 to reach trained crisis counselors 24/7/365. Visit 988lifeline.org to chat with someone. Lifeline offers language translation.

2-1-1 Washington

Dial 2-1-1 to seek crisis intervention assistance or visit WA211.org for resource information.

Take the Next Step

202 S. Sams Street, Monroe, WA 98272

Call 360-794-1022 to learn about the resources, programs, and services available to meet your immediate needs.

St. Vincent de Paul, Monroe Resource Center

17150 W. Main St., Monroe, WA 98272

Call 360-294 8489 or meet with an Advocate or Case Management Specialist at the Resource Center to be connected with housing support.

Volunteers of America – Western Washington, Sky Valley Resource Center

617 1st St Sultan, WA 98294

Call 360-793-2400 (extension 1408) if you or your family is in crisis or experiencing homelessness.



This program is a partnership between the City of Monroe and St. Vincent de Paul.
MonroeWA.gov | 360-794-7400 svdpnsc.com | 360-294-8485



Policy and Budget

Human Services Awards

City Council approved that the administration of the human services implementation budget and authorized the disbursement of funds through the new Human Services Awards grant funding process. An ad hoc group of CHSAB members took the board's priorities of increasing Housing, increasing Mental Health Services, and increasing Disability Services and defined criteria for the proposed human services grant funding process.

The City of Monroe has budgeted \$300,000 in General Fund revenues in 2023–2024 biannual budget to support human service programs serving Monroe residents. In 2023, the CHSAB recommended funding be awarded to:

- St. Vincent de Paul in the amount of \$250,000
- Monroe Gospel Women's Mission in the amount of \$30,000
- Cocoon House in the amount of \$20,000

All of these programs help provide housing and wraparound services

for community members. Wrap-around supportive services are designed to provide comprehensive, personalized supports and resources in a structured team-based framework. Case managers and social workers implementing a wrap-around program create customized, intensive, and individualized care plans. The wraparound service model embraces each client's unique strengths, needs, and natural support systems. This helps address the complex issues and challenges that often accompany homelessness and can interfere with obtaining long-term housing stability.

American Rescue Plan

Throughout 2022 and 2023, American Rescue Plan (ARP) funds have awarded a total of \$1,408,802 to local nonprofits involved in Human Services. City Staff is working with the awardees to execute the City's communication plan by sharing program success stories in the mayor's weekly newsletter, Monroe the Week, and Facebook.

The City of Monroe and the ARP funds have infused the community with new and needed services enhancing what Monroe has to offer it's residents.

The Boys and Girls Club was awarded \$14,975.00 for their Community Connection Initiative which offers affordable or free voucher for a variety of services including childcare, team sports, family nights, teen events and movie nights. They have successfully completed their project and utilized all their ARP round one funding.

The EvergreenHealth Monroe Recovery Center was awarded \$66,000.00 for the detox and residential treatment scholarship bed program for uninsured Monroe residents. The program has produced three successful graduates who are now housed and in aftercare to maintain their sobriety. They have used \$62,426.00 of their ARP round one award and have 5% remaining.

The EvergreenHealth Monroe Foundation was awarded \$15,900.00 from ARP round two in order to hire a social worker specifically to provide mental health assessments. They have utilized all of this funding.

Heather's Hope Communities was awarded \$75,500.00 to begin a pallet

shelter program for McKinney Vento families. The program changed directions slightly from providing pallet sheltering to utilizing a group home model. They have used \$60,969.94 of their funding.

Housing Hope was awarded \$77,433.50 for staff salaries to provide wraparound support to clients enrolled in the Homeless Family Services Program. They have accessed \$72,712.09 and have 6% remaining.

Kiwanis Club Monroe was awarded \$8,366.50 to provide book bags to second and third graders who are showing up as below grade level due to pandemic related learning time loss. They have used \$8,218.78 of their funds and have 2% remaining.

Melanie F. Ryan Coaching & Consulting was awarded \$80,000.00 of round two ARP funding for Cultural Change Agent Training in the community. \$63,590.92 of the funding has been accessed.

Miracles and Memories Academy was awarded and completely used \$69,025.00 to expand their respite services from focusing on adults with intellectual and physical disabilities to include childcare for at risk children with special needs.

The Monroe Senior Center was awarded \$4,200.00 to provide free one-on-one in person counseling sessions to senior Monroe residents. The Monroe Senior Center has utilized all their funding for this project. Additionally, this project received \$4,200.00 in ARP round two funding which has also been completely utilized.

The Monroe School District was awarded \$14,000.00 to purchase case management software for the Behavioral Health Team. They have not accessed any of their funding from round one yet.

The Monroe Public School's Foundation was also awarded \$5,000.00 to procure STEM kits to enhance the students experience with hands on learning. They have utilized \$4,928.03 toward this purpose and have \$71.97 remaining available to them. The Public School's Foundation was awarded \$7,059.08 in ARP round two to create

a current issue kids library. They have fully utilized this funding.

The Monroe Gospel Women's Mission was awarded \$91,600.00 of round two ARP funding for emergency food and shelter, case management and administration. They have utilized \$48,576.16 of this funding so far and have 47% remaining.

Rotary Club Monroe Foundation was awarded \$43,500.00 from ARP round two to provide grants to community organizations. They have completed this project and used all of the funds.

Scooter's Place was awarded \$60,050.00 to make facility improvements, provide services and hire staff for the new Veterans, Emergency Responders Program. Additionally, they received \$44,720.00 to go toward their Adaptive Therapeutic Riding Program from round two. They have successfully utilized all their ARP funding from both rounds for this purpose.

Sherwood Community Services was awarded \$27,750.00 from ARP round two. These funds are designated to expand the Vocational Program in Monroe and to increase awareness of disability services with the Community

Inclusion Program. They have now accessed \$21,841.78 of this funding and have 21% remaining.

St. Vincent de Paul was awarded \$27,500.00 to implement a safe parking program for McKinney Vento Families who have been living in cars. This program would include wrap around case management and steps toward becoming permanently housed. St. Vincent de Paul has utilized \$6,200.00 for this project and still has an additional 77% remaining of their ARP round one award. Additionally, St. Vincent de Paul received \$61,500.00 in ARP round two funding to hire a Resource Center Director to provide site management and program support at the Monroe Resource Center. They have now accessed \$49,872.27 of this funding and have 19% remaining.

Take the Next Step (TTNS) received \$39,200.00 from ARP round one to host a Ventures Business Basics Training Course including an eight-week course, \$25,000.00 in startup capital grants for program graduates. They have been reimbursed for \$34,200 and have 13% left for this program.

TTNS also received and entirely utilized \$2,000.00 for laundry vouchers

from ARP round one.

TTNS received \$15,000.00 and fully utilized from ARP round one to maintain their service levels and support Resource Center staffing. In round two, they received \$72,000 for program staffing, of which \$8,970.71 has been utilized so far.

TTNS was additionally awarded \$30,000.00 to facilitate mental health group classes. To date they have utilized \$5,500 and have 82% remaining of this round one award. In ARP round two they were awarded \$63,000.00 for mental health services. They have accessed \$37,409.51 any of their funding from round two for this purpose.

TTNS also was awarded and fully utilized \$12,000.00 to facilitate sponsoring youth sports scholarships.

The Hand Up Project (conducting business as Advocate Recovery Services) was awarded \$207,997.00 from ARP round two. These funds are designated to implement a Respite Program in Monroe for McKinney Vento Families. To date they have utilized \$167,721.44 of this funding and have 19% remaining.

Volunteers of America was awarded \$75,000.00 to operate the new Early Childhood Education and Assistance Program (ECEAP) in Monroe. ECEAP serves very low-income families by providing access to preschool and kindergarten along with wraparound services. They have not utilized any of their round one funding yet.

The YMCA of Snohomish County was awarded \$34,775.00 to increase childcare staff retention and hire a bilingual Teen and Family Coordinator. They have accessed and utilized all of the ARP funding for this purpose.

The YMCA also received \$5,000 for their My Achievers program, and \$7,500 for their Teen program leaders club. Funds have yet to be utilized for these purposes.

They also received \$13,650 for their Summer mini camp, of which 24% has been used. Additionally, their Ready, Set, Go! Camp was awarded \$60,000, of which \$22,195 has been used.

Grant Matching

The City of Monroe also received \$250,000.00 of matching funds from the Snohomish County Partnership Program (SCPP). These funds were

designated to match City ARP funds in the mental or behavioral health category, and occurred in two rounds. The CHSAB recommended matching funding awards to:

- The EvergreenHealth Recovery Center for co-occurring disorder detox and treatment for Monroe uninsured residents in the amount of \$66,000.00. \$59,985.00 of it was utilized.
- The EvergreenHealth Foundation for a social worker providing mental health evaluations in the amount of \$14,034.32, all of which was utilized for this purpose.
- The Monroe Community Senior Center utilized all of their awarded \$7,907.18 for free one on one counseling for Monroe seniors.
- Scooters Place utilized all of their awarded \$99,522.61 for new Adaptive Riding Therapy program for first responders and veterans treating issues like complex PTSD and offering support through emotional and behavioral issues they may be facing.
- Monroe School District utilized all of their awarded \$14,000 for new

- Behavioral Health Case Management Software.
- Take the Next Step was awarded \$30,000 to facilitate Group Mental Health Classes, and used \$29,846.90 of these funds. They also used their entire \$18,535.89 award for one-on-one mental health classes.

Association of Washington Cities (AWC)

The City of Monroe was selected by the Association of Washington Cities Alternative Response Team grants for two rounds of funding. Round one was awarded in December of 2022 and provided \$200,000 towards a partnership between the Volunteers of America Western Washington, The EvergreenHealth Recovery Center, and the cities of Monroe and Sultan. This helped fund both a Mental Health Co-Response Service and Scholarship Bed Program for substance abuse treatment.

Round two was awarded in July of 2023 and provided \$116,000 for a partnership with St. Vincent de Paul. This funding allows for a contracted partnership with a Peer Outreach Specialist, a Case Management

Specialist, and the Human Services Coordinator position.

Congressional Appropriations Fund—FY 2023

In November of 2023, Congresswoman Suzan DelBene presented a \$481,000 check to the City of Monroe to fund the Mental Health Co-Response program through Volunteers of America. This funding will allow for 4 years of ongoing operations.

SHB 1406

In June of 2023, the City of Monroe received funding from Substitute House Bill 1406 to provide rental assistance to Monroe Residents at or below 60% of the median income level. Take the Next Step has partnered with the city to distribute \$70,000 per year over three years for this purpose.

Snohomish County Emergency Housing Fund (EHF)

In November of 2023, the City of Monroe received a \$592,192 grant from Snohomish County's Emergency Housing Fund (EHF) to fund the East County Motel Voucher program. Partnering with Volunteers of America, this program will provide emergency housing in hotels for families in crisis.

Dept. of Commerce State Appropriations Fund

Senator Brad Hawkins has awarded \$200,000 to the City of Monroe Human Services Department and Police Department to assist with the Mobile Mental Health Designated Crisis Responder (DCR). This will help expand the operations to provide 7-day per week coverage.

2020 HPAC Recommendations Progress Report

A. Housing		Status
Emergency Shelter and Transitional Housing (Crisis Housing, Rapid Rehousing and Permanent Supportive Housing) – <i>City Strategic Plan</i>	The Cold Weather Shelter now has a VOA/County budget for staffing and expanded the opening criteria from below 32F to below 34F.	Green
Support SVDP Safe Parking Project	Rental Assistance Program with HB1406 money approved by the CHSAB and City Council. Contracting with Take the Next Step.	
Support HHC Pallet Shelter Project	SVDP Safe Parking program for McKinney Vento families.	
Explore Emergency Shelter Options		
Explore Home Share/Group Home Model	MFTE Credit. Review process with CHSAB and Planning Commission. In progress.	
Explore Hoteling Model		
Create More Transitional Housing in Monroe – <i>City Housing Action Plan</i>	2023/2024 Human Services Awards – Housing and Wrap Around Services: -\$250,000 St. Vincent de Paul -\$30,000 Monroe Gospel Women’s Mission -\$20,000 Cocoon House	
Encourage Planning for More Affordable Housing in Monroe – <i>City Comprehensive Plan</i>		
Provide Rental Assistance Program through RFP – <i>HB1406</i>	East County Emergency Hotel Voucher Program: -\$592,192 partnered with Volunteers of America	
Work with TAC & CHSAB to identify partners and available funding	Funding for Heather’s Hope Communities group home model for McKinney Vento families. Applying for permits. Not implemented yet.	
B. Partners		
Diplomacy & Relationship Building (TAC & CHSAB)	Service Provider Check ins.	Yellow
Capacity Building (Partnerships)	Attached funding from City ARP grants to partnerships and MOUS.	
Build Sky Valley Consortium (Housing & Services)	Bus passes between TTNS and VOA.	
Establish Transportation services between Sky Valley and Everett	Lost Monroe Duvall Shuttle. Senior Center bus does not have capacity to expand to include transportation navigation.	
Evaluate transportation needs with partners		
Evaluate existing transportation contracts with non-profits		
Coordinate partners applying for Transit Go (grant) program		
Provide information about services to remain housed, financial training, and incentives for businesses to hire employees with entry level skills, information about mental and behavioral health services.	City Human Services present at community events: Farmers Market, PRIDE, Juneteenth, Belonging, and School Resource Fair. Trifold brochures and website information connecting to local service providers. Utility billing insert.	Green
Work with Monroe Public School’s Foundation to develop and promote annual “resource fair” set up like a vendor show.	VOA has maintained the East County Coordinated Entry contract. Coordinated Entry locations in Monroe and Sultan. The Human Services Implementation Budget has an RFP process attached to criteria the CHSAB defines from the 2021 Community Needs Assessment.	
Facilitate East County Coordinated Entry in partnership with VOA		
Establish and implement the 2022/2023 HS Budget Grant funding process with CHSAB: Determine Strategic Goals/Determine Criteria Release Application Review Applicants/Recommend Awards		
C. Prevention		
Develop education and outreach communication plan about services	Communication planning, education, and outreach with Mojo, City’s Communications Consultant.	Green
Poverty 101 Trainings	Funding to host. Exploring a recommendation with CHSAB.	Yellow
Crisis Response Trainings	Partners have not hosted.	Yellow
Work with McKinney-Vento Family Liaisons and Monroe Public Schools Foundation in the Monroe School District to connect families with resources.	Great working relationship established.	Green
D. Public Safety		
Explore Mobile Mental Health Response Program	Partnerships with City of Monroe, City	Green
	<i>Contract to expand to 7-day-a-week</i>	

	of Sultan, Snohomish County Fire and Rescue, Snohomish County Sheriff, Monroe Police Department and VOAWW. Funded.	<i>coverage using State Appropriations funding.</i>	
Explore Fee Revenue – <i>City Court Assessment</i>			
E. Support Services			
Explore Shared Database System	ROI roadblock. Partners have not been ready.	<i>Exploring Collaborative Case Management Software Needs Assessment with SoftResources.</i>	
Establish Family Resource Center	TTNS is now certified as a Family Resource Center and has full County funding for that designation.		
Coordinate more Mental Health Clinicians for Adults	Lobby for Alternative Response Team Continuum of Care.		
Coordinate more SUD Clinicians			
Establish Metrics and Tracking	Must come from partners or the CHSAB.	Budget and RFP for 2025 Community Needs Assessment.	
F. Policy & Budget			
Define 2024 Work Plan, Priorities, and implementation Model	January 2024		
Identify performance measures to encourage future funding and show success.	Write reporting requirements into contract scope of work attached to monthly reimbursements and quarterly reporting.		
Lobby for changes to State and Federal law	2022 Priority: Mobile Crisis Response. Grants Awarded: Snohomish County Partnership Proposal matching funding award; Association of Washington Cities Alternative Response Team Grant (1 st and 2 nd round); Federal Appropriations Committee grant for four years of additional funding; State Appropriations.		
Continue CHSAB as a standing committee	1/10 of 1% was adopted by the County.	<i>Advocate for regional distribution of funding.</i>	
Explore 1/10 of 1% tax			
Identify budget enhancement needs and funding opportunities in 2024 for 2025/2026 biennial budget.			
Evaluate Program			

Color Code: Green-Going Great; Yellow-Needs Work; Orange-Stuck; Red Not Started.

Graphic representation of the 2020 HPAC Recommendations Progress Report

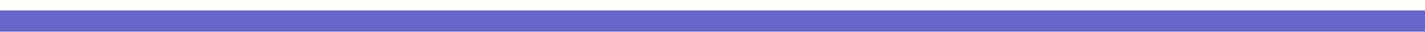


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Appendix 1

2023 Annual Point in Time Count

From Snohomish County:

“The Annual Homeless Point-in-Time (PIT) count, designed to provide a snapshot of households experiencing homelessness on a single night, was conducted on January 24, 2023. This survey was supported by the efforts of 247 volunteers, County personnel, and partnering agency staff. The 2023 count identified 1,285 people in 1,028 households residing in shelter, transitional housing, or living without shelter in Snohomish County the night of January 23, 2023. In 2023, the total PIT count was up 8.5 percent from 2022, which represents an increase of 101 people. The total PIT count is again the highest it has been since 2012.”

Take the Next Step led the Monroe effort to gather accurate data on January 23, 2023. Resource Navigator Michael Lorio, with Take the Next Step led coordinated effort with local partners to provide resource locations for unhoused individuals to check in and receive resources. They also completed the PIT count interview which includes questions about:

- Demographic information
- The total duration and number of times an individual has been homeless
- If the individual has a history of substance use dependency, disability or mental health needs

Point-in-Time Count Overview January 23, 2023

1285
Total People

575
Emergency Shelter
19
Transitional Housing

390
Out of Doors
281
Vehicle

15
Abandoned Building
5
Jail or Care Facility
Fewer than 90 Days
(homeless prior to entry)

573
Adults with a
Serious Mental Illness
69
Unaccompanied Youth
and Young Adults

51
Veterans

558
Adults with a
Substance Use Disorder

129
Adult Survivors
of Domestic Violence

629
Chronically
Homeless

these **1285** individuals
were in **1028** households:

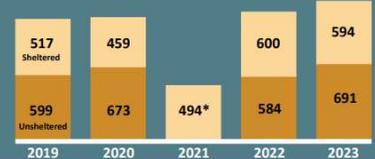
105
Households with
Adults and Children

15
Households with
only Children

908
Households with
only Adults

Snohomish County Point-in-Time History

*In 2021, the county was granted an exception from conducting the Unsheltered count due to COVID-19 safety concerns.



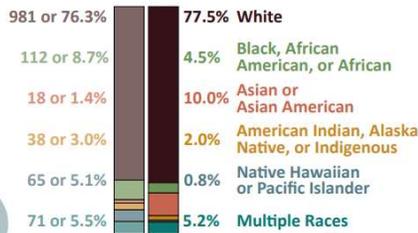
these **1285** individuals were:

1106 or 86.1% Non-Latin(a)(o)(x)
179 or 13.9% Latin(a)(o)(x)



745 or 58.0% Male
526 or 40.9% Female
7 or 0.5% Transgender
5 or 0.4% Not exclusively Male or Female
2 or 0.2% Questioning

2023 PIT Data | 2022 Census Estimates for Snohomish County



<https://www.census.gov/quickfacts/snohomishcountywashington>

2023 Unsheltered Population

Where did you sleep last night?	Where was your last permanent residence?													Total
	North County	Marysville/Tulalip	Granite Falls	Lake Stevens	Snohomish	Everett	Highway 2 Corridor	Lynnwood	Edmonds	Under 10 Responses	Balance of State	Other US State	Unknown/Unreported	
North County	26	15	1	3		9	1	3			13	2	5	78
Marysville/Tulalip	1	37	1	3		10	2	1			12	8	2	77
Granite Falls		1	8	1										13
Lake Stevens			3	3										10
Snohomish			1	3	1	3								11
Everett					9	5	128	2	10	1	7	34	15	164
Highway 2 Corridor						4	2	30						36
Lynnwood							24		16		9	2		51
Edmonds								3	2	1				6
Under 10 Responses										3	5	3		11
Total	38	81	15	23	12	178	40	33	12	16	92	36	115	691

To avoid the possibility of identification, areas with fewer than 10 responses have been grouped together. Where not identified separately, "Marysville/Tulalip" includes Smokey Point; "North County" includes Arlington, Darrington, Silvana, and Stanwood; "Highway 2 Corridor" includes Gold Bar, Index, Monroe, Startup, and Sultan; and "Under 10 Responses" includes Bothell, Mill Creek, Mountlake Terrace, and Mukilteo.

Graphic representation of the Snohomish County 2023 PIT Count Results

[Snohomish County Releases 2023 Point-in-Time Count of Homelessness \(snohomishcountywa.gov\)](https://www.snohomishcountywa.gov)

Appendix 3— Community Resources Flyer



#WeAreMonroeWA



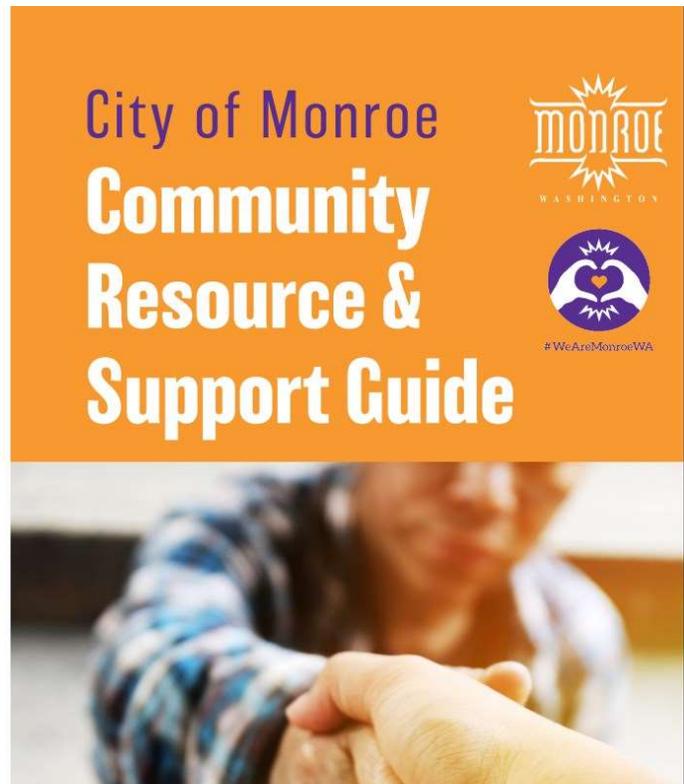
We're Here to Help.

City of Monroe

Rachel Adams, Human Services Coordinator
(360) 913-4817 | RAdams@monroewa.gov

Monroe Police Department Community Outreach Team

Elisa Degado, Social Worker
Elisa.Delgado@co.snohomish.wa.us



The City of Monroe strives to support those in our community who are struggling in their everyday lives. This guide lists agencies that offer services for persons of all ages and families facing housing, mental health, and crisis issues.

City of Monroe Community Resource & Support Guide



#WeAreMonroeWA

Housing

Heather's Hope Communities (206) 606-3573

Provides temporary housing in Monroe for families.

roger@hhcommunities.org | heathershopecommunities.com

Housing Hope (425) 347-6556

Provides help to overcome poverty, escape homelessness, and grow in self-sufficiency.

info@housinghope.org | housinghope.org

Matthew House (360) 794-8720

Dedicated to assisting children and their families of people incarcerated in Washington's prisons.

lindapaz@matthewhousemonroe.org | matthewhousemonroe.org

Monroe Women's Gospel Mission (360) 863-9003

Provides needed assistance of housing, educational direction, counseling, and spiritual help to homeless women.

monroegospel@aol.com | monroegospelmission.com

Social Emotional Wellness

Beck's Place (425) 419-8992

Mission is to remove pet-related barriers to health, safety, and security

trbrad@becksplace.org | becksplace.org

Faith Community Partners

A network of local faith-based organizations that provide community-wide resource support and encourage community volunteerism.

ccmrev@hotmail.com

Miracles and Memories Academy (425) 315-6783

A community center designed to support families of adults with intellectual and developmental disabilities

tinna@miraclesandmemoriesacademy.org
miraclesandmemoriesacademy.org

Social Emotional Wellness

Monroe Equity Council

Envisions a diverse and inclusive Monroe where everyone is honored, safe, and represented. Embodies a collaborative commitment to do the work necessary so that all people have access to opportunities according to their need.

mec@monroeequitycouncil.org | monroeequitycommunity.org

Monroe Senior Center (360) 794-6359

Promotes the physical, emotional, and economic well-being of older adults and their participation in all aspects of community life.

info@mcsc.org | mcsc.org

Scooters Place

Provides an adaptive riding program for children and adults with disabilities.

scootersplacenp@gmail.com | scootersplace.org

The Compassionate Friends (360) 348-6221

Provides support to bereaved families after the death of a child. (Snohomish County Chapter)

tcfsnoco@gmail.com | compassionatefriends.org

Assistance with Basic Needs

St. Vincent de Paul Monroe Community Resource Center (360) 294-8485

(North Sound Council) Provide resources to meet the needs of low-income and homeless people in Snohomish County

dawnelle@svdpnsc.com | svdpnsc.com

Sultan Volunteers of America (VOA) (360) 793-2400 ext.1408

Connects families in crisis and those experiencing homelessness with available basic need resources, including other local services to support them back to stability. (Sky Valley Resource Center, Sultan, WA)

lgagnon@voaww.org | voaww.org/skyvalley

Youth Services

Monroe Boys and Girls Club (360) 794-4775

Provides licensed childcare for children grades Kindergarten through 5th and before/after school programs for kids of all ages.

jparks@bgcsc.org | bgcsc.org/clubs/monroe-club/

Monroe Community Coalition

Dedicated to improving the health and wellness of our community by reversing risk factors that actually predict a variety of problem behaviors.

neigelj@monroe.wednet.edu | monroecommunitycoalition.org

Monroe School District/McKinney-Vento Act Liaison Program (360) 804-4518

McKinney-Vento Act is federal legislation designed to help children and youth experiencing homelessness to enroll and succeed in school. (Contact your local school counselor to learn about services available.)

pamiananc@monroe.wednet.edu | monroe.wednet.edu

Monroe Public Schools Foundation (360) 804-2540

Dedicated to supporting students and staff in the Monroe School District. (Independent of the Monroe School District)

info@monroepsf.org | monroepsf.org

Monroe/Sky Valley YMCA (360) 805-1879

YMCA is a cause-driven organization focused on youth development, healthy living, and social responsibility, providing childcare programs, and sports and fitness activities.

ymca-snoco.org (Search: Monroe Sky Valley location)

Sky Valley Early Childhood Education & Assistance Program (425) 212-2941

Provides high-quality preschool to children from low-income households, along with home visiting and parenting support for families serving families with children ages 3-5

rhoover@voaww.org | voaww.org/skyvalley

Assistance with Basic Needs

Take the Next Step (360) 794-1022

Serve homeless and low-income residents throughout the Skykomish River Valley in East Snohomish County.

sarah.morgan@ttns.org | sarah@ttns.org | ttns.org

WA State Department of Health & Human Services (DSHS) (877) 501-2233

Provides program information for food, cash, childcare, long term care and Medicare Savings (Skykomish Valley Community Services Office, Monroe)

debbie.black@dshs.wa.gov | washingtonconnection.org/home/

Treatment and Medical

Conquer Addiction Clinic (206) 552-0882

Offers comprehensive, co-occurring, outpatient mental health and addiction treatment

info@conquerclinics.com | conquerclinics.com

Evergreen Health Recovery Center Monroe (360) 794-1405

(24/7) Serves those seeking help for substance use disorders throughout the Pacific Northwest

recoverycenter@evergreenhealth.com | recoverycentermonroe.com

Ideal Option (888) 522-1275

Provides office-based medication-assisted treatment for addiction to opioids, alcohol, and other substances.

aprilprovost@idealooption.net | idealooption.com

SeaMar Community Health Center (Monroe) (360) 512-2044

A community-based organization committed to providing quality, comprehensive health, human, housing, educational and cultural services to diverse communities, specializing in service to Latinos

erickalume@seamarchc.org | seamar.org

“
In Monroe, everyone feels
at home, and everyone feels
they belong.”
- Imagine Monroe Vision Statement

Youth Services

Snoco Futures (425) 999-4240

A STEM program connecting education and business to give students opportunities to engage directly with local STEM professionals.

lilia@snocofutures.org | snohomishstem.org/snocofutures/

The Village Mentorship

Career Based Mentorship Program Serving Teens From Grades 8 to 12 in the Greater Monroe Washington Area

Info@villagementorship.com | thevillagementorshipprogram.com

Food

Provide Hope (360) 805-0699

Provide locally focused food program to families in greater Snohomish and King counties through specific food donation organizations.

info@trclife.com | providehope.org

Sky Valley Food Bank (360) 794-7959

(Monroe, WA) Provides equitable access to nutritious food in our community through its food distribution programs and food bank

endhunger@svfoodbank.org | svfoodbank.org

Appendix 4— CHSAB Flyer



#WeAreMonroeWA



WASHINGTON

Community Human Services Advisory Board (CHSAB)

The CHSAB encourages your involvement. If you have a suggestion or concern, contact staff or attend a board meeting. There is an opportunity at the beginning of each meeting to speak to the Board.

Meeting Dates/Time

1st and 3rd Thursday of each month | 6 p.m.
Check website for meeting location.

Rachel Adams, Human Services Coordinator

(360) 913-4817 | RAdams@monroewa.gov
Liaison to the Board

Jodi Wycoff, City Clerk

jwycoff@monroewa.gov
Recruitment Coordinator

To learn more and how to apply to serve on the Board, go to MonroeWA.gov (Search: CHSAB) or scan the QR Code.



City of Monroe Community Human Services Advisory Board (CHSAB)



#WeAreMonroeWA



“
**In Monroe, everyone feels
at home, and everyone
feels they belong.”**

- Imagine Monroe Vision Statement



What does CHSAB do?

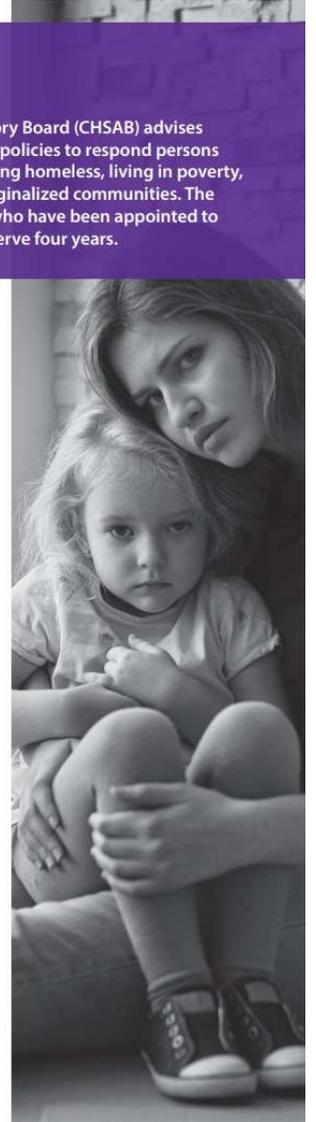
Monroe's Community Human Services Advisory Board (CHSAB) advises the Mayor and City Council on programs and policies to respond persons experiencing homelessness, at risk of becoming homeless, living in poverty, adversely affected by crisis, and those in marginalized communities. The board is made up of seven voting members who have been appointed to their positions by the Mayor and Council to serve four years.

The CHSAB was established in 2020 following the collaborative work of community members serving as the Homelessness Policy Advisory Committee (HPAC) to address homelessness issues impacting Monroe. One of HPAC's recommendations was for the creation of a long-standing advisory board to continue addressing homelessness and other issues such as emergency shelters, mental health/crisis response, public education, and community partnerships.

The 7-member board is comprised of community members who live, work, and serve the Monroe community. The Mayor, City Administrator, Chief of Police, and Human Services Coordinator serve as ex-officio members.

The CHSAB focuses on, among many areas,

- Advocating in partnership elected City officials for change at the local, county and state level that will improve lives.
- Coordinating information among local citizens and stakeholders to seek thoughtful, effective, and lasting solutions.
- Providing non-binding advice and recommendations to the Mayor and City Council in the development, monitoring, implementation, and review of the City's programs, policies, and budget.



Trespassing Panhandling Unlawful Camping



Appendix 5— Business Resource Flyer



#WeAreMonroeWA



WASHINGTON

Monroe Community Outreach Team

In a unique partnership, a city police officer, the city's Human Services program manager and a Snohomish County social worker proactively engage with people who experience chronic homelessness and connect them to resources, medical assistance, substance abuse treatment, housing, and rides to appointments.

Monroe Police Chief Jeff Jolley

(360) 863-4578 | JJolley@monroewa.gov

Officer Bradey Pettit

(360) 794-6300 | BPettit@monroewa.gov

Rachel Adams, Human Services Coordinator

(360) 913-4817 | RAdams@monroewa.gov

Elisa Delgado, Social Worker

(425) 293-3808 | Elisa.Delgado@co.snohomish.wa.us

For Officer Dispatch:

Call 9-1-1 for emergencies

Call (425) 407-3999 for Non-emergencies



Frequently Asked Questions

For Monroe Business

Your business is an essential part of our community.

Our City's aspirational vision statement underscores the importance of having a historic downtown and other business districts that are thriving and full of locally-owned businesses. We want to ensure that our residents and visitors can find everything they need with choices for work, dining, shopping, arts, and activities. It's important that we support gathering spaces, including businesses. It's critical that Monroe is a safe place for all where everyone feels at home and feels they belong.

Your business is essential in delivering on this vision. While you're there for us, we're here for you.

One way we are there for you is in responding to situations where people are living without a home, are in crisis, or are without jobs. We respond to these situations with our Police Department's community outreach team, our Human Services Department staff, and other partners.

With a variety of federal and state court cases and changes in state laws, cities have frequently had to change their response to these situations. The seemingly ever-changing landscape of do's and don'ts can prove frustrating to all involved to say the least. This Frequently Asked Questions (FAQ) is meant to provide you with the most up-to-date information on what you and the City can do to respond to these situations.

The Monroe Police Department enforces trespassing in accordance with its municipal code (MMC 9.10.140) and State laws (RCW 9A.52). Should someone trespass on your business or your property, please report it to 9-1-1.

What is the city's response when I report a trespasser?

Upon the initial report, the responding police officer(s) will make friendly contact with the person and will typically issue a written warning. The warning prohibits the person from returning to your property for one year without your permission. If you report the same person for a second time, the person could be cited with a misdemeanor offense. Arresting the individual rarely occurs. Our approach is to be friendly, informative, and helpful. Monroe police officers are trained in crisis intervention and de-escalation and use those skills when responding to a report of trespassing.

As a follow up, you can file a Trespass Letter of Consent with the Monroe Police Department that gives police officers permission to enforce trespassing laws on your behalf, even if you are not there. To download the form, go to the city's website at MonroeWA.gov and search Trespass Letter of Consent.

You may revoke the Trespass Letter of Consent by contacting the Monroe Police Department at pdrecords@monroewa.gov.

What if someone is sleeping outside my business, or blocking the entrance or sidewalk?

Please show kindness and compassion. Respectfully ask them to leave your business premises. Don't be confrontational but be firm. If the person becomes agitated, inform them that you will call 9-1-1. Leave the area and call for police assistance.

How do I report unlawful camping in a city park or other public space, like a sidewalk?

If you see a tent or group of tents in a city park or public space such as a sidewalk, please call the Human Services Coordinator at 360-913-4817. The City's Community Outreach Team will be notified and respond.

What is the city's response when I report unlawful camping?

Monroe Police and other agencies are aware of common areas in the city where unlawful camping occurs. Our Community Outreach Team makes regular contact with people who are unlawfully camping and provides resource information to assist them with housing, mental health, and other human service needs.

What is panhandling?

Panhandling traditionally refers to asking (solicitation), begging, requesting, or pleading for money in-person and in a public place. State and federal law limit how a city can regulate panhandling.

How should I report aggressive panhandling?

If you, your employee(s), or customer(s) feel threatened or harassed by a person panhandling or the person is blocking your movement on your business or private property, please call 9-1-1.

When reporting aggressive panhandling, provide as much detail as you can to the dispatch operator including the specific location (name and address of business), description of the aggressive panhandler (gender, clothing, behavior), and a call-back number to reach you.

What is the city's response when I report aggressive panhandling?

Aggressive panhandling does not occur often in Monroe. However, there are common places where panhandlers are known to solicit. Our officers are trained in crisis intervention and de-escalation and use those skills when responding to a report of panhandling.

Upon initial contact, our approach is to make friendly contact with the panhandler and respectfully ask that they cease the activity. The responding officer(s) has the authority to issue a warning or charge the person with a misdemeanor. This rarely occurs as the panhandler is often cooperative.

What if my employees, customers, or I feel unsafe because someone is acting erratically in my business or on my property?

Please call 9-1-1 or 9-8-8 to report someone who may be in crisis or under the influence of alcohol or drugs. Manage the situation respectfully, but do not confront the person. Provide as much detail to the emergency dispatcher such as the description of the person, their behavior, and why you are concerned or fearful. Please handle the situation respectfully until the police arrive.

What is the process to trespass a person from my business or my property?

Trespassing is broadly defined as entering or remaining unlawfully in or upon the premises of another when not licensed, invited, or otherwise legally privileged to do so.

How can I help someone in need?

It may feel like the "right thing to do" by giving money to people with "Help Me" signs. Offering cash provides only a very short-term intervention for one person who may or may not be homeless. Instead of giving money to a person, please consider donating your time or money to a local human services organization. A list of these can be found at MonroeWA.gov (Search: How to Help).

How is Monroe helping people in crisis and residents who are unhoused?

Since 2014, the City of Monroe has developed new partnerships and tools to respond to residents who are in crisis or are unhoused. These tools are consistent with federal and state court decisions and changes in state laws and include arrest and potential incarceration. The following additional tools have been successful at reducing the likelihood that someone is rearrested or reincarcerated:

- Monroe's Community Outreach Team connects personally with people in need. (See back panel)
- Monroe Municipal Community Court provides social and human service support to individuals charged with low-level quality of life crimes.
- Community-based organizations help people find food, emergency shelter, drug treatment, and mental health counseling.
- Mobile Mental Health Program (Sky Valley Resource Center/Sultan) connects crisis care professionals with first responders who are assisting persons experiencing acute mental or behavioral crisis. This program can be reached and dispatched through the 9-8-8 National Suicide and Crisis Lifeline.
- McKinney Vento Act Program helps children and youth whose families are experiencing loss of housing to enroll and succeed in school.
- EvergreenHealth Monroe Recovery Center's Scholarship Bed Program supports un- and under-insured Monroe residents who need substance abuse assistance.

Ways to help those in need:

- Offer a care kit, food item, and/or water;
- Donate and/or volunteer with organizations who support people with housing and mental health needs.





IMPACT

REPORT

2022-2023

SUMMARY

The Monroe Respite Program delivered on the promises within the grant proposal, significantly outperformed state averages in every meaningful metric, and did so more cost effectively than state averages while re-investing in Monroe's economy. By every standard, the Monroe Respite Program was a triumph and several valuable lessons have emerged.

Promises

The Monroe Respite Program delivered on specific and core promises contained within the grant proposal. Respite provided 24-7 security, full-time case management, operated for double the length promised, and served more families than promised. And while the specific terms of the grant were met, so was the spirit of the promise to the City of Monroe: to support recovery and build resiliency in Monroe's unsheltered family community.

Key Performance Indicators

Respite's delivery of results in every key performance indicator illustrates just how emphatically the program executed on the central promise of Respite: to break the cycle of homelessness, addiction, and mental illness for Monroe's unsheltered families. Respite housed 100% of the households it encountered, outpacing the state average by 83%. Of the individuals identifying substance use disorder as a barrier to success, Respite sought and successfully secured treatment for 100% of those individuals. While Respite averaged an 83% success rate in seeking and securing mental health treatment for those needing services in 2022, Respite added an on-site, on-staff mental health counselor in 2023. Every single client in 2023 who needed mental health treatment received that elusive service in 2023. Similarly, 100% of clients identifying income as a barrier to success saw an increase of income - either through supportive employment services or Snohomish County's sole SOAR Navigator - while at Respite. The state average for emergency shelters is only 40%. Respite's staff also produced gaudy numbers in essential services like DSHS (100%), 211 (100%), health insurance (100%), and thanks to McKinney Vento, 100% in school enrollment and re-enrollment.

Appendix 6— Monroe Family Respite Impact Report

Cost Effective

Respite accomplished all this in a fiscally responsible manner. The Department of Commerce determines the cost per client, per day by dividing the total operating expenditures statewide in emergency shelters (\$138,914,749) by the total individual days statewide (2,848,678 - calculated by total clients and days in a fiscal year for each client). According to the Department of Commerce, this means the cost per day per, individual client is \$48.76. Respite's per client, per day rate, calculated using the precise method used by the Department of Commerce, is 20% cheaper than the state average - \$38.76. The Department of Commerce calculates the cost per successful exit by dividing total operating expenditures statewide in emergency shelters (\$138,914,749.86) by successful individual exits in emergency shelters statewide (6,178). This means the average cost of a successful exit for an individual in an emergency shelter in Washington state is \$22,485.39. Respite, using the exact same formula, represents a 53% discount - \$10,399.85. Respite Monroe was 83% more successful at half the cost.

Re-Investment

Respite Monroe represents an investment in Monroe's most precious asset - its people; but the program also represents a re-investment and stewardship of tax dollars. The City of Monroe awarded the Respite Program \$207,997. Of that, over 80% of those funds (\$167,000) were directly re-invested in Monroe's economy. \$123,500 went to Monroe owned hotels. Respite Monroe employed Monroe citizens with \$22,923 being paid directly to Monroe citizens - over 50% of the total allotment for salaries. Respite spent just over \$3,000 in rental assistance to Monroe landlords (\$3,523). Additionally, roughly \$17,000 of expenses in miscellaneous, meals, supplies, and mileage all went to Monroe businesses.

Similarly, Respite invested just over \$65,000 in hard expenses into Monroe, a 400% increase on the "match" promise within the grant proposal.

Lessons

Upon the conclusion of the program and debriefing, three primary lessons emerged from this pilot program. First, this closure report is overtly positive because the results are indisputably exceptional. Serving this particular population will always present unique challenges, and the process of arriving at these results is not always linear. Certainly, components of the program can be sharpened, but the numbers speak for themselves. Second, communication between core partners better streamlines and improves client experience and program effectiveness.

Communication can and must include the clear delineation of roles between partners within the Program, as well as timely and transparent disclosure and collaboration on barriers arising throughout the client flow. Finally, and likely most broadly applicable, each jurisdiction in which Respite operates functions significantly differently. Specifically with Monroe, the City and partners not only expect, but desire a more intimate partnership throughout the process of the life of the program. Collaborative problem solving - even with City officials - is more encouraged and appropriate.

RESPITE PROGRAM PROMISES

The Monroe Respite Program delivered on every promise within the original grant proposal. These delivered promises did not just include “supporting recovery” and “building resiliency”, but the specific promises which became central to the “benefit of the bargain” to the City of Monroe.

Two foundational representations in the proposal included length of program and households served. The Respite Program doubled its promised operation time and served more households than promised.

1

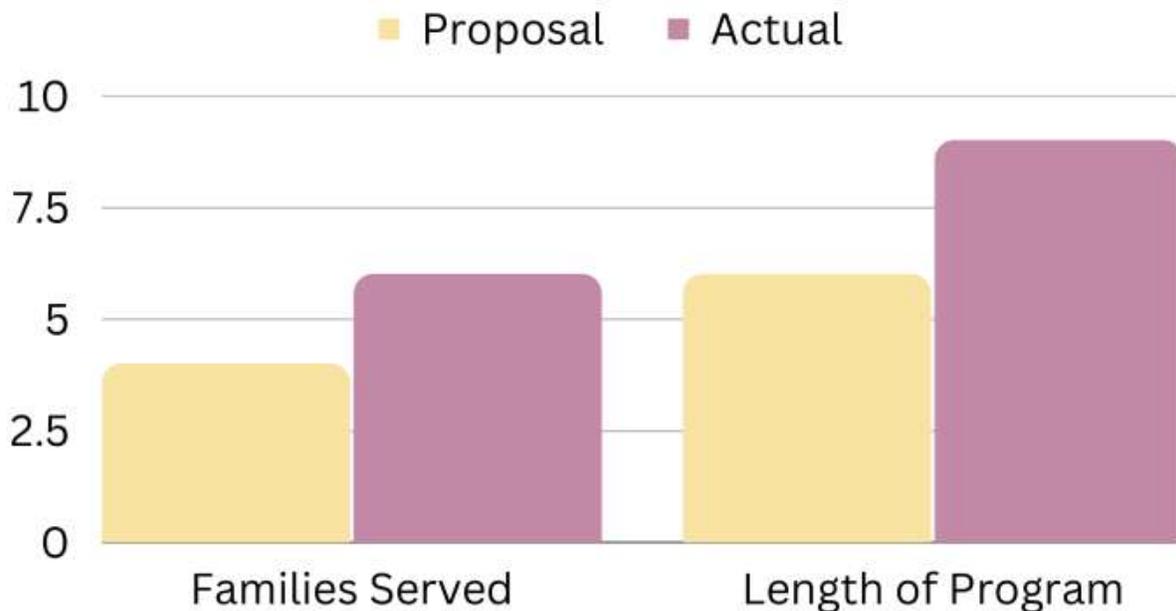
Four months' program operation.

Double the length of the Program. Monroe Respite doubled the projected amount of time in operation – essentially doubling the City of Monroe’s investment in the program and the families of Monroe. The original proposal submitted noted that the awarded funds would allow the program to operate for four months. With the permanent housing of our final client, Monroe Respite faithfully and exceptionally served Monroe for nine full months.

2

Five families served.

More families served than promised. The Monroe Respite Program served more families and individuals than originally called for in the grant proposal. While the grant proposal, or promise made to Monroe, aimed to provide wraparound care for five families – Monroe Respite actually served six families and 20 individuals.



RESPITE PROGRAM PROMISES

Another key element of the proposal included the level of services offered at Respite. Respite Monroe delivered here, too, becoming what may have been the largest and deepest reservoir of certified recovery professionals in a low-barrier setting.

3

24-hour-security and full-time case management.

Security and Case Management. Monroe Respite's key performance indicators – securing permanent housing and substance use disorder treatment for 100% of its clients – inarguably delivered on the promises within the proposal. Not only did the program maintain 24-hour-security, but Monroe Respite also added a licensed and insured mental health professional providing on-site counseling. Mental health treatment is too frequently an elusive service for underserved and unsheltered families. At Monroe Respite, it was merely feet away in 2023. While Monroe Respite already had high rates for clients securing mental health treatment (83% in 2022, we felt the program would be significantly better with a mental health counselor on staff. In 2023, Monroe Respite hired that provider and every client needing mental health treatment received that critical care ever since.

Similarly, Monroe Respite also maintained Snohomish County's only certified SOAR Navigator, two Peer Certified Counselors, and a team of three to four CCAR Certified Recovery Coaches. Monroe Respite's deep reservoir of behavioral health professionals paid dividends – 100% of clients received substance use disorder treatment they so desperately needed. This means that every single client who identified substance use disorder as a barrier, sought and secured treatment thanks to the Monroe Respite Program.

100%
**OF CLIENTS RECEIVED
SUD AND MENTAL
HEALTH TREATMENT
IN 2023**

RESPITE PROGRAM PROMISES

Delivering on Promises: Finally, Respite delivered on the promise of transparent and fiscally responsible financial management. Not only did Respite outperform state averages, it did so at a fraction of the cost. Respite also represents a significant re-investment of tax payer funds back into Monroe. And finally, Respite spent fulfilled its end of the bargain - delivering 400% of the "match" promised in the proposal.

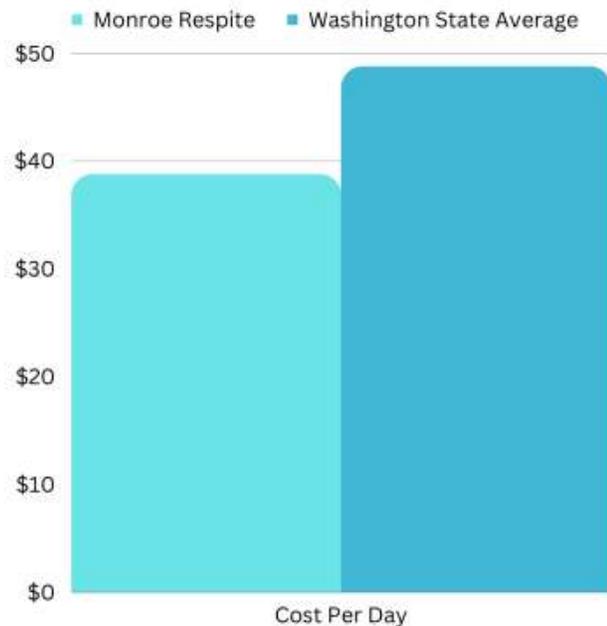
4

Accomplished in a fiscally responsible manner.

Respite Monroe outperformed state averages at a fraction of the cost and doubled the investment in the City of Monroe.

Respite's per day, per client is 20% more affordable than the state average - \$38.76 compared to the state average of \$48.76. Respite's cost per successful exit - something happening 87% more frequently at Respite than other homeless shelters across the state - represents a 53% discount from the state average (\$22,485.39 compared to Respite's \$10,399.85).

Of the \$207,997 the City of Monroe paid for the Monroe Respite Program, over 80% of those funds went directly back into the Monroe economy. Just over \$123,350 went directly to Monroe motels. Similarly, Monroe Respite employed Monroe citizens - spending over 50% of the allotment for salaries directly to Monroe employed citizens. The Monroe Respite Program also invested just over \$65,000 in hard expenses back into Monroe - a 400% increase on the grant promises.



[1] Department of Commerce. Washington State Homeless System Performance County Report Card.

https://public.tableau.com/app/profile/comhau/viz/DRAFTWashingtonStateHomelessSystemPerformance_CountyReportCardsFY2019/ReportCard

[2] Department of Commerce. Washington State Homeless System Performance County Report Card.

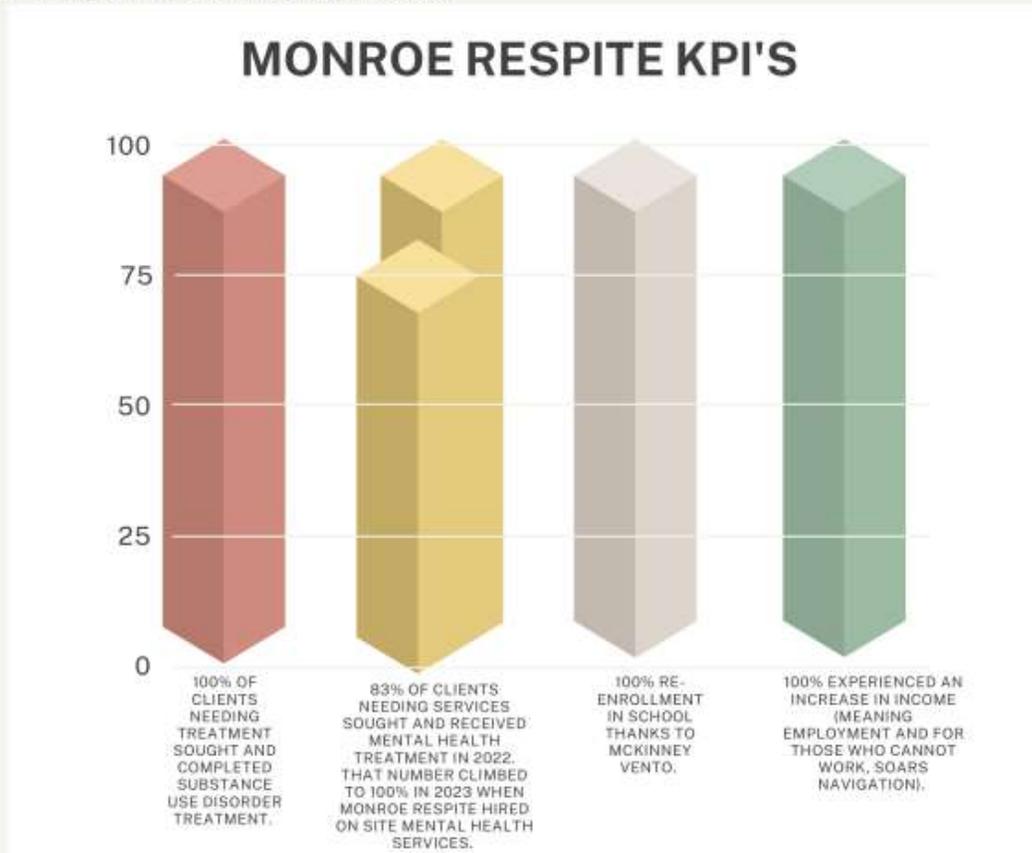
https://public.tableau.com/app/profile/comhau/viz/DRAFTWashingtonStateHomelessSystemPerformance_CountyReportCardsFY2019/ReportCard

KEY PERFORMANCE INDICATORS

Monroe Respite Program outperformed in every metric which meaningfully measures breaking the cycle of homelessness, addiction, and mental illness.

Monroe Respite delivered startling success in every metric gauging the cyclical nature of homelessness, addiction, and mental illness. While Monroe Respite unquestionably delivered on the text of the promises contained within the original proposal, the soul of what Monroe Respite promised was a program that would break the cycle of homelessness, addiction, and mental illness for Monroe’s unsheltered families. And Monroe Respite did just that.

Monroe Respite’s performance stands in stark contrast to state averages for similar programs. The Department of Commerce Homeless System Report Card reports that emergency shelters, like Respite, across the state secure housing for 17%^[1] of their clients. Monroe Respite secured housing for every single family it served – 100%. Other remarkable results include:



[1] Department of Commerce. (2022). Washington State Homeless System Performance County Report Card. https://public.tableau.com/app/profile/comhau/viz/DRAFTWashingtonStateHomelessSystemPerformance_CountyReportCardSFY2019/ReportCard

ACKNOWLEDGEMENTS

Respite

16404 Highway 99
Lynnwood, WA 98037
425.971.1774

Esther@thehandupproject.org

The Monroe Respite Program delivered on the promises of the proposal – both in substance and spirit. Not only did the program accomplish each of the stated objectives in the original grant proposal, but it also doubled the length of the program promised, doubled the organization’s own investment in Monroe, and provided an even deeper reservoir of technically skilled and profoundly empathetic practitioners. And it paid off: Monroe Respite outperformed state averages significantly in every meaningful metric.

Thanks to partnerships from exceptional community agencies, as well as the support from the City of Monroe itself, Monroe Respite helped make the future in Monroe even brighter.

City of Monroe

Monroe McKinney Vento

Salt of the Earth Ministries

Gold Creek Church Men’s Group

St. Vincent De Paul

Community Health Plan of Washington

Canteen

WE THANK YOU
FOR YOUR CONTINUED SUPPORT IN
OUR PROGRAMS

Appendix 11

Community Human Services Advisory Board

On March 2, 2023, the CHSAB approved the 2023 work plan, elected this year's Chair-person, James Harrigan, and Chair Pro-tem Marci Scott-Weis. At this meeting the board also allocated the remaining mental and behavioral matching funding from the Snohomish County Partnership Proposal:

- The Evergreen Health Foundation was awarded an additional \$14,034.32 to continue funding the Social Worker dedicated to providing mental health evaluations.
- The Monroe Community was awarded \$3,707.18 to continue providing free one-on-one mental health counseling to Monroe seniors.
- Scooter's Place was awarded another \$39,472.62 to support their Adaptive Riding Therapy.
- And \$18,535.89 to Take the Next Step to continue providing one-on-one counseling sessions at no cost to participants.

On March 16, 2023. The board heard from Kate Tourtellot, City Planning Manager, who presented on the housing allocation methods for affordable housing. The board also reviewed the 2022 Human Services Final Report. This report was also presented to the City

Council on April 11, 2023. At this meeting the Community Human Services Advisory Board (CHSAB) began to discuss the priorities for funding of the 2023/2024 Human Services Awards. The board requested information regarding expiring human services grant funds and grant funded human services program outcomes. This information will be used to guide their decisions on criteria for the 2023/2024 Human Services Awards. The CHSAB is seeking to ensure that the human services awards are distributed in a way that maximizes their impact and benefits the community. This information will help the board make informed decisions about the 2023/2024 priorities for funding.

In April the board only had one meeting due to Spring Break and Holidays. On April 20, 2023, the board heard from April Provost from Ideal Option who presented to the board a transportation pilot program that would be made available for the Sky Valley through a Health Resources and Services Administration (HRSA) grant. Ms. Knight also gave a presentation on the 2024 Comprehensive Plan update process.

On May 4, 2023, the CHSAB reviewed the local business resource flyer and offered feedback. The board specifically wanted to incorporate information about what the police response would be when responding to calls related to panhandling and trespassing. The board also approved the made a recommendation to select Take the Next Step as the organization to administer the City's SHB1406 rental assistance funds. (Please see section titled "SHB1406 Contract" below for more information.)

On May 18, 2023, Mayor Thomas joined the board to deliver the State of the City Address. The Address included information about how the City of Monroe was doing in the first year of a biennial budget. The Address also captured how the City is now entering the second year of implementing the new vision statement "Imagine Monroe".

Also on May 18, 2023, a local group of pastors assembled to hear about human services programs that were available in the City of Monroe. Human Services Coordinator, Rachel Adams, assembled a panel of speakers to highlight the local social safety net.

On June 1, 2023, the CHSAB heard from City of Monroe Management Analyst Tyler Christian about the recent progress of the Diversity Equity Inclusion and Belonging

(DEIB) leadership team. This team has been focused on elevating DEIB internally to enhance the experience of all staff and customers. This work is linked to the new City of Monroe vision statement Imagine Monroe: "creating a safe place for all. In Monroe, everyone feels at home, and everyone feels they belong." The board also reviewed the 2023 CHSAB Work Plan and Schedule to ensure that the work of the board would remain on schedule after several cancelations early in the year due to lack of quorum. All board positions are currently filled, and board members are regularly attending meetings.

The June 15, 2023, meeting was canceled to prioritize a joint meeting with the Planning Commission also scheduled in June.

On July 6, 2023, the board received a legislative update Deborah Knight & Jim Hedrick concerning the human services, public safety and affordable housing issues that were addresses in this year's legislative session. Dan'l Markham presented information to the board about the Everett Gospel Mission's secular Poverty 101 Class. The Homeless Policy Advisory Committee (HPAC) had emphasized outreach and education in the recommendations that were approved by the Mayor and Council by resolution in 2020.

Hosting a secular Poverty 101 class might be a way to consider implementing this recommendation. Currently the class is not available until the spring of 2024. The board also approved the Rotary Change of Scope Request and reviewed the content of the Human Services Business Resource Booklet.

On July 20, 2023, Chief Jolley joined the board to share the Racial Profiling and Vehicle Pursuit Reports. The board considered a Change of Scope Request from Take the Next Step and requested some more information from the organization before making a recommendation and began reviewing the 2023/24 Human Services Awards criteria.

At the August 3, 2023 CHSAB meeting the board discussed at priorities and objectives for the Human Services Awards based on the 2021 Sky Valley Community Needs Assessment

On August 17, 2023, the CHSAB finalized their discussion and recommendations for the 2023/2024 Human Services Awards Request for Proposal (RFP). The priority the board is recommending for funding this years Human Services Awards is providing housing with wrap around services. At this meeting the board also reviewed several requested changes of scope to American Rescue Plan (ARP) awards and acknowledged grants being received from Senator Brad Hawkins and

the Association of Washington Cities. The board also expressed consensus on supporting spending the Opioid Settlement funding that the City has received to support local programs and services.

At the September 7, 2023, Community Development Director, Lance Bailey, gave a presentation on the City's 2024- 2044 Comprehensive Plan definition of Equity and the work that the Planning Commission had done to develop such a definition. There was discussion on whether the definition of Equity was really a definition of Equity or a statement of intent. Community Development Director, Lance Bailey, also gave a presentation on the legal nuances of encampments in the City's Code. The board also reviewed two change of scope requests.

On September 21, 2023, David Fine from the Snohomish County Department of Emergency Management and program manager for the response to the opioid crisis through the Snohomish County Multi-Agency Coordination Group (MAC).

On October 5, 2023, the board heard from Jim Dean from the Homeless Policy Task Force presented the goal, purpose, and scope of the HPTF emphasizing that the organization is fundamentally built on the collaboration between different organizations.

At the October 19th meeting Jana Rafi and Kayla Sullivan from the Snohomish County Health Department to present the 2022 Community Health Assessment (CHA).

On October 30, 2023, there was a joint comprehensive plan update meeting with EDAB, CHSAB, Planning Commission, the Park Board, and the City Council

On November 2, 2023, the board heard from Marc Schut. The Recovery Café Network (RCN) is comprised of individual Recovery Cafés committed to serving people who have experienced trauma and the results of trauma including homelessness, substance use disorder, addiction, and other mental health challenges using the Recovery Café model. The Recovery Cafe model is referred to by the larger behavioral health community as a Recovery Oriented System of Care (ROSC). A ROSC meets people where they are on the recovery continuum, engages them in a lifetime of managing their health, focuses holistically on a person's needs, and empowers them to build a life that realizes their full potential. This person-centered system of care supports individuals as they establish a healthy life and recognizes that we all need a meaningful sense of membership and belonging in community. Recovery Café provides support, resources, and a community of care along the entire continuum of a person's need for recovery

support. Recovery Cafe's teach skills to manage mental and physical health, maintain sobriety, build community, and help individuals reclaim their lives and identities.

On November 16, 2023, the board discussed potential legislative priority recommendations. There was consensus around supporting ways to better support behavioral health and co-response and funding. This month, the City of Monroe made a request for proposal for \$300,000.00 in general funds to implement the desired outcomes of providing housing with wrap around services. The board is in the process of reviewing the applications that the City received and making a recommendation for an award of funding.



Monroe this Week &
Choose Monroe Stories



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Monroe the Week Stories about Human Services

ARP Funds Support Local Partners

February 17, 2023



In recent editions of Monroe This Week, I've shared information about the American Rescue Plan (ARP) Act funding, and how the City is partnering with local organizations to respond to needs in the community. This week, I would like to highlight how ARP funds have supported Sherwood and their mission to "create an inclusive society where children and adults with disabilities have the ability to live full, independent lives as part of their communities". One of Sherwood's primary missions is to help adults contribute to their communities and be more independent by providing them with resources and training to ensure that they have access to meaningful employment opportunities. Sherwood

received funds to support their vocational team who spent 9 full days at the Evergreen State Fair to create new opportunities for 7 individuals to receive vocational support.

Additionally, Sherwood has been able to reach more than 10,000 Monroe residents through direct mail and Facebook advertising and has spread awareness about their organization and mission. Recently, Sherwood had the opportunity to join the Monroe Chamber of Commerce to reach more businesses and inform them about becoming a supported employer. As Sherwood continues to grow and reach more people and businesses, I am encouraged and excited to see how they continue to leave a meaningful impact on our community and people in need.

ARP Funds Help Residents
Secure Sustainable
Independence

February 24, 2023

In this week's edition of Monroe This Week, I would like to call attention to how American Rescue Plan (ARP) Act funds have gone to help a local non-profit organization. As a recipient of ARP funding in the amount of almost \$208,000, The Hand Up Project (THUP) and St. Vincent de Paul (SVDP) opened Respite Monroe – a refuge for Monroe families. The results were unprecedented. Respite's mission has been to affirm every person's inherent value – regardless of circumstances. This means each person must make the decision for a better life themselves; it cannot be made for them. This simple yet profound insistence is driving unparalleled results. Respite is outperforming state and national numbers in every metric. Where entrants to shelters across the state secure permanent housing 33% of the time, that number jumps to 50% at Respite. The US Department of Housing and Urban Development's

guidelines note that securing permanent housing usually takes a year. However, Respite has secured permanent housing for clients in 120 days. This means families entering Respite are significantly more likely to become independent. Respite accomplishes this by addressing foundational elements of sustainable independence, employment, mental health, and substance use treatment. As a result, Respite has secured employment for 70% of clients. Additionally, every client needing mental health or substance use treatment has secured and completed treatment. Respite takes pride in the fact that they can reach families through compassion while remaining efficient in their operations. Thank you Respite for taking bold steps to make a difference in our community. I will continue to share stories of how ARP funds are impacting our community in future editions of Monroe This Week.

ARP Funds Support
Childhood Development

May 12, 2023

In this week’s edition of Monroe This Week, I would like to call attention to how American Rescue Plan (ARP) Act funds have gone to help the Monroe Public Schools Foundation. In a collaborative effort, the Monroe Public Schools Foundation and Monroe School District Libraries used their grant award of \$7,059.08 to launch a new theme called "Celebrate the World", aimed at providing students

for all eight of the Monroe School District's libraries. These books were specially selected to reflect the diverse cultures represented within the school district and are now featured prominently in library book displays for students to check out. This program has been widely embraced by the students, who have shown great enthusiasm for the new books. I am proud of this valuable initiative, and look forward to sharing more stories of how ARP funds are making a positive impact in the community.



with learning opportunities that promote diversity, cultural awareness, and understanding of human characteristics and challenges around the world. As part of this initiative, ARP awards helped purchase books

Fostering Community
Impact: Boys & Girls Club
Scholarships Propel Youth
Development

August 11, 2023



In recent editions of Monroe This Week, I have shared how the City of Monroe has partnered with local organizations to help Monroe residents recover from the impacts of the Covid19 Pandemic using American Rescue Plan (ARP) funds. American Rescue Plan funds have gone to support programs and community needs of all shapes and sizes. In this week’s edition of Monroe This Week, I want to highlight how ARP funds were awarded to, the Monroe Boys & Girls Club. With the support of these funds, the Boys and Girls Club was able to

grant 36 summer childcare scholarships, benefiting 160 children. This translated to 1,980 hours of mentoring, education, and recreation, coupled with 1,188 nourishing snacks provided to ensure their well-being. Additionally, the Boys & Girls Club was able to award 36 sport program scholarships, offering not only physical fitness but also 1,512 hours of mental health support. These achievements underscore the significance of investing in our youth. The success of the Boys & Girls Club Scholarships showcases Monroe’s commitment to a brighter future built on education, wellness, and community engagement.

NOVEMBER 21,
2023

We were so pleased to be presented with a ceremonial check from U.S. Congresswoman Suzan DelBene

(Washington 1st District) that symbolizes the \$481,000 federal appropriation she sponsored for the regional Mobile Mental Health program. The Mobile Mental Health program, administered by the Volunteers of America–Western Washington (VOAWW), provides emergency mental health resources, joining with police, fire, and emergency medical personnel when responding to people experiencing mental health crisis. This co–response model enables mental health professionals to meet people where they are and assist them in seeking out resources to support their recovery and stability. In addition to federal funding, the program is supported by the cities of Monroe and Sultan and Snohomish County.



Currently, Monroe and Sultan are served by one mental health professional.

(PHOTO) Pictured left to right: Deborah Knight, City of Monroe City Administrator; Brandon Foister, Clinical Director, Behavioral Health, Volunteers of America Western Washington (VOAWW); Jessi Beyer, East County Co–responder, Mobile Mental Health Program; Rep. Suzan DelBene; Rachel Adams, City of Monroe Human Services Coordinator; Kristi Meyers, Chief Operations Officer, VOAWW; Monroe Mayor Geoffrey Thomas



WeAreMonroeWA





BOOSTING FUTURES: EXPLORING NEW PROGRAMS TO SUPPORT KIDS AND FAMILIES

BY RACHEL ADAMS,
CITY OF MONROE HUMAN SERVICES COORDINATOR

This summer, Miracles and Memories Academy, Monroe's nonprofit community respite program supporting families of adults with intellectual and developmental disabilities, is eagerly preparing to host its highly anticipated second annual summer day camp for individuals with disabilities and their siblings. This inclusive and exciting summer activity provides a specialized and nurturing environment for children who may require additional care and support.

Miracles and Memories Summer Camp is a holistic program designed to create unforgettable experiences while fostering personal growth, resilience, and self-confidence in children. The camp offers a wide range of activities that cater to diverse interests and abilities, including outdoor adventures, sports, creative arts, and interactive workshops. Through these activities, campers have the

opportunity to develop important life skills such as teamwork, leadership, problem-solving, and effective communication.

At Miracles and Memories Summer Camp, dedicated and experienced staff members serve as positive role models, ensuring that every child feels supported and encouraged throughout their journey. The camp takes pride in its inclusive approach, welcoming

children from all walks of life and providing equal opportunities for participation. This fosters a sense of belonging, acceptance, and camaraderie among the campers, creating a truly enriching and empowering experience for all.

The camp will take place during the months of July and August, allowing ample time for children to engage in a variety of activities and forge lifelong memories. For more detailed information about the camp's philosophy, offerings, and registration process, interested individuals can visit the Miracles and Memories Academy website at www.miraclesandmemoriesacademy.org.

In addition to the Miracles and Memories Summer Camp, Take the Next Step, a well-respected nonprofit organization, and Monroe's Family Resource Center, offers an exciting opportunity for young athletes in Monroe through its Sports Scholarship Program. This program aims to provide valuable

With the Miracles and Memories Summer Camp and the Take the Next Step's Sports Scholarship Program, Monroe is truly a community dedicated to nurturing the potential and well-being of its youth.

opportunities to talented athletes who face financial barriers hindering their ability to pursue their passion.

The success of this program was made possible through an American Rescue Plan Award, provided by the City of Monroe in 2021. Take the Next Step was awarded \$10,000, enabling them to provide 61 Sports and Activities Scholarships to the Monroe community. The positive outcomes and impact of the pilot program has paved the way for an ongoing partnership. Pursuit Fitness will now partner with Take the Next Step to continue the Sports and Activities Scholarship program.

The motivation behind offering these scholarships was rooted in the understanding of the positive impacts that being involved in a sport or activity can bring. Take the Next

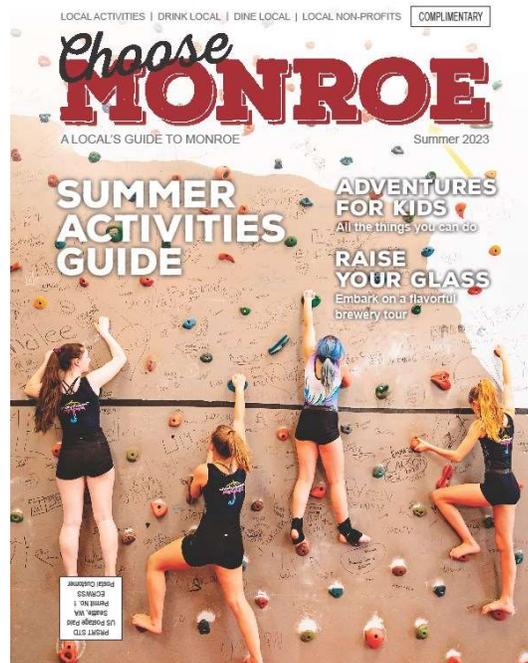
Step has witnessed firsthand the transformative power of participation, with children who have experienced loss or faced challenging circumstances finding solace and support through activities such as Ju Jitsu, soccer, or cheerleading.

Take the Next Step aims to facilitate access to these activities for Monroe's low-income families and individuals facing extenuating circumstances, enabling them to reap the benefits of participation and find community support. The Scholarship Program provides valuable opportunities for students to explore various interests and passions, including art classes, robotics, music, and more. The purpose of the Scholarship Program is to remove financial barriers that may hinder students' ability to pursue their interests.

For more information and details about the application process, individuals can contact Sarah Lunstrum at sarah@ttns.org.

With the Miracles and Memories Summer Camp and the Take the Next Step's Sports Scholarship Program, Monroe is truly a community dedicated to nurturing the potential and well-being of its youth. These programs not only create opportunities for growth and achievement but also promote inclusivity, equality, and a sense of belonging. By investing in the future of young residents, Monroe is setting a shining example of the transformative power of how participating in positive activities can shape the lives of children and foster a stronger, more vibrant community.

Article from Choose Monroe: Summer 2023 issue



Human Services in the News

LYNNWOOD TIMES

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ANNOUNCEMENTS FEATURED LATEST NEWS

Monroe receives \$481,000 funds for mobile mental health services

November 22, 2023 Lynnwood Times Staff

MONROE, Wash., November 22, 2023—Congresswoman Suzan DelBene (WA-01) presented a \$481,000 ceremonial check to the City of Monroe for the expansion of mental health and dispatch services across the Sky



Jessi Beyer, right, and Monroe police officer Van Eaton walk along the river at Lewis Street Park on Wednesday, Aug. 2, 2023, in Monroe, Washington. (Olivia Vanni / The Herald)

HEALTH

Monroe's new program helps people struggling with drug addiction

The partnership between EvergreenHealth and Monroe police focuses on the uninsured and underinsured.



Monroe receives \$481,000 funds for mobile mental health services –
Lynnwood Times

Lynnwood Times staff

November 22, 2023

In Sky Valley, embedded social worker is a ‘department of one’ | Herald–
Net.com

By: Surya Hendry

Everett Herald

August 7, 2023

EvergreenHealth's Recovery Center, City of Monroe Partner to Provide Free
Substance Use Disorder Treatment to Those in Need

EvergreenHealth Press release

October 3, 2023

Monroe's new program helps people struggling with drug addiction |
king5.com

By: Eric Wilkinson, King5 News

October 19, 2023
