



W A S H I N G T O N

2022 Human Services Annual Report

Report Prepared By: Rachel Adams
Human Services Coordinator

Mayors Message

February 2022

In 2021, the Monroe City Council adopted a vision for who we aspire to be today and the type of community we aspire to be in 2050. This vision is known as “Imagine Monroe.” All of our plans, policies, budgets, and City operations will strive to realize this vision.

The city’s support for the people and organizations in our community who are dedicated to helping those in need are clearly reflected in Imagine Monroe. In 2022, the city distributed \$430,000 in American Rescue Act funds to not-for-profit organizations helping Monroe residents find housing, pay utility bills, access laundry services, and receive mental health treatment. The City Council also approved \$100,000 in City General Funds as Human Services Awards to support implementing the 2021 Community Needs Assessment.

The City of Monroe has been investing time in developing and implementing a Mobile Mental Health response that would aid first responders when responding to a mental health crisis. We are grateful for the support of our partners from the City of Sultan, Volunteers of America, Monroe Police Department, Snohomish County Sheriff’s Office and Snohomish County Fire and Rescue. This project has now received in total \$850,800 in grant funding from the Snohomish County and also Suzan DelBene’s FY23 Community Projects Federal Funding.

THANK YOU to members of the Community Human Services Advisory Board, City Council, community advocates and partners, consultants, and City staff who, through their hard work and dedication, help us chart a path to meet the daily needs of our diverse community. Together, we will strive to realize Imagine Monroe through our continued support – creating a safe place for all, where everyone feels at home, and everyone feels they belong.

Sincerely,

Mayor Geoffrey Thomas

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I think it is important to begin this conversation by once again acknowledging the complexity of the topics of homelessness and poverty. After participating in another annual Point in Time count (2023), I was personally struck by how few faces I recognized because of the amazing work of our social safety net. Many people have been housed recently. I was also struck by how many new faces I saw, and how much younger they were. Many of them shared their last place of residence as a street name in Monroe. I think it is important to remember these people who may be struggling with these issues are our neighbors and they are our fellow community members. We are Monroe. It takes all of us. (Please see Appendix 1 for PIT Count 2022 Information)

Human Services Coordinator, Rachel Adams

Special Thanks To:

Mayor Geoffrey Thomas

Monroe City Council Members:

Heather Fulcher

Kevin Hanford

Ed Davis

Jason Gamble

Tammy Kinney

Kyle Fisher

Kirk Scarboro

City Administrator, Deborah Knight

Management Analyst, Tyler Christian

Management Analyst, Rich Huebner

Emergency Manager, Brad Feilberg

Finance Manager, Greg Piland

Police Chief, Jeff Jolley

Commander, Paul Ryan

Community Human Services Advisory
Board:

James Harrigan

Tony Balk

Lynsey Gagnon

Aisha Sial

Marci Scott-Weiss

Megan Wirsching

Junelle Lewis

Paul Stayback

Patsy Cudaback

City of Monroe Vision Statement

Imagine Monroe: A lively center surrounded by nature. A place of beauty and goodwill.

Our parks, waterways, and environment are healthy and accessible for everyone to enjoy.

Our historic downtown and business districts are thriving and full of locally owned businesses and locally sourced products.

We can find everything we need with regional connections and a variety of choices for work, housing, dining, shopping, arts, and activities.

Friendly and responsive, we strengthen connections through gathering spaces, events, services, and community-centered infrastructure – creating a safe place for all.

In Monroe, everyone feels at home and everyone feels they belong.

2022 Accomplishments

- Facilitated LatinX groups for community feedback on needed services.
- Facilitated whole community engagement in the County Recovery Road-show and follow up meetings with service providers.
- Coordinated partners to support Community Court Virtual Resource Center.
- Facilitated the Community Human Services Advisory Board in creating a new implementation budget process by creating a Human Services Award RFP to distribute \$100,000 of General Fund money.
- Applied for and received \$120,000 County match funding for a Mobile Mental Health program to assist first responders in Sultan and Monroe through partnership with the Volunteers of America.
- Applied for and received additional \$250,000 to match American Rescue Plan funding for mental/behavioral health programs.
- Awarded \$480,800 Federal FY23 Community Partner Fund award to support the Mobile Mental Health program and scholarship bed program for substance abuse disorders.
- Collaborated with EvergreenHealth Recovery Center to create scholarship bed program for substance abuse disorders.
- Facilitated effort to provide transitional housing and wrap around services for homeless families
- Assisted the City's Emergency Management Director with coordinating cooling centers during extreme heat event and Bolt Creek Fire response.

2023 Goals

- Fund an FTE Human Services Coordinator position. (Appendix 2)
- Continue to support implementation of the City's adopted Housing Action Plan.
- Create resilient programs and a strengthened continuum of care with the assistance of the American Rescue Plan funding and partnerships in our service provider network.
- Distribute \$300,000 in General Fund money to implement recommendations in the 2021 Community Needs Assessment.
- Continue to pursue ongoing funding for Mobile Mental Health services.
- Support transitional and affordable housing opportunities for McKinney Vento families in the Monroe School District.
- Prepare for 2024 Human Services Community Needs Assessment.
- Evaluate sites to provide public restrooms.
- Explore training opportunities for both city employees and the community.
- Look for opportunities to improve transit service in Sky Valley.
- Support and provide feedback on city-wide DEI (diversity, equity, and inclusion) initiatives.



Progress Report



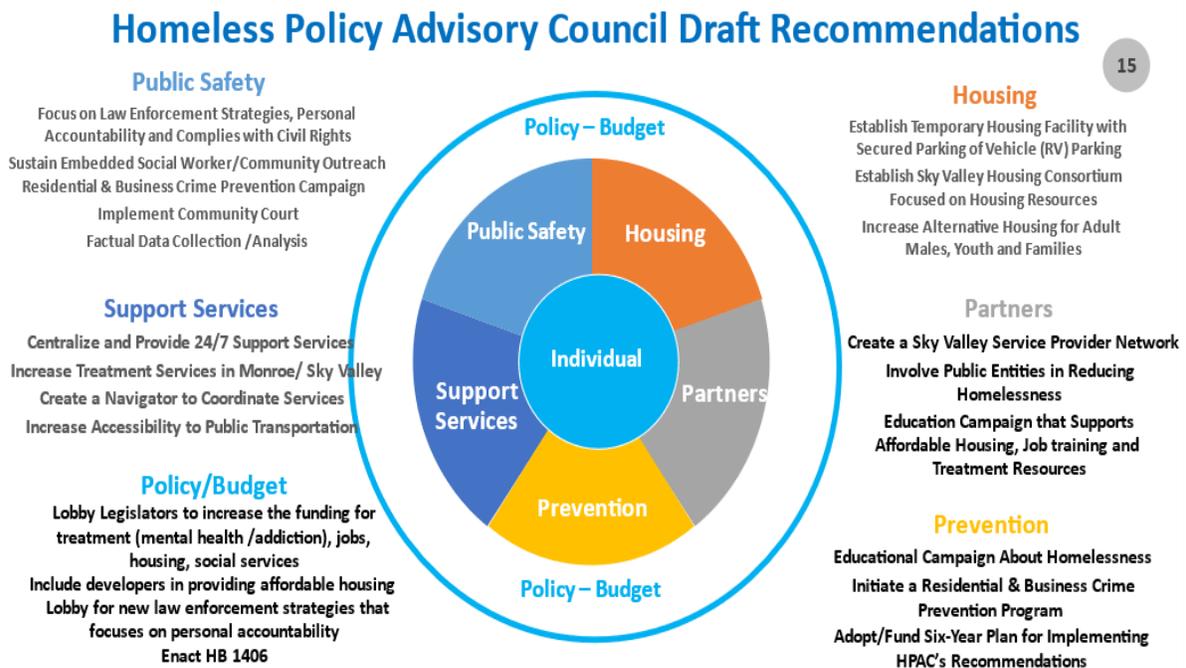
In 2019, the Homeless Policy Advisory Committee (HPAC) drafted a set of recommendations on how the city should respond to homelessness.

The recommendations were separated into the following categories:

- Housing
- Partners
- Prevention
- Policy and Budget
- Support Services
- Public Safety

Those recommendations were approved by Resolution No. 002/2020 of the Monroe City Council in February of 2020.

The Community Human Services Advisory Board (CHSAB) was established by Resolution No. 07/2020 to oversee the ongoing work and make recommendations to the Mayor and City Council on how to respond to homelessness, poverty, those impacted by crisis and those living in marginalized communities.



The HPAC recommendations were broken down into smaller actionable steps using some of the best practices that were presented by Monroe’s Legislative Research Consultant Peitra Gaebel in her whitepaper entitled “No Place Like Home – Addressing Homelessness in Monroe, WA.”

In 2021, the Sky Valley Human Services Community Needs Assessment provided valuable information on gaps and barriers in the social safety net.

City Staff began tracking implementation goals and milestones using a Gantt map chart (Appendix 3).

Taking a look back at these recommendations and the implementation plan now two years later, there is a great deal of progress to celebrate.

Housing

Starting in 2022, homeless families with children in the Monroe School District have access to temporary shelter through The Monroe Family Respite. The Hand Up Project and St. Vincent de Paul have successfully implemented this hotel shelter program with

wrap around services. A \$207,997.00 grant from the City of Monroe covered 90 days of program operations and housed five families. The Monroe Family Respite program will need ongoing funds to sustain operations.

The City of Monroe awarded Heather’s Hope Communities \$75,000.00 to establish a group home for families.

The City of Monroe awarded St. Vincent DePaul \$27,500.00 to implement a safe parking program for families. Opening a safe parking site was delayed in 2022 due to building and fire permit requirements.

The Cold Weather Shelter expanded their temperature criteria from 32F to 34F which resulted in additional nights of seasonal emergency sheltering. (Appendix 4)

The Planning Commission and the Community Human Services Advisory Board are in the process of reviewing policies to establish a Multifamily Tax Exemption Credit in Monroe to encourage development of more affordable housing alternatives.

Partners

City Human Services Staff are actively involved in helping coordinate information about services, housing and employment. In order to strengthen partnerships in the Sky Valley, City Staff coordinate monthly service provider “check ins”. City Staff also participate in local and regional events like farmers markets, PRIDE, the Snohomish County Recovery Roadshow, and the Monroe School District Resource Fair.

In 2022, the City worked with local partners to develop a trifold brochure and utility billing inserts highlighting available community resource. The information is available in paper and electronic formats for community members looking to connect with services. (Appendix 5)

Grant funding from the City in 2022 further emphasized partnerships which improved creative collaborations among agencies. Two examples of collaborations are the Monroe Family Respite Program and the EvergreenHealth Scholarship Bed Program. (Appendix 6)

East County Navigator

In 2022, Volunteers of American (VOA) contracted with the Snohomish County 211 system to provide the East County Coordinated Entry contract for two years. This model incorporates a rotating schedule of mobile locations for clients to connect with the Sky Valley housing and resource navigator. (Appendix 7)

Transit Service

In 2022, the Monroe Duvall Shuttle stopped operating due to staffing issues. The loss of this partner has created a transportation challenge locally for Monroe residents. Take the Next Step (TTNS) has been offering bus passes to assist clients making trips between TTNS and Sky Valley. Volunteers of America (VOA) located in Sultan. The Senior Center van has limited capacity and operational requirements.

City Staff are working to identify low-or-no-cost transportation solutions for Monroe residents in 2023/2024.

Prevention

An instrumental relationship was

established between the Monroe School District's McKinney Vento Liaison and The Monroe Family Respite Program. The Family Respite program assisted five families, totaling in fifteen individuals, in Monroe find sustainable permanent housing.

Community trainings like Everett Gospel Mission's Poverty 101, Crisis Response and Trauma Informed Care have been a challenge, at first due to the pandemic, and currently due to budgeting. And the We Are Monroe campaign was put on hold due to lack of participation. A new communication, education and outreach plan will be developed in 2023.

Public Safety

The most recent focus has been on Alternative Response Teams and Mobile Mental Health. This has been the area of greatest recent progress due to three different grants obtained by City Staff:

1. Snohomish County Partnership Proposal: \$120,000.00
2. Association of Washington Cities Alternative response Grant: \$200,000.00
3. FY23 Suzan DelBene Community

Projects Grant: \$481,000.00

The Mobile Mental Health Program is fully funded for implementation and an additional four years of operations but is currently on hold due to staffing and recruiting issues. (Appendix 8)

The current Embedded Social Worker contracts in law enforcement and the office of defense have been maintained. The City has also hired a Human Services Coordinator as a full-time employee to continue to embed human services as a resource into all City departments.

The Monroe Municipal Court received a grant to implement a Therapeutic Court which is a form of Community Court. The Therapeutic Court also has incorporated a virtual resource center where service providers from local agencies make themselves available in breakout rooms to meet with clients as needed. (Appendix 9)

Support Services

Exploring a shared database has been met with resistance due to release of information (ROI) roadblocks. Another challenge has been setting up broad metrics for success since each

individual organization operates differently.

Take the Next Step has now been certified as a Family Resource Center. There is a specific credentialing process an agency has to go through to be called a Family Resource Center and this comes with annual funding from the County to provide services.

Policy and Budget

Mobile Crisis Response is the City of Monroe's top human services 2023 legislative priority.

Grants that have been awarded to establish this program for the Sky Valley include the Snohomish County Partnership Proposal matching funding award, the Association of Washington Cities Alternative Response Teams Grant and an additional four years of Federal funding from the Susan DelBene FY23 Community Project funding. All together this is a total of \$850,000.00 in grant funding toward implementing and sustaining this program.

The Community Human Services Advisory Board and the Monroe City

Council are also advocating at the regional level for equal distribution since the Countywide adopting of HB 1590 which sets aside 1 / 10th of 1% of the local sales tax to be used for affordable housing. (Appendix 10)

2020 HPAC Recommendations Progress Report

A. Housing		Status
Emergency Shelter and Transitional Housing (Crisis Housing, Rapid Rehousing and Permanent Supportive Housing) – <i>City Strategic Plan</i>	The Cold Weather Shelter now has a VOA/County budget for staffing and expanded the opening criteria from below 32F to below 34F. Rental Assistance Program with HB1406 money approved by the CHSAB. Needs to be approved by City Council and have an RFP written. In progress. MFTE Credit. Review process with CHSAB and Planning Commission. In progress. Initial funding for hotel respite program for McKinney Vento families. Needs ongoing funding sources. Funding and planning with SVDP for Safe Parking program for McKinney Vento families. Not implemented yet. Funding for Heather’s Hope Communities group home model for McKinney Vento families. Not implemented yet.	
Support SVDP Safe Parking Project		
Support HHC Pallet Shelter Project		
Explore Emergency Shelter Options		
Explore Home Share/Group Home Model		
Explore Hoteling Model		
Create More Transitional Housing in Monroe – <i>City Housing Action Plan</i>		
Encourage Planning for More Affordable Housing in Monroe – <i>City Comprehensive Plan</i>		
Provide Rental Assistance Program through RFP – <i>HB1406</i>		
Work with TAC & CHSAB to identify partners and available funding		
B. Partners		
Diplomacy & Relationship Building (TAC & CHSAB)	Service Provider Check ins.	
Capacity Building (Partnerships)	Attached funding from City ARP grants to partnerships and MOUS.	
Build Sky Valley Consortium (Housing & Services)	Bus passes between TTNS and VOA.	
Establish Transportation services between Sky Valley and Everett	Lost Monroe Duvall Shuttle.	
Evaluate transportation needs with partners	Senior Center bus does not have capacity to expand to include transportation navigation.	
Evaluate existing transportation contracts with non-profits		
Coordinate partners applying for Transit Go (grant) program		
Provide information about services to remain housed, financial training, and incentives for businesses to hire	City Human Services present at community events: Farmers Market, PRIDE, School Resource Fair.	

2020 HPAC Recommendations Progress Report

Establish Family Resource Center	TTNS is now certified as a Family Resource Center and has full County funding for that designation. Lobby for Alternative Response Team Continuum of Care Must come from partners or the CHSAB.	
Coordinate more Mental Health Clinicians for Adults		
Coordinate more SUD Clinicians		
Establish Metrics and Tracking – <i>Needs Assessment</i>		
F. Policy & Budget		
Define 2023 Work Plan, Priorities, and implementation Model	January 2023	
Identify performance measures to encourage future funding and show success. – <i>Needs Assessment</i>	Collecting success stories from ARP funding.	
Lobby for changes to State and Federal law	2022 Priority: Mobile Crisis Response. Grants Awarded: Snohomish County Partnership Proposal matching funding award; Association of Washington Cities Alternative Response Team Grant; waiting to hear back on Federal Appropriations Committee grant for four years of additional funding.	
Continue CHSAB as a standing committee	1/10 of 1% was adopted by the County. Advocate for regional distribution of funding.	
Explore 1/10 of 1% tax		
Identify budget enhancement needs and funding opportunities in 2024 for 2025/2026 biennial budget.		
Evaluate Program		

2020 HPAC Recommendations Progress Report

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Evaluate Program		

Color Code: Green-Going Great; Yellow-Needs Work; Orange-Stuck; Red Not Started.

Graphic representation of the 2020 HPAC Recommendations Progress Report



The City of Monroe Utilizes Grants to Help Fund Local Support Services and Pilot New Programs



Human Services Awards

City Council approved that the administration of the human services implementation budget and authorized the disbursement of funds through the new Human Services Awards grant funding process. An ad hoc group of CHSAB members took the board's priorities of increasing Housing, increasing Mental Health Services, and increasing Disability Services and defined criteria for the proposed human services grant funding process.

The first round of Human Services Awards was made available in March of 2022. From the first round of applications the city received the review committee's recommendation was to fund the Monroe Sky Valley YMCA Human Services Award and reopen the application period along with the new proposed timeline. This recommendation was approved by the CHSAB and the City Council. The Human Services Awards reopened August 1, 2022, for competitive proposals to fulfill the City's priorities.

On November 3rd the CHSAB recommended funding be awarded to:

- Beck's Place to support the Foster Boarding Program and help Monroe Residents to overcome pet related housing barriers in the amount of \$33,500.00
- Miracles and Memories Academy to support funding the gap between State disability respite reimbursements and the cost to provide services for Monroe Residents in the amount of \$28,350.00
- St. Vincent de Paul Resource Center in the amount of \$28,500.00 to fund purchasing new client use computers, bilingual staff and offset a portion of rent and utility costs for agencies to provide additional services at the Resource Center at no cost to them.

American Rescue Plan

On January 31, 2022, the First round of ARP contracts were executed awarding \$437,480 to our local service provider partners. City Staff is working with the awardees to execute the City's communication plan by sharing program success stories in the mayor's weekly newsletter, Monroe the Week, and on Facebook.

The City of Monroe and the ARP funds have infused the community with new and needed services revitalizing what Monroe has to offer it's residents.

The Boys and Girls Club was awarded \$14,975.00 for their Community Connection Initiative which offers affordable or free voucher for a variety of services including childcare, team sports, family nights, teen events and movie nights. They have successfully completed their project and utilized all their ARP round one funding.

The EvergreenHealth Monroe Recovery Center was awarded \$66,000.00 for the detox and residential treatment scholarship bed program for uninsured Monroe residents. The program has produced three successful graduates who are now housed and in aftercare to maintain their sobriety. They have used \$66,426.00 of their ARP round one award and have \$3,574.00 remaining.

The EvergreenHealth Monroe Foundation was awarded \$15,900.00 from ARP round two in order to hire a social worker specifically to provide mental health assessments. They have not accessed this funding yet.

Heather's Hope Communities was awarded \$75,000.00 to begin a pallet shelter program for McKinney Vento

families. The program changed directions slightly from providing pallet sheltering to utilizing a group home model. They have not accessed any of their funding from round one yet.

Housing Hope was awarded \$77,433.50 for staff salaries to provide wraparound support to clients enrolled in the Homeless Family Services Program. They have not accessed any of their funding from round two yet.

Kiwanis Club Monroe was awarded \$8,366.50 to provide book bags to second and third graders who are showing up as below grade level due to pandemic related learning time loss. They have not yet accessed these funds.

Melanie F. Ryan Coaching & Consulting was awarded \$80,000.00 of round two ARP funding for Cultural Change Agent Training in the community. This funding has not yet been utilized.

Miracles and Memories Academy was awarded \$69,025.00 to expand their respite services from focusing on adults with intellectual and physical disabilities to include childcare for at risk children with special needs. They have successfully completed their project and utilized all their ARP round one funding.

The Monroe Senior Center was awarded \$7,000.00 to offer additional compensation to their employees for taking extra risk during the height of the covid19 pandemic to provide support to the vulnerable senior community. They have successfully utilized all their ARP round one funding for this purpose.

The Monroe Senior Center was awarded \$4,2000.00 to provide free one-on-one in person counseling sessions to senior Monroe residents. The Monroe Senior Center has utilized all their funding for this project. Additionally, this project received \$4,200.00 in ARP round two funding which is now available to them.

The Monroe School District was awarded \$14,000.00 to purchase case management software for the Behavioral Health Team. They have not accessed any of their funding from round one yet.

The Monroe Public School's Foundation was also awarded \$4,200.00 to procure STEM kits to enhance the students experience with hands on learning. They have utilized \$4928.03 toward this purpose and have \$71.97 remaining available to them. The Public School's Foundation was awarded \$5,000.00 in ARP round one to \$7,059.08 in ARP round two to create

a current issue kids library. They have not been reimbursed for any of this funding yet.

The Monroe Gospel Women's Mission was awarded \$91,600.00 of round two ARP funding for emergency food and shelter, case management and administration. They have not yet accessed any of their funding.

Rotary Club Monroe Foundation was awarded \$43,500.00 from ARP round two to provide grants to community organizations. They have not yet accessed this funding.

Scooter's Place was awarded \$60,050.00 to make facility improvements, provide services and hire staff for the new Veterans, Emergency Responders Program. Additionally, they received \$44,720.00 to go toward their Adaptive Therapeutic Riding Program from round two. They have successfully utilized all their ARP funding from both rounds for this purpose.

Sherwood Community Services was awarded \$27,750.00 from ARP round two. These funds are designated to expand the Vocational Program in Monroe and to increase awareness of disability services with the Community Inclusion Program. They have now accessed \$18,026.45 and have \$9,724.47 remaining.

St. Vincent de Paul was awarded \$27,500.00 to implement a safe parking program for McKinney Vento Families who have been living in cars. This program would include wrap around case management and steps toward becoming permanently housed. St. Vincent de Paul has utilized \$6,200.00 for this project and still has an additional \$21,300.00 remaining of their ARP round one award. Additionally, St. Vincent de Paul received \$61,500.00 in ARP round two funding to hire a Resource Center Director to provide site management and program support at the Monroe Resource Center. They have now accessed \$9,716.56 of this funding and have \$51,783.44 remaining.

Take the Next Step (TTNS) received \$39,200.00 from ARP round one to host a Ventures Business Basics Training Course including an eight-week course, \$25,000.00 in startup capital grants for program graduates. They have been reimbursed for \$5,556.01 and have \$33,643.99 left to fund this program.

TTNS also received \$2,000.00 for laundry vouchers from ARP round one. \$821.54 has been reimbursed to date and \$1,178.46 remains accessible for this program.

TTNS received \$15,000.00 from ARP

round one to maintain their service levels and support Resource Center staffing. They have accessed and utilized all of the ARP funding for this purpose.

TTNS was additionally awarded \$30,000.00 to facilitate mental health group classes. To date they have utilized \$3,000.00 and have \$27,000.00 remaining of this round one award. In ARP round two they were awarded \$63,000.00 for mental health services. They have not accessed any of their funding from round two yet.

TTNS also was awarded \$12,000.00 to facilitate sponsoring youth sports scholarships. They have not utilized any of this round one funding yet.

The Hand Up Project was awarded \$207,997.00 from ARP round two. These funds are designated to implement a Respite Program in Monroe for McKinney Vento Families. To date they have not accessed any of the available funding.

Volunteers of America was awarded \$75,00.00 to operate the new Early Childhood Education and Assistance Program (ECEAP) in Monroe. ECEAP serves very low-income families by providing access to preschool and kindergarten along with wraparound services. They have not utilized any of their round one funding yet.

The YMCA of Snohomish County was awarded \$34,775.00 to increase child-care staff retention and hire a bilingual Teen and Family Coordinator. They have accessed and utilized all of the ARP funding for this purpose.

- \$14,000.00 to Monroe School District for new Behavioral Health Case Management Software.
- And Take the Next Step for facilitating Group Mental Health Classes in the amount of \$30,000.00

Grant Matching

The City of Monroe also received \$250,000.00 of matching funds from the Snohomish County Partnership Program (SCPP). These funds were designated to match City ARP funds in the mental or behavioral health category. The CHSAB is recommended matching funding awards for the first round of ARP to:

The board will allocate the remaining SCPP matching funds to qualifying round two applicants early in 2023.

- The EvergreenHealth Recovery Center for co-occurring disorder detox and treatment for Monroe uninsured residents in the amount of \$66,000.00
- The Monroe Community Senior Center in the amount of \$4,200.00 for free one on one counseling for Monroe seniors.
- \$60,050.00 to Scooters Place new Adaptive Riding Therapy program for first responders and veterans treating issues like complex PTSD and offering support through emotional and behavioral issues they may be facing.



Office of Recovery and Resilience: Recovery Roadshow



There were almost 60 attendees, not including county staff and community partners, on what ended up being the rainiest June 9 in history. City Administrator, Deborah Knight, and Human Services Coordinator, Rachel Adams, were present to share information with attendees about the 2021 Community Needs Assessment and how the City is working to fill identified gaps and overcome identified barriers by using its American Rescue Plan (ARP) as grant funding.

Here are the top three issues as voted on by District 5 residents at the Roadshow:

Increasing behavioral & mental health services:

Significant focus on youth and a recommendation to site high-quality mental health services brought directly into schools, so that providers can meet young people and parents where they already are. Included recommendations to support mobile mental health units.

In addition, there was a recognition that there is a severe deficit of affordable and available treatment, detox, and mental health beds in East County, and an issue around

Evergreen Health Monroe having vacant beds due to issues around federal regulations and Medicaid.

Increasing affordable housing:

Attendees voiced a desire to embrace different kinds of housing in East County beyond single-family homes, including ADUs, multi-family units, and tiny houses.

Increasing homeless shelter availability:

There was a desire to increase investments in shelter with wrap-around services so that we can set people on a path to permanent housing. In addition, motels were explicitly mentioned as an ideal shelter option from the community.

Anyone with additional questions or ideas can reach out to Office of Recovery and Resilience directly at SnohomishCounty.Recovers@snoco.org.



Office of Recovery and Resilience Press Kit Graphic



Appendices



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Appendix 1

2022 Annual Point in Time Count

Every year the County participates in the Point in Time (PIT). The PIT count is done annually, and is intended to quantify the number of people, and also qualify the need for services. Take the Next Step led the Monroe effort to gather accurate data on February 21, 2022. The last PIT count was in 2020 due to the pandemic. That year there were a total of 673 literal homelessness (plus 459 without a permanent place to stay for a total of 1,132).

Resource Navigator Michael Lorio, with Take the Next Step led an information session with volunteers and coordinated two shifts going out to interview people living in cars and unhoused around Monroe and in encampments. The PIT count interview includes questions about:

- Demographic information
- The total duration and number of times an individual has been homeless
- If the individual has a history of substance use dependency, disability or mental health needs

On February 21, 2022, TTNS was able to collect 14 completed surveys on the first day and anticipated more surveys to be collected during the regular weekly homeless outreach activities.

In Sultan, the PIT Count was led by the Volunteers of America Sultan Resource Center. VOA hosted a breakfast event on campus to bring people together to complete the survey. They also offered resources and free showers.

Point-in-Time Count Overview

February 21, 2022



1184
Total People

576 Emergency Shelter
24 Transitional Housing

346 Out of Doors
221 Vehicle

15 Abandoned Building
2 Jail or Care Facility Fewer than 90 Days (homeless prior to entry)

467 Adults with a Serious Mental Illness
72 Unaccompanied Youth and Young Adults

137 Adult Survivors of Domestic Violence
46 Veterans
582 Chronically Homeless

these **1184** individuals were in **953** households:

92 Households with Adults and Children

15 Households with only Children

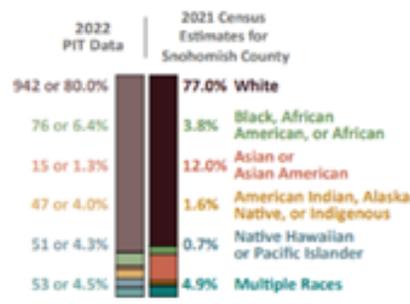
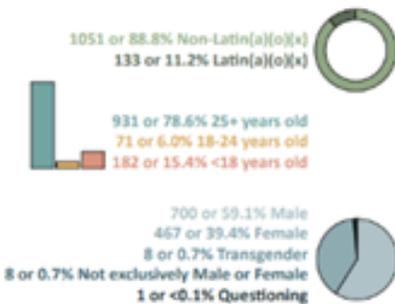
846 Households with only Adults

Snohomish County Point-in-Time History

*In 2021, the county was granted an exemption from conducting the unsheltered count due to COVID-19 safety concerns.



these **1184** individuals were:



Where was your last permanent residence?

Where did you sleep last night?	Everett	Marysville	Snohomish County	Highway 2 Corridor	Lynden	Granite Falls	Bellingham	Under 18 Residences	Baker of State	Other US State	Unknown	Total
Everett	105	15	5	2	15	5	5	5	5	5	5	150
Marysville/Tulalip	5	25	5	2	15	5	5	5	5	5	5	80
North County	5	5	25	5	5	5	5	5	5	5	5	70
Highway 2 Corridor	5	5	5	15	5	5	5	5	5	5	5	60
Lynden	5	5	5	5	25	5	5	5	5	5	5	60
Granite Falls	5	5	5	5	5	25	5	5	5	5	5	60
Bellingham	5	5	5	5	5	5	25	5	5	5	5	60
Under 18 Residences	5	5	5	5	5	5	5	25	5	5	5	60
Baker of State	5	5	5	5	5	5	5	5	25	5	5	60
Other US State	5	5	5	5	5	5	5	5	5	25	5	60
Unknown	5	5	5	5	5	5	5	5	5	5	5	60
Total	145	47	55	54	55	55	55	55	55	55	55	584

*To avoid the possibility of identification, areas with fewer than 10 respondents have been grouped together. "Marysville/Tulalip" includes Skagit County. "North County" includes Arlington, Edmonds, and Stanwood. "Highway 2 Corridor" includes Gold Bar, Index, Monroe, Start Up, and Sultan. "Under 18 Residences" includes Bellingham, Edmonds, Granite Falls, Lake Stevens, Mountlake Terrace, and Mukilteo.

Graphic representation of the Snohomish County 2022 PIT Count Results

Appendix 2

Embedding Human Services into all City Departments

The Month of November was filled with exploring ways to embed human services into all city departments.

Some examples now include:

- Attending Code Enforcement meetings to discern if there are code violations that could be resolved through connections to services.
- Exploring the Safe Routes to School Program with the Engineering Department.
- Being available as a resource to utility customers who may need help connecting to service providers.
- Drafting a letter introducing local service connections to go with utility discount information being sent to current customers who qualify for the program.
- Maintaining and sharing resource information in the Police Department Lobby.
- Exploring accessibility and inclusion around the location of the sharps and expired medication bins at the Police Department.
- Supporting the Emergency Management by tracking and facilitating required training and drills.

- Supporting Community Development by offering customers who call about affordable housing resources connections to information about the County 211 system and housing referrals if they qualify.
- Being a resource for Parks and Public Works to connect with when they encounter encampments to connect people to services.
- Human Services grants administration with the Finance Department.

CITY OF MONROE HUMAN SERVICES COORDINATOR
Rachel Adams

My Role

- Create connections and network with community members.
- Coordinate service providers and faith community to share resource information.
- Support implementation of human services programs.
- Support the Community Human Services Advisory Board.
- Support the Emergency Management Team.
- Support volunteer coordination.
- Embedding a social worker into city services.

Contact Info

Here are all the ways you can contact me:

- (360) 913-4817
- RAdams@monroewa.gov

Office hours Monday-Friday 9am-3pm and available remotely anytime.

History

2019 Served on HPAC.
January 2020-June 2020 Intern.
June 2020-October, 2022 Consultant and CHSAB Support.
October 2022 City Staff.

How I might be able to help:

- Support for implementing human services contracts.
- Resource referrals for tough utilities calls.
- Someone to reach out when you see someone in need.
- Collaboration for human services perspective on city code.
- Reach out to business owners to offer human services assistance information.
- Support our embedded social workers, Community Outreach Team and Community Court.



Dear Monroe Community Member,

I wanted to take a moment to introduce myself. My name is Rachel Adams, and I am the Human Services Coordinator for the City of Monroe. I work to help connect community members to local service providers who may be able to help individuals looking for:

- Basic needs support – rental assistance, utilities, internet, clothing
- Food resources
- Childcare information
- Disability information
- Mental/behavioral health and substance use dependency/recovery resources
- Snohomish County Coordinated Entry – 211
- Domestic Violence Services of Snohomish County
- Snoco Legal and the Housing Justice Project

If you need resource support, please reach out. I would love to connect with you and hear your story.

For more information about the city's human services program or to support human service providers in the community visit:



THE ADVENTURE
STARTS HERE!

Rachel Adams (she/her)

Human Services Coordinator

806 West Main Street | Monroe, WA 98272

(C) (360) 913-4817 | RAdams@monroewa.gov

Excerpt from the 2021 Imagine Monroe Vision Statement: "Friendly and responsive, we strengthen connections through gathering spaces, events, services, and community-centered infrastructure - creating a safe place for all. In Monroe, everyone feels at home, and everyone feels they belong."

City of Monroe
806 West Main Street, Monroe, WA 98272
Phone (360) 794-7400 Fax (360) 794-4007
www.monroewa.gov

Appendix 3

2022 HPAC Recommendations Action Plan – Gantt Map Chart

	January 2022	February 2022	March 2022	April 2022	May 2022	June 2022	July 2022	August 2022	September 2022	October 2022	November 2022	December 2022
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(X = Started O = Not Started)

A. Housing												
Emergency Shelter and Transitional Housing (Crisis Housing, Rapid Rehousing and Permanent Supportive Housing) – <i>City Strategic Plan</i>	X	X	X	X	X	X	X	X	X	X	X	X
Support SVDP Safe Parking Project	X	X	X	X	O	X	X	X	X	X	X	X
Support HHC Pallet Shelter Project	X	X	X	X	X	X	X	X	X	X	X	X
Explore Emergency Shelter Options	X	X	X			X	X	X	X	X	X	X
Explore Home Share/Group Home Model	X	X	X	X	X	X	X	X	X	X	X	X
Explore Hoteling Model	X	X	X	X	X	X	X	X	X	X	X	X
Create More Transitional Housing in Monroe – <i>City Housing Action Plan</i>						X	O	X	X	X	X	X
Encourage Planning for More Affordable Housing in Monroe – <i>City Comprehensive Plan</i>	X	X	X	X	X	X	X	X	X	X	X	X
Provide Rental Assistance Program through RFP – <i>HB1406</i>					O	O	O	O	O	X	X	X
Work with TAC & CHSAB to identify partners and available funding	X	X	X	X	X	X	X	X	X	X	X	X
B. Partners												
Diplomacy & Relationship Building (TAC & CHSAB)	X	X	X	X	X	X	X	X	X	X	X	X
Capacity Building (Partnerships)	X	X	X	X	X	X	X	X	X	X	X	X
Build Sky Valley Consortium (Housing & Services)	X	X	X	X	X	X	X	X	X	X	X	X
Establish Transportation services between Sky Valley and Everett				X	X	O	O	O	O	X	O	O
Evaluate transportation needs with partners	O	X		X	X							X
Evaluate existing transportation contracts with non-profits	O	X										
Coordinate partners applying for Transit Go (grant) program		X	O	O	O							
Provide information about services to	X	X	X	X	X	X	X	X	X	X	X	X

2022 HPAC Recommendations Action Plan – Gantt Map Chart

	January 2022	February 2022	March 2022
--	--------------	---------------	------------

(X = Started O = Not Started)

remain housed, financial training, and incentives for businesses to hire employees with entry level skills, information about mental and behavioral health services.			
Work with Monroe Public School's Foundation to develop and promote annual "resource fair" set up like a vendor show.			
Facilitate East County Coordinated Entry in partnership with VOA	X	X	X
Establish and implement 2022 HS Budget Grant funding process with CHSAB	X	X	X
Determine Strategic Goals	X		
Determine Criteria	X		
Release Application		O	X
Review Applicants			
Recommend Awards			
C. Prevention			
Develop education and outreach communication plan about services	X	X	X
Poverty 101 Trainings			
Crisis Response Trainings			
Work with McKinney-Vento Family Liaisons and Monroe Public Schools Foundation in the Monroe School District to connect families with resources.	X	X	X
D. Public Safety			
Explore Mobile Mental Health Response Program	X	X	X
Explore Fee Revenue – <i>City Court Assessment</i>			
E. Support Services			

Appendix 4

Emergency Management

Cold Weather Shelter

On March 15, 2022, the Monroe cold weather shelter finished a historic season with 54 nights open, 81 individuals served and providing a total of 550 bed nights. This season's cold weather shelter was supported by 5 total VOA staff members and 16 volunteers.

Cooling Centers

The final week of July, the City of Monroe Emergency Management team coordinated with community partners to open and advertise Community Cooling Centers. The Monroe Library, The Monroe Senior Center, The Monroe YMCA and The Monroe SVDP Community Resource Center were all actively involved in making sure people knew where to

go to get cooled off from the extreme heat and high heat index which ranged from 100-105F.

Bolt Creek Fire

The City of Monroe Emergency Management Team assisted with providing accurate communication from Snohomish County Fire and Rescue and the Snohomish County Department of Emergency Management. Human Services Coordinator Rachel Adams was able to circulate requests for donations amongst local service providers and the faith community to help support evacuation sheltering efforts.



Weekly Human Services Events Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	VOA 211 Outreach Advocate Brandi Lafave at SVDP 10am-2pm			VOA 211 Outreach Advocate Brandi Lafave at SVDP 1pm- 5pm		
	Sky Valley Foodbank 3pm-5pm		Sky Valley Foodbank 9am-11am		Humanity First Foodbank at Baitul Ehsaan Mosque noon- 1:00pm	
TTNS Outreach Team	DV Advocate at MPD	TTNS Outreach Team		TTNS Outreach Team		
	MPD Outreach Team	MPD Outreach Team		DV Advocate at MPD		
	Food Event (Teens) 2pm-6pm at the SVDP Community Resource Center	Hot Food Event 12pm-1pm at the Library	Hot Food Event 12pm-1pm at the Library	Food Event (Teens) 2pm-6pm at the SVDP Community Resource Center	Hot Food at New Hope Fellowship Church 9am-10am	
		TTNS Community Dinner			Feed My Sheep at New Hope Fellowship 9am- 10am	
	Food Share 9:30am at The Library	Food Gleanings 2pm- 4pm at The Rock Church	Grocery Distribution at French Creek Manor 2pm-4pm	Food Gleanings 4pm- 6pm at The Rock Church	Food Gleaning 9:30am- 11am at Foothills Foursquare Church	
VOA Showers 2pm-6pm		VOA Showers 2pm- 6pm				

Appendix 5

YOUTH SERVICES

Monroe School District Prevention Department & Community Coalition
neigelj@monroe.wednet.edu

McKinney Vento Liaison
pamiananc@monroe.wednet.edu

Monroe School District Foundation
officemonroepsf@gmail.com

Monroe Boys and Girls Club
jparks@bgcsc.org

Monroe/Sky Valley YMCA
gcasagrande@ymca-snoco.org

Snoco Futures
lilia@snocofutures.org

Sky Valley ECEAP
cmarcellus@voaww.org

The Village Mentorship
angiewyatt@villagementorship.com

FOOD

Sky Valley Food Bank
matt@svfoodbank.org

Red Cedar Mutual Aid
pspirito@sno-isle.org

Provide Hope Food Rescue
info@trclife.com

CITY OF MONROE:

RACHEL ADAMS

Human Services Coordinator
Phone: 360-913-4817
RAdams@monroewa.gov

TYLER CHRISTIAN

Management Analyst
Phone: 360-863-4523
TChristian@monroewa.gov

DEBORAH KNIGHT

City Administrator
Phone: 360-863-4500
DKnight@monroewa.gov

MPD COMMUNITY OUTREACH TEAM

Officer Pettit and Elisa Delgado
BPettit@monroewa.gov;
Elisa.Delgado@co.snohomish.wa.us



WASHINGTON

Community Resource Contact List



#WeAreMonroeWA

IMAGINE MONROE

A lively center surrounded by nature. A place of beauty and goodwill.

Our parks, waterways, and environment are healthy and accessible for everyone to enjoy. Our historic downtown and business districts are thriving and full of locally owned businesses and locally sourced products. We can find everything we need with regional connections and with a variety of choices for work, housing, dining, shopping, arts, and activities.

Friendly and responsive, we strengthen connections through gathering spaces, events, services, and community-centered infrastructure - creating a safe place for all.

In Monroe, everyone feels at home and everyone feels they belong.

HOUSING

Housing Hope
cm.gray@frontier.com

Monroe Women's Gospel Mission
monroegospel@aol.com

Heather's Hope Community
re61676@gmail.com

Matthew House
lpmatthewhouse@aol.com

SOCIAL EMOTIONAL WELLNESS

Monroe Senior Center
director@mcscc.org

Miracles and Memories Academy
tinna@miraclesandmemoriesacademy.org

Faith Community Partners
ccmrev@hotmail.com

Monroe Equity Council
mec@monroeequitycouncil.org

The Compassionate Friends
julilund@comcast.net

Beck's Place
trbrad@BecksPlace.org

Scooters Place
scootersplacenp@gmail.com

ASSISTANCE WITH BASIC NEEDS

Take the Next Step Monroe Family Resource Center sarah@ttns.org; sarah.morgan@ttns.org

St. Vincent de Paul Monroe Resource Center inga@svdpnsc.com; dawnelle@svdpnsc.com

Monroe DSHS
debbie.black@dshs.wa.gov

Sultan VOA Sky Valley Resource Center lgagnon@voaww.org

TREATMENT AND MEDICAL

EvergreenHealth Recovery Center
ebritt@evergreenhealthmonroe.com

Conquer Addiction
info@conqueraddictionclinic.com

Ideal Option
aprilprovost@idealooption.net

Monroe SeaMar FQHC
elianahaffner@seamarchc.org; erickalume@seamarchc.org

Providence Monroe Community Outreach
mmwirsching@evergreenhealthcare.org

**DO YOU WANT TO
HELP DEVELOP
PROGRAMS FOR
PEOPLE IN NEED?**

Contact Jodi Wycoff to apply:
jwycoff@monroewa.gov



**TO CONNECT WITH
CHSAB SUPPORT
STAFF PLEASE
CONTACT:**

RACHEL ADAMS

Human Services Coordinator
Phone: 360-913-4817
RAdams@monroewa.gov

TYLER CHRISTIAN

Management Analyst
Phone: 360-863-4523
TChristian@monroewa.gov

DEBORAH KNIGHT

City Administrator
Phone: 360-863-4500
DKnight@monroewa.gov



WASHINGTON

**Community
Human Services
Advisory Board
(CHSAB)**



#WeAreMonroeWA

IMAGINE MONROE

A lively center surrounded by nature. A place of beauty and goodwill.

Our parks, waterways, and environment are healthy and accessible for everyone to enjoy. Our historic downtown and business districts are thriving and full of locally owned businesses and locally sourced products. We can find everything we need with regional connections and with a variety of choices for work, housing, dining, shopping, arts, and activities.

Friendly and responsive, we strengthen connections through gathering spaces, events, services, and community-centered infrastructure - creating a safe place for all.

In Monroe, everyone feels at home and everyone feels they belong.

The Community Human Services Advisory Board advises the Mayor and City Council on the implementation of the Homelessness Policy Advisory Committee recommendations, and on programs and policies to respond not only to those experiencing homelessness, but also to those at risk of becoming homeless, those who are living in poverty, those who are adversely affected by crisis, and those in marginalized communities.

The board is made up of seven voting board members and two non-voting members who have been appointed to their positions by the Mayor and Council.

For more information about the board. Please Visit:



INTERESTED IN ATTENDING A CHSAB MEETING?

The board meets the first and third Thursday of each month in the City of Monroe Parks Building Conference Room at 769 Village Way, and remotely by zoom.

The meetings are open to the public. There is a time set aside at the beginning of each meeting to bring community members questions or concerns to the board.

This is a great way to advocate and make your voice heard!



Appendix 6

Family Respite Program

The Hand Up Project has opened a new respite program serving families facing housing insecurity in Monroe. The Hand Up Project is partnering with the St. Vincent de Paul (SVDP) Resource Center.

The Family Respite Program provides comprehensive wraparound care, including 24-hour security, case management, employment and permanent housing resources, as well as medical and mental health care. The Respite Program is one of the most effective, evidence-based shelters in Washington State. Its aim is to affirm the inherent value of all people – regardless of circumstances. By adopting a holistic approach to care, clients move from housing insecurity towards employment, permanent housing, and sustainable independence.

Families, unable to find housing for months and living out of their vehicle, have already been accepted, housed, and are on a path to sustainable independence.

If you would like more information about Monroe's Family Respite Program, please contact Respite Program Director, Esther Riley, at esther@thehandupproject.org. For intakes and referrals contact Resource Center Director, Dawnelle Carroll, at Dawnelle@svdpnsc.com.

After 60 days in operation, SVDP and THUP's Monroe Respite Program is already outperforming emergency shelters and transitional housing across the county and state at a fraction of the cost. These positive results will continue to grow and the daily cost per client will decrease as Monroe Respite grows older and is creating positive reverberations through generations of Monroe's vulnerable families.

SVDP and THUP's unique values and intentional delivery of services are the driving forces behind Monroe Respite's success. Evidence Respite offers the triage capabilities and flexibility of traditional emergency shelters while delivering the value of supportive services seen only in transitional housing. Nearly every household – 80% of enrollees – have secured placement on permanent and independent living housing lists within the short 60 days of Respite's operation and over 80% of clients have already secured income necessary to pay for a deposit and first month's rent. One can reasonably expect these exceptional numbers to consistently improve as the program ages.

The Family Respite Program is currently full and has a waiting list.

NON-HOUSING KEY PERFORMANCE INDICATORS TRACKED BY RESPITE



Graphic from the SVDP/THUP Progress Report

EvergreenHealth Recovery Center

The EvergreenHealth Recovery Center is primarily present in those with substance use disorders and treated as co-occurring disorders. Addiction treatment services are a well-established need in the Sky Valley. This program represents an opportunity to provide these life-saving services. In the recent 2021 Sky Valley Community Needs Assessment serving the uninsured and under-insured community members in the Sky Valley was identified as one of the top five gaps.

Since March of 2022 the EvergreenHealth Recovery Center has been piloting a program that allows uninsured Sky Valley community members access high-quality care as part of a scholarship bed program. The Scholarship Bed Program will provide crucial detox and residential treatment for uninsured or under-insured community members who would otherwise be unable to access services.

The Scholarship Bed program was piloted with \$66,000.00 for a 6-month budget. I believe 5-6 Monroe residents have utilized these services during the pilot phase producing three successful program graduates now maintaining aftercare plans and living in stable sober housing.

Mental and behavioral health are com-

Christmas Collaborations

Our local service providers coordinated Holiday Events to support each other in collecting and distributing items to families in need. Sky Valley Food Bank and Kaci's Big Heart Big Smile collaborated to collect holiday gifts for Monroe residents needing assistance with the holidays on November 5, 2022, and held a "shopping" event at the Fairgrounds on December 17, 2022. 150 families came thru the line, 522 kids received gifts, 1044 gifts given (not including stockings stuffers, books or games). If you would like more information, contact: Joni Edelbrock – Joni@bigheartbigsmile.org or Matthew Campbell – matt@svfoodbank.org

Housing Hope provided toys for their clients by doing a toy drive. If you would like more information, contact: Chris Gray – cm.gray@frontier.com

Take the Next Step served their current clients by utilizing a giving tree and family sponsorship. The gifts were distributed wrapped and ready to be put under the tree. If you would like more information, contact: Sarah Lunstrum – sarah@ttns.org

This year New Hope Fellowship Church partnered with Peace Lutheran Church and Project love. To distribute winter clothing, gear, gifts and a hot meal to the unhoused community. They had 35–40 people come and participate in this event. If you would like more information, contact: Roger Evans – rogerdevans372005@gmail.com

Cascade Community Church sponsored 27 local families. If you would like more information, contact: Kimberly Clem – kimberly.clem@cascadechurch.org or Kathy Jackson – jackson-ka@monroe.wednet.edu

The Monroe Police Department supported their annual Shop with a Cop and Toys for Tots events. If you would like more information, contact: Derrick Lether – dlether@monroewa.gov or Gaby Escalante – gescalante@ci.monroe.wa.us

The YMCA provided holiday support to members enrolled in their financial aid program and offered to collaborate by being a collection site for other organizations. If you would like more information, contact: Gina Casagrande – gcasagrande@ymca-snoco.org

out toys and Santa photos. If you would like more information, contact: Jason Waltmanjwalt20.lifechurch@gmail.com

Stars Unlimited in partnership with Life Church Monroe held their annual community Christmas event and served 150 hot boxed meals and gave

Summer Events

August

2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 	2	3	4	5	6	7
8	9	10	11 	12	13	14
15	16	17	18	19	20 	21
22 	23	24	25	26	27	28
29	30	31 	1	2	3	4

Throughout the months of August and September Miracles and Memories Academy provided a summer camp for children with disabilities.

Take the Next Step hosted a volunteer appreciation event.

Compassionate Friends put on a Walk to Remember at Sky River Park for community members who are grieving the loss of a child.

The Village Mentorship in collaboration with Sky Valley VOA Youth Coalition hosted a summer camp for youth that was geared toward career development opportunities.

The School District hosted the back-to-school Resource Fair. City Staff attended and shared information on parks activities and human services.

September is Suicide Prevention month. Sultan VOA in collaboration with Jana Robinson and Heidi Dawson of the Determined Parents Foundation put on “Party in the Park”. This event was geared toward youth suicide awareness.

Monroe Equity Council hosted the first annual “Multicultural Monroe” at Sky River Park. This event was filled with vendors and performers representing a wide variety of different cultures.

Community Members Jana Robinson and Heidi Dawson of the Determined

Parents Foundation put together the first Monroe Mental Health resource fair. This family event was held at Sky River Park and had a vast array of resources and vendors supporting mental health awareness.

The Boys and Girls Club and YMCA opened up their fall sports series.

Monroe Gospel Women’s Mission prepared for its annual auction.

And YWCA hosted a Landlord Convenings event to discuss the shared housing model.

September

2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30	31	1 City of Monroe Human Services Awards	2	3	4
5	6	7	8	9 	10 	11
12	13	14	15	16	17	18 
19 	20 	21	22 Monroe Gospel Women's Procurement Item Deadline	23	24	25
26		28	29	30	1	2

Ways to get involved

VOLUNTEER OPPORTUNITIES IN MONROE

Beck's Place:

Pet Fosters
Pet Transportation
Organization
Tracy Brad
tbrad@becksplace.org

Chamber of Commerce:

Monthly Clean up Downtown
Janelle Drews
director@choosemonroe.com

Cold Weather Shelter:

Serving Meals
Overnight Shifts
Lindsay Donovan
ldonovan@voaww.org

EvergreenHealth Monroe:

Blake Vintertun
BDVintertun@evergreenhealthmonroe.com

Helping Hands:

Thrift Store
Morgan Crosby
Morgan.crosby@helpinghandsmi.org

Monroe Equity Council:

Administrative
mec@monroeequitycouncil.org

Miracles and Memories Academy:

Landscaping/Weeding
Tinna Pamanian
tinna@miraclesandmemoriesacademy.org

SeaMar:

Calling patients, Screening and
Scheduling
Eric Kalume
EricKalume@seamarchc.org



VOLUNTEER OPPORTUNITIES IN MONROE

Senior Center:

Working with seniors
Jacob McGee
Director@mcsc.org

Scooter's Place:

Working with horses and clients
Jeanine Judkins
scootersplacenp@gmail.com

Cold Weather Shelter:

Serving Meals
Overnight Shifts
Lindsay Donovan
ldonovan@voaww.org

Sky Valley Food Bank:

Weekend Volunteers
Matthew Campbell
Matt@svfoodbank.org

St. Vincent de Paul Resource Center:

Thrift stores
Reception
Dawnelle Carroll
Dawnelle@svdpnsc.com

The Village:

Teen Center Chaperone
Tutors
Mentors (Background check required)
Decorating wreaths for fundraiser
(November)
Angela Wyatt
angiewyatt@villagementorship.com

Take the Next Step:

Support at Resource Center for group meetings and programs.
Outreach (longer commitment)
Mike Lorio
mikel@ttns.org



Appendix 7

Coordinated Entry Bright Spots

At the beginning of 2021, East County service providers applied for and received a County contract to host the East County 211 Coordinated Entry Navigator locally with Volunteers of America as the lead agency.

East County Navigator, Mr. Roger Evans, has been advocating for Monroe community members needing rapid rehousing and permanent supportive housing to come up in the County's priority pool. Mr. Evans shared some of the recent success stories about formerly homeless individuals who have been housed through the 211 system.

- A mother with a child and another on the way. Hopefully this family will be the first of many moving into the new Twin Lakes 2 Housing Hope Complex by the end of October.
- Two female clients who were chronically homeless are now in rapid rehousing through Catholic Community Services (CCS) and YWCA.
- A mother and son who were guests of the Monroe cold weather shelter in 2021 were able to increase their

income through employment assistance. Their move in costs were covered by county flex funding and are they are now on a regular lease.

- An individual in Monroe who was struggling with income and housing connected with a local business owner to help increase her income. She now has a pledge letter from the VOA to assist her with moving into permanent housing.
- An individual who has been homeless in Monroe for six years and living in his car with a disability has permanent housing through the 211-priority pool. He is working with a case manager at Catholic Community Services (CCS) to find the right apartment.
- Another individual who has been homeless in Monroe for three years living in his car with an undocumented disability has a Housing and Essential Needs (HEN) referral and is on his way to getting into the right place.
- An individual who completed treatment and was able to find housing with the help of the YWCA.

Appendix 8

Alternative Response Teams—Mobile Mental Health

Throughout the month of January City Staff worked with a Multijurisdictional work group to submit a Partnership Proposal to Snohomish County for Mobile Mental Health Dispatch and Services.

More than half of Americans report that Covid19 has had a negative impact on their mental health. In February 2021 46.3% of adults in Washington reported experiencing symptoms of anxiety or depression. 30.1% were unable to get needed counseling or therapy.

The ratio of mental health service providers to the need for mental health services is staggeringly insufficient. This need has only increase due to COVID19.

Additionally, recent legislation has increased the difficulties first responders are experiencing in ensuring that those individuals who are experiencing mental health crisis are served well. Currently calling for a DCR in the Sky Valley involves a two hour wait time which is unacceptable to support those working on site with an individual in crisis.

In 2020 the Monroe Police Department

(MPD) tracked 43 behavioral health calls, and 77 suicide related calls. In 2021 MPD tracked 73 behavioral health calls, and 59 suicide related calls.

In 2020 Snohomish County Sheriff reported 96 behavioral health calls, and 26 suicide related calls for the City of Sultan. In 2021 Snohomish County Sheriff reported 104 behavioral health calls, and 55 suicide calls for the City of Sultan.

And Snohomish Regional Fire and Rescue (SRFR) responded to approximately 90 behavioral health alarms in the Sky Valley region from 1.1.21 to 1.1.22. District wide numbers show approximately 476 alarms, however; that includes Lake Stevens, Clearview, Mill Creek and the rest of the District.

The program is a partnership between the City of Monroe, City of Sultan, Volunteers of America Western Washington that will fund one dedicated social worker or mental health provider for the Sky Valley area for the period of four years. This individual will assist first responders when they encounter someone experiencing a mental health crisis.

The individual would be able to provide front-line mental health services and resource navigation. The individual would also act as a bridge for the client and family members with regards to next steps to ensure that the client gets the care they may need.

This is a collaborative proposal from the Cities of Sultan and Monroe. It is expected that this program will serve a variety of clients including individuals experiencing homelessness, individuals that are perceived to be homeless because of current crisis and housed individuals in crisis.

Funding for this program will work to mitigate the increased impacts COVID19 on mental health by enhancing North Sound 211 and providing access to crisis support and mental health clinicians, tied to 211 information sharing and resource specialists. The 988 crisis call center is also operated by VOA being specifically designed to handle mental health calls. VOA also operates a Resource Center in Sky Valley to primarily house this person.

First Responders would be able to access resources through a connection to call receiving center (988), assistance with emergent mental health. This person could then be dispatched from the Sky Valley Resource Center to help diffuse on site and to follow up with clients. This position would also periodically check in with community members living in local homeless encampments to assess their mental/behavioral health needs, as well as offering resources and service referrals to willing individuals.

More than half of Americans report that COVID19 has had a negative impact on their mental health. In February 2021 46.3% of adults in Washington reported experiencing symptoms of anxiety or depression. 30.1% were unable to get needed counseling or therapy.

The ratio of mental health service providers to the need for mental health services is staggeringly insufficient. This need has only increased due to COVID19.

Additionally, recent local legislation has increased the difficulties first responders are experiencing in ensuring that those individuals who are experiencing mental health crisis are served well. Currently calling for a Designated Crisis Responder in the Sky Valley involves a two hour wait time which is unacceptable to support those working on site with an individual in crisis.

The Cities were awarded Snohomish County Partnership Proposal matching funds to implement the new Mobile Mental Health Program. The Association of Washington Cities grant ex-

pands the Mobile Mental Health Program to include residential detox and treatment with the Alternative Response Team grant funding. And in April City Staff submitted a grant application to Representative Suzan DelBene's FY23 Community Projects to fund the Mobile Mental Health program for four years.

In May the City of Monroe received notice that the application for Federal funding had made it through the first round and would be moving on to the House Appropriations Committee for consideration. These funds were awarded to the City of Monroe in December of 2022.

GRANT SUPPORTS MENTAL HEALTH & SUBSTANCE ABUSE ASSISTANCE

The City of Monroe was selected as one of fourteen applicants statewide to receive funding to support alternative response team programs. The City in collaboration with the City of Sultan, [Volunteers of America Western Washington](#) (VOA) and [The EvergreenHealth Recovery Center](#) was pleased to received a \$200,000 grant to sustain the cities' investment in alternative response services.

As a part of this collaboration, VOA will launch a mobile mental health program out of the Sky Valley Resource Center located in Sultan. This will be a resource for first responders to assist individuals experiencing acute mental or behavioral health crisis that require the immediate co-response of first responder team intervention with social service resources. Currently, calling for a Snohomish County mental health, Designated Crisis Responder (DCR) involves long wait times to support first responders working with an individual in crisis. The goal is to reduce this wait time and get people experiencing an acute mental health crisis the help they need immediately.

A portion of the grant will go to help people with substance use disorders access quality treatment programs. As I've mentioned in recent editions of [Monroe This Week](#), the EvergreenHealth Recovery Center has been piloting a program using City funding through the American Rescue Plan that allows uninsured Sky Valley community members to receive high-quality care as part of a scholarship bed program. This program provides crucial detox and residential treatment for uninsured or under-insured community members who would otherwise be unable to access services. For more information about these services and the grant award from the Association of Washington Cities, click [here](#) or contact Rachel Adams, Human Services Coordinator, at RAdams@monroewa.gov or **360-863-4610**.



MOBILE MENTAL HEALTH SERVICES EXPAND THROUGH FEDERAL FUNDING

I am thankful for our partnerships and funding at both the federal and state levels that will help us deliver much-needed, proactive support to residents who are in need and who struggle with chemical dependency and mental and behavioral health in our community. Working together, we will help people toward better wellness and stability. As I've mentioned in recent editions of *Monroe This Week*, the City has been working hard in collaboration with the City of Sultan, [Volunteers of America Western Washington](#) (VOA), and many other community resources to sustain and bolster our investment in alternative response services. The Mobile Mental Health project we have been working on has recently been awarded an additional four years of federal funding (\$481,000) from Congresswoman Suzan DelBene's FY23 Community Project Funding.

This will be a resource for first responders to assist individuals experiencing acute mental or behavioral health crisis that require the immediate co-response of first responder team intervention with social service resources. Currently, calling for a Snohomish County mental health, Designated Crisis Responder (DCR) involves long wait times to support first responders working with an individual in crisis. The goal is to reduce this wait time and get people experiencing an acute mental health crisis the help they need immediately. The support we have received is valuable for program participants, their families, and our community. For more information about these services, please click [here](#) or contact Rachel Adams, Human Services Coordinator, at RAdams@monroewa.gov or **360-863-4610**.



Article from The Mayor's Newsletter Monroe This Week

Appendix 9

Community Court

The Monroe Municipal Court has received a grant to become a Therapeutic Court which is a type of Community Court.

Community Court is a collaborative, problem solving and community focused approach to respond to low-level quality of life crimes. It is a departure or alternative approach to justice whereby the court seeks to provide social services to individuals, reduce crime, and save taxpayer money.

Community Court seeks to connect individuals with community resources to address each individual's need in a pre-trial setting, closer in time to when the crime was committed. The probation counselor, acting as the program coordinator, assists each individual in obtaining appropriate services. There are regular check-ins with Community Court participants and the Community Court team. Graduates of the program avoid a criminal conviction and avoid incarceration or receive a reduced sentence. This is an incentive to enter the program and complete it. Should the individual fail to complete Community Court, the individual will return to the traditional criminal track.

The Community Court model offers alternatives to incarceration that hold individuals accountable while also offering them help with the problems that often underlie criminal behavior. This will require swift access to human services and community resources. A critical component of the Community Court is to create a "one-stop-shop" for service-based needs rather than requiring an individual to make appointments and transportation arrangements at a number of different service providers throughout the area. This "one-stop-shop" is a Community Resource Center. The Resource Center is available not only to Community Court participants, but anyone who walks in off the street. City Staff and service providers met with Court Administrator Pam Hailey to set up the Virtual Resource Center.

Appendix 10

Community Human Services Advisory Board Recommendations

At the March 3, 2022, CHSAB meeting the board heard from Ms. Alessandra Durham of the Snohomish County Executive Office, and Mary Jane Brell-Vujovic of Snohomish County Human Services. Ms. Durham shared information about the HART report and Ms. Brell-Vujovic shared information on the proposed HB1590 Business Plan. Following the presentation board members formed an ad hoc committee with City Staff to craft a set of recommendations to the Monroe City Council which were shared during the City Administrator's Report. The recommendations included:

- Language requiring geographically fair and equitable distributions of funds across the County. The HB 1590 Business Plan is missing any reference to equitable distribution of funds. We would like to see that added into the HB1590 Business Plan. This will ensure that communities throughout the county are provided an opportunity to utilize HB 1590 to help keep their local communities intact and healthy. For example, local supportive housing and services will enable vulnerable
- people to maintain important connections to their churches, schools, friends and families, instead of being displaced to geographically distant supportive housing.
- Education for housing developers to expand their horizon to include opportunities for development in East County. Currently, Developers face extra hurdles when working outside of the I-5 corridor, such as coordinating with multiple jurisdictions, and many developers are unfamiliar with East and North County. Educational programs, such as a Development Consortium, would remove informational barriers for developers, as well as detail community demographics and needs. This would support the equitable distribution of resources across the county.
- Extra emphasis on fair housing as it relates to diversity, equity and inclusion, including for those with disabilities. This includes outreach and assistance in multiple languages, and efforts for integrating affordable housing with the surrounding communities.
- A schedule to revisit and review the business plan in five years.

The CHSAB also expressed interest in the following priorities being included in the City Strategic Priorities and Five-Year Plan:

- Providing public restrooms in the downtown area.
- Setting aside 20% of multifamily housing units being constructed on city owned property as affordable housing.

- Staff Training that incorporates Diversity Equity and Inclusion (DEI) and Trauma Informed Care (TIC).
- Investing in a One-Stop Shop with our local partners.
- Regular financial support to our Family Support Center.
- The Human Services Coordinator becoming a City of Monroe full time employee position.

Community Land Trust Forum

CHSAB Chair Harrigan partnered with Kim Toskey, of Homes and Hope, to create a community forum sharing the information about Community

Land Trusts. Five people, including Mayor Thomas, attended.

**Sky Valley
Community Forum**

Community Land Trust Housing

Join the discussion regarding the housing crisis and the role of the CLT here in Monroe and Sky Valley!

Kim Toskey

Featuring award winning CLT leader Kim Toskey of Homes and Hope Community Land Trust

**February 23rd at
5:15PM (via ZOOM)**

Facebook Advertisement for the Community Land Trust Forum



Monroe this Week Stories



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Monroe the Week Stories about ARP Awards

ARP Funds Will Support Local Partners May 27, 2022 • Volume 8/Edition 21

Last week, Take the Next Step (TTNS) had an awesome turnout for their informational night on the upcoming series of classes they will be providing to help local Spanish-speakers start their own small businesses. These classes are led by TTNS's partner Ventures, a Seattle-based nonprofit, which specializes in precisely this! Attendees of the classes will learn the ins and outs of turning their idea or skill into a real business. After completing the program, graduates will

have the opportunity to apply for start up capital.

The City is excited for this program and our residents to have the opportunity to recover from the negative effects of the pandemic by finding new ways to support their families. Funds for this project were provided through our American Rescue Plan Act (ARP)



ARP Funds Support Youth Health And Fitness June 10, 2022 • Volume 8/ Edition 23

In recent editions of Monroe This Week, I've shared information about the application process for and allowed uses of American Rescue Plan Act (ARP) funds made available by the City. I'd like to share this story, from the staff of Take the Next Step, of how an ARP award is supporting the mental and physical health and fitness of youth in our community.

Take the Next Step received funds to support mental health services for Monroe School District students, and

to provide scholarships for local youth to participate in sports programs. To date, fourteen students have been referred to free mental health programs through the School District, and Take the Next Step's Mental Health Counselor is collaborating with the School District on ways to provide more group therapy opportunities for students. Two students have also utilized sports scholarships so far. Being active and positively engaging with peers is another fantastic way to support mental health and build community. More scholarships are anticipated to be utilized later this fall.

Thank you to Take the Next Step for applying for, and administering these important programs! I will share further stories of how ARP funds are impacting our community in future editions of Monroe This Week.

[ARP Funds Support Family Services To Those With July 15, 2022 · Volume 8/ Edition 28](#)

Miracles and Memories Academy is a family service center that provides respite care to individuals with disabilities. They also offer support groups for moms with special needs children, and Individualized Educational Planning (IEP) support for families that need help navigating the school district process.

The City of Monroe was recently able to fulfill a portion of Miracles and Memories' request for funds in round one of ARP applications. They had applied for funds to expand services

[ARP Funds Support Uninsured & Underinsured Residents July 29, 2022 · Volume 8/ Edition 30](#)

In recent editions of Monroe This Week, I've shared information about the application process for and allowed uses of American Rescue Plan

and add before and after school childcare. Executive Director Tinna Pamanian shared that the funds they were awarded have made all the difference in being able to continue to serve their clients over the past six months. Clients and family members have shared with us at the City how much they value the services and programs provided by Miracles and Memories Academy.

The City of Monroe is grateful of the work of Miracles and Memories Academy to include individuals with disabilities and their families in our community in a meaningful way. I will share further stories of how ARP funds are impacting our community in future editions of Monroe This Week.



Act (ARP) funds made available by the City. I'd like to share this story, from the staff of the Recovery Center at EvergreenHealth Monroe, of how an ARP award is supporting the mental and physical health of uninsured and underinsured patients recovering from drug and alcohol addiction.

The EvergreenHealth Recovery Center was awarded \$66,000 to implement a scholarship bed program for Monroe residents experiencing insurance problems. In addition to providing structure, education support, and aftercare planning, the program is also providing critical needs such as housing, nutritious meals, clothes and hygiene, safety, and access to healthcare coverage, medications, and follow-up appointments scheduled for ongoing physical and mental health needs. The program is producing successful graduates who might not have had the opportunity to seek treatment otherwise. One such graduate is a 28-year-old male with Opioid (Fentanyl and Heroin) and Methamphetamine Use Disorders. This patient was referred to the program by the Monroe Police Department Community Outreach Team. He was homeless and unemployed, and reported that his last physical was in high school, approximately 10

ARP Funds Support Uninsured and Underinsured August 19, 2022, • Volume 8/Edition 33

In a recent edition of Monroe this Week, there was a highlight about the Evergreen Recovery Center's Scholarship Bed Program. This program was created through the first round of awards of the City's ARP funding. This week, I'd like to share another story of

years ago. His primary motivation for recovery was to be sober and stable for his daughter, sharing that he didn't care enough about himself to get sober and lacked connection to any other sober support. While engaged in the program he was stabilized, obtained housing, connected with a 12-step community, and obtained a sponsor. His treatment recommendations are for ongoing addiction, physical and mental health treatment. He was discharged to Catholic Community Services for intensive outpatient treatment, Compass Health for mental health services, and Ideal Options for ongoing medical management. Thank you to the Recovery Center for applying for, and administering these important programs. I will continue to share stories of how ARP funds are impacting our community in future editions of Monroe This Week.

this program, featuring a 21-year-old female with opioid and cannabis use disorders.

This patient was referred to the program by the Monroe Police Department's Community Outreach Team. She was homeless, unemployed, out of compliance with her mental health medications, and lacked a current primary care physician.

Her main motivation for recovery was safety issues related to poor mental health, trauma experienced while homeless, and she stated that she just wanted to be in control of her emotions and learn more about life. Her trauma history includes physical, sexual, and emotional abuse as an adult. She identifies a history of suicidal ideations, self-harm, isolation, anger, family discord, low self-esteem, anxiety, and bipolar and schizoaffective disorders; she also lacked connection to sober support. While engaged in the program, she was able to stabilize back onto her mental health medications, obtained sober housing in

[ARP Funds Support the Recovery of Residents September 2, 2022, • Volume 8/Edition 35](#)

In a recent edition of Monroe this Week, there was a highlight about the Evergreen Recovery Center's Scholarship Bed Program. This program was created through the first round of awards of the City's ARP funding. This week, I'd like to share another story of this program, featuring a 26-year-old male with opioid and methamphetamine use disorders.

The patient was referred to the Recovery Center by the Monroe Police Department's Community Outreach Team. He was homeless and his pri-

mary motivation to be sober was to avoid legal issues, stay out of trouble, and be reunited with his girlfriend and baby. At first, he didn't want to get out of bed and didn't really want to be there. He is currently completing his time at the Recovery Center as a model patient who is helping others. He talks about how much better he feels and how he has hope again. He is connecting with a sponsor and has aftercare set up for intensive outpatient treatment with SeaMar and Ideal Options for ongoing medical management. He will be discharged to his girlfriend and child now that he is clean and sober.



ARP Funds Support Senior Residents
September 30, 2022 • Volume 8/
Edition 39

In recent editions of Monroe This Week, I've shared information about American Rescue Plan Act (ARP) funds and how the City is partnering with local organizations to respond to needs in the community created by the COVID-19 pandemic. I'd like to share this story, from the staff of the Monroe Community Senior Center, of how an ARP award is supporting the mental health of senior residents in our community.

The Senior Center has received \$8,400 in total for this program over both rounds of ARP fund distribution. The funding was designated to create free mental health services for seniors aged 60 and older, including members and non-members of the Senior Center. To date, eighteen seniors have utilized this program since it began in

ARP Funds Support Local Veterans Oc-
tober 28, 2022 • Volume 8/Edition 43

In recent editions of *Monroe This Week*, I've shared information about the American Rescue Plan Act funding, and how the City is partnering with lo-

cal organizations to respond to needs in the community created by the COVID-19 pandemic. This week, I would like to highlight an organization that was awarded funds to implement a program offering unique support services to our Monroe veterans.

March. The program has been completely booked and is scheduled out months in advance. They are partnering with Steve Harper, LMFT of Monroe Counseling. Mr. Harper believes this program gives seniors a chance to feel seen and heard where they often feel invisible. It is helping them integrate back into the community and provides useful perspectives as they navigate this phase of their lives.

The Monroe Community Senior Center is committed to promoting the physical, mental, and emotional health of our community's seniors. Thank you to the Senior Center for applying for and utilizing these funds to administer this important program. I will share further stories of how ARP funds are impacting our community in future editions of Monroe This Week.



The Scooter's Place Veterans Program was awarded \$100,000 to support our local veterans and their unique needs. Scooter's Place is a 55-acre facility located just outside the Monroe city limits. The atmosphere there is extraordinarily serene. Executive Director Jeanine Judkins shared that at Scooter's Place they take care of people and horses with special needs. They also strive to be a peaceful escape for the whole family.

Jeanine shared a story about a young man in the Army. He found Scooter's Place and it has helped him reacclimate after trainings and decompress. As he continues trainings and deployments, he also continues to use Scooter's Place to help him transition between service periods and civilian life. The Veterans program is one day a week, with lots of contacts in between to help support clients remaining en-

[ARP Funds Support Childcare Programs November 18, 2022 · Volume 8/Edition 46](#)

In recent editions of *Monroe This Week*, I've shared information about the American Rescue Plan Act funding, and how the City is partnering with local organizations to respond to needs in the community created by the COVID-19 pandemic. This week, I would like to highlight how ARP funds

gaged. The program also offers outlets for veterans to serve together by doing special maintenance projects at the facility.

Thank you, Scooter's Place, for applying for and utilizing these funds to administer this important program. I will continue to share stories of how ARP funds are impacting our community in future issues of *Monroe This Week*.



have supported summer camp programs at the Monroe YMCA. The YMCA received funds to support their Ready, Set, Go and Mini Camp programs this summer. They were able to provide 23 scholarships to campers to engage in hands-on learning and exploration activities through art, STEM, group games, stories and songs.

Campers had the opportunity to build skills to help them be ready for entering grade school in the fall along with working on social and emotional learning development to be able to verbalize their feelings and frustrations in different situations. Great friendships amongst campers and lasting connections with staff were built through these summer camps. The childcare workforce took a big hit during the pandemic. The funds also helped the YMCA with overall retention and recruitment of staff which is important for the kids to feel comfortable in a new environment.

Thank you, Monroe YMCA, for applying for and utilizing these funds to administer these important programs. I will continue to share stories of how ARP funds are impacting our community in future issues of *Monroe This Week*.





WeAreMonroeWA



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