



Human Services Work Report February 2023



Policy, Budget & Public Safety:

Community Human Services Advisory Board (CHSAB)

On February 2nd and 16th the CHSAB was unable to conduct business due to a lack of quorum.

The Mayor, City Administrator and Human Services Coordinator are conducting interviews for the two board member vacancies. If you are interested in applying, please visit: [Vacancies | Monroe, WA - Official Website \(monroewa.gov\)](#)

Prevention, Housing, Partners & Support Services:

Monroe Cold Weather Shelter Planning

The Monroe Cold Weather Shelter has been open 17 nights in February. VOA as the lead agency for both the Monroe and Snohomish locations. The Monroe shelter is being hosted by New Hope Fellowship.

Please contact Lindsay Donovan at 425-349-0380 for information about how to volunteer.



NOVEMBER 1 - MARCH 15

when temperatures are forecasted to reach 34° or below

MONROE

NEW HOPE FELLOWSHIP
CHURCH
1012 W. Main St.

SNOHOMISH

SNOHOMISH EVANGELICAL
FREE CHURCH
210 Avenue B

Shelter Opens 8pm • Must Arrive Before 10pm • Shelter Closes 7am

Ways to stay warm...



Community Warming Centers

"Creating a safe place for all. In Monroe, everyone feels at home and everyone feels they belong."

Monroe Library

Monday - Thursday 10am-7pm
Friday - Saturday 10am-6pm
Sunday 1pm-5pm

1070 Village Way,
Monroe, WA 98272

St. Vincent de Paul Resource Center

Monday - Thursday 10am-2pm
Friday - 10am-4pm

17150 W Main St,
Monroe, WA 98272

Monroe Senior Center

Monday - Friday 9am-3pm

276 Sky River Pkwy,
Monroe, WA 98272

Sky Valley YMCA Front Lobby

Monday - Friday 5am-9pm
Saturday 7am-5pm
Sunday 10am

14033 Fryelands Blvd SE, Monroe,
WA 98272

Other Suggestions

- Layer warm clothing
- Go see a movie.
- Visit a local restaurant or cafe.
- Be prepared with an emergency kit and a full tank of gas.

East County Cold Weather Shelters:

New Hope Fellowship Church
Monroe 8pm-7am
Snohomish Evangelical Free
Church 8pm-8am

Need a ride to the Monroe shelter?
Sultan Library shuttle departs at 7:45pm

▼ FIND OUT IF THE SHELTERS ARE OPEN ▼



<https://snohomish-county-public-safety-hub-snocco-gis.hub.arcgis.com/pages/cold-weather-shelters>



@voawwskyvalley 425-535-0000



QUESTIONS?
Call 360-793-2400
(Mon-Fri 9am-4pm)
voaww.org/svcws

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SNOHOMISH COUNTY HUMAN
SERVICES DEPARTMENT

Community Warming Centers

In addition to the overnight Cold Weather Shelter with snow still on the ground the city has been advertising daytime Community Warming Center information.



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Utility Insert

The City of Monroe introduced the Human Services Coordinator with a letter sent to residents in both English and Spanish. Community members experiencing crisis, maybe for the first time, are calling and being connected with our services providers through a warm hand off.



Dear Monroe Community Member,

I wanted to take a moment to introduce myself. My name is Rachel Adams, and I am the Human Services Coordinator for the City of Monroe. I work to help connect community members to local service providers who may be able to help individuals looking for:

- Basic needs support – rental assistance, utilities, internet, clothing
- Food resources
- Childcare information
- Disability information
- Mental/behavioral health and substance use dependency/recovery resources
- Snohomish County Coordinated Entry – 211
- Domestic Violence Services of Snohomish County
- Snoco Legal and the Housing Justice Project

If you need resource support, please reach out. I would love to connect with you and hear your story.

For more information about the city's human services program or to support human service providers in the community visit:



Rachel Adams (she/her)

Human Services Coordinator

806 West Main Street | Monroe, WA 98272

(C) (360) 913-4817 | RAdams@monroewa.gov

Excerpt from the 2021 Imagine Monroe Vision Statement: "Friendly and responsive, we strengthen connections through gathering spaces, events, services, and community-centered infrastructure - creating a safe place for all. In Monroe, everyone feels at home, and everyone feels they belong."

City of Monroe
806 West Main Street, Monroe, WA 98272
Phone (360) 794-7400 Fax (360) 794-4007
www.monroewa.gov



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Contracting Matching Funds for Mental and Behavioral Health Programs

With the assistance of a grant for \$250,000.00 from the Snohomish County Partnership Proposal (SCPP) funds, the City of Monroe contracted with first round American Rescue Plan (ARP) Awardees to extend their services to the community.

- The EvergreenHealth Recovery Center was awarded an additional \$66,000.00 to continue providing scholarship detox and inpatient treatment for uninsured or underinsured Monroe Residents.
- Monroe Community Senior Center was awarded an additional \$4,200.00 to continue providing mental health one on one services at no cost to Monroe seniors.
- The Monroe School District was awarded an additional \$14,000.00 to purchase mental/behavioral health case management software.
- Scooter's Place was awarded an additional \$60,050.00 to extend their Adaptive Riding Therapy program for veterans and first responders.
- And Take the Next Step was awarded another \$30,000.00 to continue providing group mental health classes.

The CHSAB will be considering their allocations of the remaining \$75,750.00 for the second round ARP Awardees programs that fit the SCPP criteria for funding.

Monroe This Week Stories

ARP Funds Support Local Partners February 17, 2023



In recent editions of *Monroe This Week*, I've shared information about the American Rescue Plan (ARP) Act funding, and how the City is partnering with local organizations to respond to needs in the community. This week, I would like to highlight how ARP funds have supported Sherwood and their mission to "create an inclusive society where children and adults with disabilities have the ability to live full, independent lives as part of their communities".

One of Sherwood's primary missions is to help adults contribute to their communities and be more independent by providing them with resources and training to ensure that they have access to meaningful employment opportunities. Sherwood received funds to support their vocational team who spent 9 full days at the Evergreen State Fair to create new opportunities for 7 individuals to receive vocational support. Additionally, Sherwood has been able to reach more than 10,000 Monroe residents through direct mail and Facebook advertising and has spread awareness about their organization and mission. Recently, Sherwood had the opportunity to join the Monroe Chamber of Commerce to reach more businesses and inform them about becoming a supported employer. As Sherwood continues to grow and reach more people and businesses, I



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am encouraged and excited to see how they continue to leave a meaningful impact on our community and people in need.

ARP Funds Help Residents Secure Sustainable Independence February 24, 2023

In this week’s edition of *Monroe This Week*, I would like to call attention to how American Rescue Plan (ARP) Act funds have gone to help a local non-profit organization. As a recipient of ARP funding in the amount of almost \$208,000, The Hand Up Project (THUP) and St. Vincent de Paul (SVDP) opened Respite Monroe - a refuge for Monroe families. The results were unprecedented. Respite’s mission has been to affirm every person’s inherent value - regardless of circumstances. This means each person must make the decision for a better life themselves; it cannot be made for them. This simple yet profound insistence is driving unparalleled results.



Respite is outperforming state and national numbers in every metric. Where entrants to shelters across the state secure permanent housing 33% of the time, that number jumps to 50% at Respite. The US Department of Housing and Urban Development’s guidelines note that securing permanent housing usually takes a year. However, Respite has secured permanent housing for clients in 120 days. This means families entering Respite are significantly more likely to become independent. Respite accomplishes this by addressing foundational elements of sustainable independence, employment, mental health, and substance use treatment. As a result, Respite has secured employment for 70% of clients. Additionally, every client needing mental health or substance use treatment has secured and completed treatment. Respite takes pride in the fact that they can reach families through compassion while remaining efficient in their operations.

Thank you Respite for taking bold steps to make a difference in our community. I will continue to share stories of how ARP funds are impacting our community in future editions of *Monroe This Week*. You can read a full article on Respite in our new Choose Monroe issue.

American Rescue Plan (ARP) Funding Awards Updates for Human Services

Awardee	Program/Description	Award	Reimbursed
Boys and Girls Club	Scholarships	\$14,975.00	\$14,975.00
EvergreenHealth Recovery Center	Detox and inpatient treatment for uninsured Monroe residents	\$66,000.00	\$62,426.00
EvergreenHealth Monroe Foundation	Social Worker providing mental health evaluations	\$15,900.00	\$0
Heather’s Hope Communities	Group home for McKinney Vento families	\$75,500.00	\$0
Housing Hope	Support services for 62 families enrolled in the services program	\$77,433.50	\$0



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Kiwanis Club	Book bags for 2 nd /3 rd grade kids below reading level	\$8,366.50	\$1,572.63
Melanie F. Ryan Coaching and Consulting	Change agent classes	\$80,00.00	\$0
Miracles and Memories Academy	Expanding childcare services for children with cognitive disabilities	\$69,025.00	\$69,025.00
Monroe Community Senior Center	Staff hazard pay	\$7,000.00	\$7,000.00
Monroe Community Senior Center	Free mental health one-on-one counseling for seniors	\$8,400.00	\$4,200.00
Monroe Gospel Women's Mission	Emergency food and housing	\$91,600.00	\$0
Monroe School District	Behavioral health software	\$14,000.00	\$0
Monroe Public Schools Foundation	STEM kits	\$5,000.00	\$4,928.03
Monroe Public Schools Foundation	Current issues kids library resources	\$7,059.08	\$7,059.08
Rotary Club	Community organization grants	\$43,500.00	\$0
Scooter's Place	Adaptive riding therapy program for veterans	\$104,770.00	\$104,770.00
Sherwood Community Services	Disability services and vocational outreach and engagement	\$27,750.92	\$18,026.45
St. Vincent de Paul	Safe parking program for McKinney Vento families	\$27,500.00	\$6,200.00
St. Vincent de Paul	Resource center director	\$63,000.00	\$18,431.21
Take the Next Step	Ventures beginning business training	\$39,200.00	\$14,200.00
Take the Next Step	Laundry vouchers	\$2,000.00	\$2,000.00
Take the Next Step	Maintaining service levels	\$15,000.00	\$15,000.00
Take the Next Step	Program staffing	\$72,000.00	\$0
Take the Next Step	Mental health group classes	\$30,000.00	\$5,500.00
Take the Next Step	Mental health one-on-one sessions	\$63,000.00	\$0
Take the Next Step	Sports scholarships	\$12,000.00	\$5,979.86
The Hand Up Project	Hotel respite program for McKinney Vento families	\$207,997.00	\$80,535.03
Volunteers of America	ECEAP	\$75,500.00	\$0
Monroe/Sky Valley YMCA	Child care staff retention	\$34,775.00	\$34,775.00
Monroe/Sky Valley YMCA	Camps	\$153,650.00	\$25,444.00
TOTAL		\$1,431,902.00	\$502,047.29



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Local Human Service Events Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	VOA 211 Outreach Advocate Brandi Lafave at SVDP 10am-2pm			VOA 211 Outreach Advocate Brandi Lafave at SVDP 1pm-5pm		
	Sky Valley Foodbank 3pm-5pm		Sky Valley Foodbank 9am-11am		Humanity First Foodbank at Baitul Ehsaan Mosque noon- 1:00pm	
TTNS Outreach Team	DV Advocate at MPD	TTNS Outreach Team		TTNS Outreach Team		
	MPD Outreach Team	MPD Outreach Team		DV Advocate at MPD		
	Food Event (Teens) 2pm-6pm at the SVDP Community Resource Center	Hot Food Event 12pm-1pm at the Library	Hot Food Event 12pm-1pm at the Library	Food Event (Teens) 2pm-6pm at the SVDP Community Resource Center	Hot Food at New Hope Fellowship Church 9am-10am	
		TTNS Community Dinner			Feed My Sheep at New Hope Fellowship 9am- 10am	
	Food Share 9:30am at The Library	Food Gleanings 2pm- 4pm at The Rock Church	Grocery Distribution at French Creek Manor 2pm-4pm	Food Gleanings 4pm- 6pm at The Rock Church	Food Gleaning 9:30am- 11am at Foothills Foursquare Church	
VOA Showers 2pm-6pm		VOA Showers 2pm- 6pm				

2020 HPAC Recommendations Progress Report

A. Housing		Status
Emergency Shelter and Transitional Housing (Crisis Housing, Rapid Rehousing and Permanent Supportive Housing) – <i>City Strategic Plan</i>	The Cold Weather Shelter now has a VOA/County budget for staffing and expanded the opening criteria from below 32F to below 34F.	Yellow
Support SVDP Safe Parking Project	Rental Assistance Program with HB1406 money approved by the CHSAB. Needs to be approved by City Council and have an RFP written. In progress.	
Support HHC Pallet Shelter Project	MFTE Credit. Review process with CHSAB and Planning Commission. In progress.	
Explore Emergency Shelter Options	Initial funding for hotel respite program for McKinney Vento families. Applying for grants. Needs ongoing funding sources.	
Explore Home Share/Group Home Model	Funding and planning with SVDP for Safe Parking program for McKinney Vento families. Applying for permits. Not implemented yet.	
Explore Hoteling Model	Funding for Heather’s Hope Communities group home model for McKinney Vento families. Applying for permits. Not implemented yet.	
Create More Transitional Housing in Monroe – <i>City Housing Action Plan</i>		
Encourage Planning for More Affordable Housing in Monroe – <i>City Comprehensive Plan</i>		
Provide Rental Assistance Program through RFP – <i>HB1406</i>		
Work with TAC & CHSAB to identify partners and available funding		
B. Partners		
Diplomacy & Relationship Building (TAC & CHSAB)	Service Provider Check ins.	Green
Capacity Building (Partnerships)	Attached funding from City ARP grants to partnerships and MOUS.	
Build Sky Valley Consortium (Housing & Services)	Bus passes between TTNS and VOA.	Red
Establish Transportation services between Sky Valley and Everett	Lost Monroe Duvall Shuttle.	
Evaluate transportation needs with partners	Senior Center bus does not have capacity to expand to include transportation navigation.	
Evaluate existing transportation contracts with non-profits		
Coordinate partners applying for Transit Go (grant) program		
Provide information about services to remain housed, financial training, and incentives for businesses to hire employees with entry level skills, information about	City Human Services present at community events: Farmers Market, PRIDE, School Resource Fair. Trifold brochures and website information connecting to local service providers.	Green

Color Code: Green-Going Great; Yellow-Needs Work; Orange-Stuck; Red Not Started.

2020 HPAC Recommendations Progress Report

mental and behavioral health services.	Utility billing insert.		Green
Work with Monroe Public School's Foundation to develop and promote annual "resource fair" set up like a vendor show.	VOA has maintained the East County Coordinated Entry contract. Coordinated Entry locations in Monroe and Sultan.		
Facilitate East County Coordinated Entry in partnership with VOA	Human Services Implementation Budget has an RFP process attached to criteria the CHSAB defines from the 2021 Community Needs Assessment.		
Establish and implement 2022 HS Budget Grant funding process with CHSAB			
Determine Strategic Goals			
Determine Criteria			
Release Application			
Review Applicants			
Recommend Awards			
C. Prevention			
Develop education and outreach communication plan about services	We Are Monroe was put on hold. Need to develop new communication planning, education, and outreach with Mojo, City's Communications Consultant.		Yellow
Poverty 101 Trainings	No funding to work with.	<i>Priority for grant funding through human services awards next round?</i>	Red
Crisis Response Trainings	Partners have not hosted.		
Work with McKinney-Vento Family Liaisons and Monroe Public Schools Foundation in the Monroe School District to connect families with resources.	Great working relationship. SVDP and Family Respite Program have assisted four families so far through their program.		Green
D. Public Safety			
Explore Mobile Mental Health Response Program	Partnerships with City of Monroe, City of Sultan, Snohomish County Fire and Rescue, Snohomish County Sheriff, Monroe Police Department and VOAWW. Funded. Not implemented yet due to staffing shortage.		Yellow
Explore Fee Revenue – <i>City Court Assessment</i>			Red
E. Support Services			
Explore Shared Database System	ROI roadblock. Partners are not ready.		Red
Establish Family Resource Center	TTNS is now certified as a Family Resource Center and has full County funding for that designation.		Green
Coordinate more Mental Health Clinicians for Adults			

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2020 HPAC Recommendations Progress Report

Coordinate more SUD Clinicians	Lobby for Alternative Response Team Continuum of Care	Green
Establish Metrics and Tracking – <i>Needs Assessment</i>	Must come from partners or the CHSAB.	Red
F. Policy & Budget		
Define 2023 Work Plan, Priorities, and implementation Model	January 2023	Green
Identify performance measures to encourage future funding and show success. – <i>Needs Assessment</i>	Collecting success stories from ARP funding. City Intern Zach Humphrey’s is assisting with this project.	Green
Lobby for changes to State and Federal law	2022 Priority: Mobile Crisis Response. Grants Awarded: Snohomish County Partnership Proposal matching funding award; Association of Washington Cities Alternative Response Team Grant; waiting to hear back on Federal Appropriations Committee grant for four years of additional funding.	Yellow
Continue CHSAB as a standing committee	1/10 of 1% was adopted by the County. Advocate for regional distribution of funding.	Green
Explore 1/10 of 1% tax		
Identify budget enhancement needs and funding opportunities in 2024 for 2025/2026 biennial budget.		
Evaluate Program		

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