

# Human Services Work Report April and May 2022



### **Policy, Budget & Public Safety:**

#### **Community Human Services Advisory Board (CHSAB)**

April 7, 2022

At the April 7, 2022, CHSAB meeting the board heard from Mr. Joe Neigel of the Community Coalition and Monroe School District Prevention Team about Adverse Childhood Experiences (ACES) and Trauma Informed Care (TIC) best practices. The ACES survey is a 10-question Questionnaire that has to do with abuse, neglect and household disfunction. The survey originated in the 1980/90's.

Understanding trauma is important because an individual who has been exposed to chronic trauma can present as constantly being on edge, symptoms of ADHD, trouble identifying feelings, early onset of sexual behaviors or risk-taking behaviors, difficulty with transitions, running away, or expulsions from school. Trauma also impacts self-concept shame guilt and perception. People exposed to trauma are more likely to disassociate. People who have experienced trauma may also have a hard time with boundaries. ACES lead to the ten most leading causes of death in the United States. Much of what we identify as problem behaviors are actually serving a function as a maladaptive behavior.

At the meeting Mr. Neigel offered to partner with the CHSAB a community forum on ACES and TIC.

#### April 21, 2022

At the April 21, 2022, meeting the CHSAB heard from St. Vincent de Paul (SVDP) Society Executive Director of the North Sound Council Ms. Inga Paige. Ms. Paige shared with the board about how the Conferences and Council's work together in the organization and the services that SVDP offers to the community. Ms. Paige also shared about the Monroe Resource Center space located next to the Monroe thrifts store and her efforts to bring in a calendar of rotating services for the community. This conversation sparked Board Member's Lynsey Gagnon and Sarah Lunstrum to offer to connect with Ms. Paige and revisit the One Stop Shop project. An initial meeting was planned but then put on hold with the hopes of bringing on board a Resource Center Director to participate in planning.

Ms. Knight also shared the City of Monroe 2023 Strategic Priorities and Five-Year Strategic Plan. The board gave some initial feedback that will be brought back and prioritized by the board at the next meeting.

#### May 5, 2022

At the May 5, 2022, CHSAB meeting the board heard from Ms. Jane Pak and Mr. Adam Wicks-Arshack from Snohomish County Legal Services (SCLS). SCLS is a non-profit legal aid organization providing assistance free of charge to low-income individuals and families regardless of legal status. SCLS works with several community partners to help navigate resources for those in need and also provides housing services through the Housing Justice Project.







Ms. Knight revisited the Strategic Priorities from the previous meeting and gave an overview and refresher.

The CHSAB expressed interest in the following priorities being included in the City Strategic Priorities and Five-Year Plan:

- Providing public restrooms in the downtown area.
- Setting aside 20% of multifamily housing units being constructed on city owned property as affordable housing.
- Staff Training that incorporates Diversity Equity and Inclusion (DEI) and Trauma Informed Care (TIC).
- Investing in a One-Stop Shop with our local partners.
- Regular financial support to our Family Support Center.
- The Human Services Coordinator becoming a City of Monroe full time employee position.

#### May 19, 2022

At the May 19, 2022, CHSAB meeting the board heard from Mr. Eric Britt of the EvergreenHealth Monroe Recovery Center and their services. Mr. Britt also shared about partnering with the City through the first round of American Rescue Plan funding. This partnership has created a program to provide scholarship beds for detox and inpatient treatment for Monroe residents who are uninsured.

#### **Investing in Human Services**

#### American Rescue Plan (ARP)

The second round of American Rescue Plan (ARP) grant applications have been received. CHSAB Board Members James Harrigan, Paul Stayback and Marci Scott-Weis have volunteered to be part of the three committees reviewing applications and recommending awards based on the evaluation criteria.

#### 2022 Human Services Awards

The application period to the CHSAB 2022 Human Services Awards has now closed. These Human Services Awards will distribute the budgeted \$100,000.00 that was set aside for the implementation of the priorities from the 2021 Community Needs Assessment. The priorities are to:

- Increase affordable housing.
- Increase mental and behavioral health services.
- Increase disability services.

The volunteer board members reviewing the ARP round 2 applications will be joined by Aisha Sial to evaluate the applications that the City received based on the preestablished criteria.



# Human Services Work Report April and May 2022



## **Prevention, Housing, Partners & Support Services:**

#### **EvergreenHealth Recovery - Scholarship Beds**

EvergreenHealth Recovery received \$66,000.00 from the first round of City of Monroe American Rescue Plan funding to provide substance abuse treatment for uninsured and under-insured residents. The ability to provide treatment to those without insurance was an area that was identified in the 2021 Community Needs Assessment as a need in the Sky Valley. Recently EvergreenHealth Recovery Center has had one successful graduate of the scholarship program with a solid after care plan for maintenance. A second client is enrolled in the program currently and making excellent progress according to Recovery Center Director Mr. Eric Britt.

#### **Mobile Mental Health**

In March City Staff collaborated with an inter-jurisdictional work group to apply for funding to initiate a Mobile Mental Health program.

In April, Human Services Coordinator Rachel Adams submitted a FY23 Federal Appropriations Grant to Representative Susan Delbene to fund the Mobile Mental Health program for four years. Community project funding through Substance Abuse and Mental Health Services (SAMHSA) provides resources for substance use and/or mental health services — including prevention, harm reduction, treatment, or recovery support services.

In May the City of Monroe received notice that the application for project funding had made it through the first round and would be moving on to the Federal House Appropriations Committee for consideration.



# Human Services Work Report April and May 2022



# **Local Human Service Events Calendar**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
211 East County Navigator at SVDP		211 East County Navigator at TTNS		211 East County Navigator at SVDP		
	Sky Valley Foodbank 3pm-5pm		Sky Valley Foodbank 9am-11am			
TTNS Outreach Team		TTNS Outreach Team	MPD Outreach Team	TTNS Outreach Team		
		Hot Food Event 12pm-1pm at the Library	Hot Food Event 12pm-1pm at the Library		Hot Food at Foursquare Church 10am	
	Food Share 9:30am at The Library	Food Gleanings 2pm 4pm at The Rock Church	Grocery Distribution at French Creek Manor 2pm4pm	Food Gleanings 4pn 6pm at The Rock Church		
VOA Showers 2pm-6pm		VOAShowers 2pm 6pm				



# Community Human Services Advisory Board

Regular Business Meeting Thursday, April 7, 2022, 6:00 PM Zoom Online Meeting Platform CHAIR
James Harrigan
VOTING MEMBER
Junelle Lewis
Megan Wirsching
Patsy Cudaback
Sarah Lunstrum
Lynsey Gagnon
Tony Balk
Aisha Sial
Marci Scott-Weis
Paul Stayback
MEMBER

#### **MINUTES**

#### 1 CALL TO ORDER

Virtual Participation Information:

The City Council meeting will be held virtually via Zoom Meeting. Due to the COVID-19 pandemic, and <u>Proclamation 20-28.14</u> issued by Governor Jay Inslee, in-person meetings are not being held at this time.

Join Zoom Meeting:

Click here

Dial in: (253) 215-8782Meeting ID: 871 1579 6996

Passcode: 399406

The meeting began with a presentation due to a lack of quorum. The April 7, 2022, Community Human Services Advisory Board (CHSAB) meeting was called to order at 6:06PM by Chair Harrigan. Mr. Tyler Christian facilitated roll call.

#### 2 ROLL CALL

#### Attendees:

**Board Members** 

Tony Balk Sarah Lunstrum

Aisha Sial

Lynsey Gagnon James Harrigan **City of Monroe:** 

Rachel Adams
Tyler Christian
Deborah Knight

Mayor Geoffrey Thomas

Members:

Paul Stayback

**Presenters:** 

Joe Neigel

Absent:

Patsy Cudaback Junelle Lewis Marci Scott-Weis Megan Wirsching

#### **Community Members:**

Rick Chatterton

#### 3 PUBLIC COMMENTS

(This time is set aside for members of the public to speak to the Community Human Services Advisory Board on any issue related to Human Services. Three minutes will be allowed per speaker.)

#### 4 CONSENT AGENDA

a) Minutes from 3/17/2022

Board Member Balk made the motion to approve the date CHSAB Meeting Minutes. Board Member Lunstrum seconded. Motion carried: 5/0

#### 5 ANNOUNCEMENTS/PRESENTATIONS

a) Trauma Informed Care Overview - Joe Neigel

Mr. Neigel introduced the topic of ACES as a high-level overview. The goal is to make sure that there is a common understanding on trauma and its effects.

ACES survey originated in the 1980 and 1990's as a result of a successful diet and nutrition program. People who had been successful dropped out of the program and regained all the weight. In efforts to find something similar between the patients that had dropped out the researchers also discovered that childhood trauma had significant health impacts later in life. The survey itself became a 10-question questionnaire that had to do with abuse, neglect and household dysfunction.

The study originally was performed on mostly white affluent people. Later when all communities were included results showed that poor, low income, and minorities had a greater exposure to these adverse childhood experiences.

Mr. Neigel led the board through a self-appraisal of their own ACES scores. In Snohomish County 35% of our neighbors indicate a score of zero. One third of the population indicate a score of 4-5 or higher. ACES are strong indicators in terms of school and later in life.

The brain by design prioritizes survival and produces hormones to create the fight, flight or freeze response. The long-term exposure to stress hormones is actually toxic. Stress doesn't always have to be bad. There is also positive stress. Positive stress happens when we encounter a stressful event in the context of a loving supportive family. This supports growth. There is also tolerable stress - consistently stressful environments that are buffered by supportive family. Toxic stress is when stress happens without a release of the stress producing hormones in an environment without support.

Trauma can look like constantly being on edge, symptoms of ADHD, trouble identifying feelings, early onset of sexual behaviors or risk-taking behaviors, difficulty with transitions, running away, expulsions from school. Trauma also impacts self-concept shame guilt and perception. People exposed to trauma are more likely to disassociate. People who have experienced trauma may also have a hard time with boundaries. ACES lead to the ten most leading causes of death in the United States. Much of what we identify as problem behaviors are actually serving a function as a maladaptive behavior.

Childhood experiences are the most powerful determinates of who we become as adults. Researchers concluded that exposure to a score of 6 reduced life expectancy by two decades.

Mr. Neigel shared a slide with several strategies for addressing trauma as a community and an organization. One program he focused on was kernels. One of the ways to help clients is to self-manage our own emotions. Play is also an effective way to manage stress and trauma. Noncontingent Positive Reinforcement - positive feedback is also a powerful tool for installing positive behavior. Notes of praise written or read and posted in a public place is also a very powerful community building tool.

Member Stayback verified that the survey was taken over the phone for Snohomish County. Mr. Stayback then asked if there was any effort to utilize these surveys in schools. Mr. Neigel replied that a great way to behave as if everyone has trauma and be supportive.

Board Member Lunstrum validated the response and shared that yes she sees it all the time.

Board Member Balk shared his gratitude for the work that Mr. Neigel is doing and that it is very important work. Housing Hope is one of the only organizations with a childcare facility licensed to deal with trauma. Mr. Neigel shared that he just gave a presentation to Housing Hope and offered to give a community presentation on trauma for free as part of his work with the Community Coalition and his personal mission.

Board Member Lunstrum mentioned that even with training there are always some people who don't take the training seriously.

Mayor Geoffrey Thomas asked if this presentation has been given to the Monroe school district. Mr. Neigel shared this has given this presentation and uses it as part of onboarding training for new people. Mayor Thomas offered that with a greater impact on BIPOC community members it is important to share the importance of inclusivity.

Ms. Knight followed up on the offer to host a community forum and shared that it would be something that the CHSAB could host and invite members of the community to participate.

At 7:00pm Chair Harrigan returned to roll call.

#### 6 NEW BUSINESS

a) Snohomish County ARPA Coronavirus Local Fiscal Recovery Fund
 Project Proposal – Shelter and Behavioral Health Partnership Program (Round
 2) - Deborah Knight

Ms. Knight shared that Snohomish County like the City of Monroe received ARPA dollars and are distributing that funding through a grant funding process. This second round of County Funding is focused on Shelter and Mental Health. What they are offering is a \$250,000 award with a dollar-for-dollar match. The City can use its own ARPA dollars as a match.

If the City accepts this funding the City then becomes a subrecipient. The other option would be to have the County contract directly with the recipient but they will only do that with agencies that already have current contracts with the County.

The turn around time between the City's application and the County application is very short.

Ms. Adams shared that she verified that the County's current contracts covered contracts in this program not other County human services programs and that currently VOA was the only agency that was mentioned in the list of local agencies.

Boardmember Lunstrum shared that TTNS is currently contracted with the County but perhaps not in this specific program.

Boardmember Balk asked how much money the City was expecting in the second round of ARPA and asked how burdensome the paperwork. Mr. Balks

Community Human Services Advisory Board April 7, 2022 recommendation was to go after some of the matching grant. Ms. Knight shared that the match would not obligate the whole amount of City ARP funds and that she would have to check in with finance on the actual paperwork burden on being a subrecipient.

Member Stayback asked if the money was one time funding. Ms. Knight shared that this was not a source of ongoing funding.

Boardmember Lunstrum mentioned that TTNS is providing mental health services and is working with the school district.

Boardmember Balk asked what happens if we don't find applications to use these funds with. Ms. Knight shared that it would just go back into the County's pot of funding if we couldn't use it.

Ms. Knight shared that she was hearing that the board is interested in submitting an application. If we are going to get our applications on the 15th we can share that out with a subgroup of CHSAB members to get their recommendations on it. Ms. Knight also shared that the other option that was open to us was that we could go back to round one and use the money as gap funding.

Member Stayback asked if we could go back and ask for updates from the first round applicants and if they could still use the funds or if they had already found funding for their project.

Chair Harrigan asked if there were any members that would be interested in being part of the Ad-Hoc group.

Boardmember Aisha asked if Housing Hope's work was in the scope of this grant funding.

Ms. Knight suggested that the group that volunteered to review applications would also take a look at these as our Ad-Hoc group.

Boardmember Aisha offered tentatively to consider volunteering. Chair Harrigan offered to follow up and talk offline.

Member Stayback also volunteered to be a part of the Ah Hoc review group.

#### 7 BOARDMEMBER REPORTS

Board Member Lunstrum asked to be introduced to Paul. Member Stayback introduced himself and shared his experience.

Board Member Balk shared that he was thinking about Joe's presentation and that it might be useful to have an Ad Hoc committee to consider creating an event. Chair Harrigan expressed his interest and support on that also.

Board Member Sial shared that there are Ramadan gathers every Saturday at the Mosque and offered to share information if anyone wanted it. Ms. Sial also offered to perhaps host the community forum that Joe was offering at the Mosque.

Board Member Staybalk asked if there was an update in status of having in person meetings. Ms. Knight shared that yes discussions are going and they are currently working to finetune hybrid meetings. The goal is to bring boards and commissions back to in person meetings in late April or early May. That timeline may also be moved up.

Chair Pro-tem Gagnon shared that she was really encouraged that we have a school district that is a leader in this work and training with a Community Coalition, Prevention Department, and that kind of support. VOA also launched a thrift store in downtown Sultan.

#### 8 STAFF/DEPARTMENT REPORTS

a) Diversity, Equity, and Inclusion - Tyler Christian

This item is being deferred due to lack of time.

b) Letter regarding HART and the HB1590 Business Plan - Rachel Adams

Ms. Adams shared that the Monroe City Council wrote a letter that went to Executive Sommers and Sam Low. The letter included the boards priorities and recommendations on the HB1590 business plan.

#### 9 ADJOURNMENT

Majority vote to extend past 8:00 p.m. Next Meeting *April 21, 2022* at 6:00 p.m.

At 7:53PM Board Member Balk made the motion to adjourn. Board Member Sial seconded. Motion carried: 5/0.



# Community Human Services Advisory Board

Regular Business Meeting Thursday, April 21, 2022, 6:00 PM Zoom Online Meeting Platform

#### **MINUTES**

CHAIR
James Harrigan
VOTING MEMBER
Junelle Lewis
Megan Wirsching
Patsy Cudaback
Sarah Lunstrum
Lynsey Gagnon
Tony Balk
Aisha Sial
Paul Stayback
Marci Scott-Weis
MEMBER

#### 1 CALL TO ORDER

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The April 21, 2022, Community Human Services Advisory Board (CHSAB) meeting was called to order at 6:03PM by Chair Harrigan. Chair Harrigan facilitated roll call.

#### 2 ROLL CALL

# Attendees: Board Members Tony Balk Patsy Cudaback Lynsey Gagnon arrived at 6:06pm James Harrigan City of Monroe: Rachel Adams Tyler Christian Deborah Knight Aisha Sial Paul Stayback arrived at 6:18pm

Members:	Presenters:
	Inga Paige

Absent:

Junelle Lewis Megan Wirsching

#### **Community Members:**

#### 3 PUBLIC COMMENTS

(This time is set aside for members of the public to speak to the Community Human Services Advisory Board on any issue related to Human Services. Three minutes will be allowed per speaker.)

#### 4 CONSENT AGENDA

a) Minutes from 4/7/22

Board Member Balk made the motion to approve the date CHSAB Meeting Minutes. Board Member Lunstrum seconded. Motion carried: 7/0

#### 5 ANNOUNCEMENTS/PRESENTATIONS

a) St. Vincent De Paul Monroe Resource Center Services - Inga Paige

Ms. Paige shared the organization mission as a Catholic lay organization. Ms. Paige is the Executive Director of the North Sound Council.

At the Conference and the Council level St Vincent de Paul (SVDP) provides rental assistance, food and clothing, tents and beds for low-income clients. The Conference level is the local level and the Council level is a more regional level that can fill in assistance and support the Conferences.

In Monroe the Resource Center is hosting VOA, SNoCo Futures, The Village Mentorship Program, and the VFW meets there once a week also.

Board Member Cudaback asked for a clarification between Council and Conference. Ms. Paige explained that the Conference is based on the local Catholic Church and the Council is there to support the Conferences. The way SVDP likes to operate is by using personal touch and going out to meet people where they are at. In Snohomish County SVDP has two thrift stores one in Monroe and one in Everett.

Board Member Scott-Weis asked about the one-stop-shop. Ms. Paige explained the location of the resource center and that it was originally run by work source. They are currently building the resources that are housed up there. Ms. Scott-Weis asked about the timeline. Ms. Paige shared that they had been working on that for two years currently.

Board Member Stayback asked about the timeline and vision of the one stop shop. Ms. Paige shared that they are currently trying to figure out the types of services that are needed up there and a good schedule and rotation.

Board Member Sial asked if it was okay to come and visit. Ms. Paige shared that it would be fine to come and visit Monday, Wednesday, and Friday from 9am-2pm. Ms. Sial shared her vision of a one stop shop included somewhere where people could come in get a snack, use the phone or a computer, and have access to a restroom. Ms. Paige shared that yes that could all be part of it!

Board Member Lunstrum shared that what was being shared sounded more like a day center. Ms. Paige clarified that more of a drop in center for services but not staying as a hang out.

Board Member Gagnon shared that day center services were a big gap and would love to chat with her more about that and thanked her for opening up the restrooms. Ms. Gagnon then asked if there was any update on the safe parking program. Ms. Paige shared that the space is up and ready to go but they are just waiting on the final steps of the permitting process.

Board Member Stayback asked if there were regular recurring case managers at the center and if there was any thought of putting in any counseling services. Ms. Paige shared that her vision involved Catholic Community Services for case management. The counseling services were a little bit tricky due to not having walls to the celling in the cubical. Mr. Staback asked if the County sent people out to the resource center. Ms. Paige shared that the 211 Coordinated Entry System Navigator was there on a regular basis.

Board Member Lunstrum shared that some of the things that were being talked about were things that Next Step was already working on and she would love to work on it more. Ms. Paige agreed that that would be great!

Ms. Paige shared that they are hoping to hire a center manager to get momentum and get things up and going.

Chair Harrigan asked about funding and how the organization was doing. Ms. Paige shared that they are in a good place with thrift store, Conferences, and State and Federal grants.

Board Member Scott-Weis asked about DEI and how that is incorporated. Ms. Paige shared that their board is very small but that she would like to see more diversity on the board.

Board Member Sial asked if there was any way that the CHSAB could help encourage the teamwork between what Inga is doing and TTNS. Can CHSAB help that coordination? Ms. Sial also asked if there could be updated given on the Safe Parking permitting process is going.

Ms. Knight shared that City Staff could give updates on Safe Parking during the staff updates. The main method for encouraging collaboration has been through grant funding. The other way we are encouraging collaboration is to host a regular monthly meeting.

Board Member Gagnon shared that it would be great to pick up that conversation and revisit that.

Ms. Adams offered to schedule an initial small meeting with Inga, Lynsey and Sarah to reopen that conversation.

#### 6 NEW BUSINESS

a) 2023 Strategic Priorities and 2023-2027 Strategic Plan - Deborah Knight

The Strategic Priorities and the 5-Year Plan coming to the board tonight are organized around the new Vision Statement. Ms. Knight shared a little bit about the types of long-range projects in each category the category that this board is most interested in is probably the ensure a safe place. We take the Strategic Plan and then create the 5-Year Plan with how to implement the projects.

So this is the place then for us to take a look at the needs assessment and create a long range plan. The Council is also moving to a biannual budget in 2023. Which is good because it sometimes takes multiple years to accomplish these projects.

Ms. Knight offered to take questions and suggestions to get the conversation started.

Board Member Sial shared her interest in public restrooms available for everyone and shared that it is an environmental concern to consider. Perhaps expanding the current availability of park restrooms and a space for public restrooms downtown.

Board Member Balk shared a history of the bathrooms in the City of Monroe. At one time there was a contract with the Chamber of Commerce to have a public restroom. Mr. Balk continued that the housing action plan recommendations that this board made would be his main priority. Ms. Knight shared that the comprehensive plan update would also be a place to recommend the boards priorities. Mr. Balk went on to share that the item about selling the North Kelsey Property should also note that the board making a recommendation city owned land should include the 20% set aside for affordable housing.

Ms. Knight shared that it would be best to take all the suggestions to incorporate into the next presentation. Also send these items with specificity to Rachel.

Board Member Stayback observed that the headings on the former plan seemed more structural and user friendly. Mr. Stayback shared that bathrooms seemed like a down stream issue and maybe we should look at reducing homelessness. Ms. Knight shared that yes it is a balance of root cause and symptoms. Mr. Stayback asked about coordination with other boards to make a more holistic approach. Ms. Knight shared that the Planning Commission is responsible for land use planning. There is also a Parks Board and an Economic Advisory Board then we also do have a Public Safety Commission. This Board is kind of the overlap between social justice and social services.

Board Member Cudaback shared that looking at the friendly and responsive column it would be helpful to have more definitions. If its staff then it could be more about how were promoting that within the staff. What about the human element? How are we making City Staff more accessible? It might be worth having training around TIC. On the strengthen local connections and some of the topics of the old plan. How are we creating and strengthen those connection and culture. DEI should also go under strengthen connection instead of ensure safety. Ms. Knight shared a couple of thoughts in response to feedback Police has extensive TIC training but we haven't implemented TIC training for staff.

Board Member Gagnon shared that she is really in favor of Tonys comments. Ms. Gagnon shared that TTNS services check a lot of these boxes and having regular support would be revolutionary for them.

Board Member Scott-Weis amplified what Lynsey shared and supported what Tony shared. Ms. Scott-Weis also observed that this is a lot of work. Ms. Knight shared that the process of identifying the resources is helpful in the process of prioritization. Ms. Knight shared that if you want to get something done you have to have a study and then you have to get it on to the 5-Year Plan. As far as the measurement and transparency process is really around the budget and every year at the staff level we take the priorities and then staff creates a work plan around the priorities and Council approves them. Ms. Scott-Weis shared that there is something really useful about having a scorecard.

Board Member Lunstrum shared a thank you to Lynsey for her kind words. Ms. Lunstrum shared that DEI also fits under a safe place. Ms. Lunstrum also shared that she wanted to make a note on Community Court and how great it would be to have that be part of the One-Stop-Shop.

Board Member Stayback asked about partnership with the Masons and the VFW. Ms. Knight shared that we do partner with those organizations. Mr. Stayback shared that it would be good to build those relationships as part of the Strategic Plan.

Board Member Sial asked to make a recommendation for a FTE Coordinator position for the City of Monroe for Human Services. Ms. Knight shared that yes this is where you should make that recommendation. Ms. Sial shared that that is something that has been with her for a long time and she feels there really should be a FTE Human Services Coordinator position. Tony's ideas are really great but that when we write the definition of what is affordable that it should include really low income. Ms. Sial shared that she was also impressed by what Patsy was saying in the DEI and community connections. Ms. Sial also supported funding for TTNS. Having a Community Court be designed that incorporated a One-Stop-Shop.

Chair Harrigan shared that the Community Outreach Coordinator Position is Rachel Adams and creating a position for a FTE instead of a Contract position would be something to recommend. It would also fit into friendly and responsive. The housing action and the family resource center seems to be unanimous also.

Next steps would be if there is any follow up on specific topics to email Rachel and then we can bring those back and start to prioritize that list.

#### 7 BOARDMEMBER REPORTS

Board Member Stayback asked if there was a way to get information on who the committee is. Ms. Knight shared that if Board Members are interested in posting that on the website we can certainly do that and if the board wants to do ice breakers again we could consider that.

Board Member Balk asked about the hybrid meeting timeline. Ms. Knight shared that at this point we are looking at the end of May.

At 8:00PM Board Member Gagnon made the motion to extend the meeting for 5 minutes. Board Member Balk seconded. Motion carried: 7/0.

#### 8 STAFF/DEPARTMENT REPORTS

a) The City received 53 applications, and staff is currently reviewing each application for eligibility of use. We anticipate distributing the applications to the review committees next Monday, April 25, and the committees will have until May 20 to complete individual reviews. After May 20, meetings will be scheduled for each committee to finalize their funding amount recommendations.

#### 9 ADJOURNMENT

Majority vote to extend past 8:00 p.m. Next Meeting *May 5, 2022* at 6:00 p.m.

At 8:04PM Board Member Sial made the motion to adjourn. Board Member Balk seconded. Motion carried: 7/0.

# **2022 HPAC Recommendations Action Plan – Gantt Map Chart**

	January 2022	February 2022	March 2022	April 2022	May 2022	June 2022	July 2022	August 2022	September 2022	October 2022	November 2022	December 2022
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(X = Started O = Not Started)

A. Housing									
			1	T			1		
Emergency Shelter and Transitional Housing (Crisis Housing, Rapid	X	X	X	X	X				
Rehousing and Permanent Supportive Housing) – <i>City Strategic Plan</i>									
Support SVDP Safe Parking Project	X	X	X	X	О				
Support HHC Pallet Shelter Project	X	X	X	X	X				
Explore Emergency Shelter Options	X	X	X						
Explore Home Share/Group Home Model	X	X	X	X	X				
Explore Hoteling Model	X	X	X	X	X				
Create More Transitional Housing in									
Monroe – City Housing Action Plan									
Encourage Planning for More									
Affordable Housing in Monroe – <i>City</i>	X	X	X	X	X				
Comprehensive Plan									
Provide Rental Assistance Program									
through RFP – HB1406			_						
Work with TAC & CHSAB to									
identify partners and available	X	X	X	X	X				
funding									
B. Partners									
Diplomacy & Relationship Building (TAC & CHSAB)	X	X	X	X	X				
Capacity Building (Partnerships)	X	X	X	X	X				
Build Sky Valley Consortium	X	X	X	X	X				
(Housing & Services) Establish Transportation services									
between Sky Valley and Everett				X	X				
Evaluate transportation needs with	0	X		X	X				
partners		71		71	7.				
Evaluate existing transportation	О	X							
contracts with non-profits	3								
Coordinate partners applying for Transit Go (grant) program		X	О	О	О				

# **2022 HPAC Recommendations Action Plan – Gantt Map Chart**

	January 2022	February 2022	March 2022	April 2022	May 2022	June 2022	July 2022	August 2022	September 2022	October 2022	November 2022	December 2022
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# (X = Started O = Not Started)

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Provide information about services to									
remain housed, financial training, and									
incentives for businesses to hire	X	$ _{X}$	$ _{X}$	$ _{X}$	$ _{\mathbf{X}}$				
employees with entry level skills,	71			1	1				
information about mental and									
behavioral health services.									
Work with Monroe Public School's									
Foundation to develop and promote									
annual "resource fair" set up like a									
vendor show.									
Facilitate East County Coordinated	X	$ _{\mathbf{X}}$	$ _{X}$	X	$ _{\mathbf{X}}$				
Entry in partnership with VOA	71	71	1	71	71				
Establish and implement 2022 HS									
Budget Grant funding process with	X	X	X	X	X				
CHSAB									
Determine Strategic Goals	X								
Determine Criteria	X								
Release Application		О	X	X					
Review Applicants					X				
Recommend Awards									
C. Prevention									
Develop education and outreach	X	$ _{\mathbf{X}}$	$ _{\mathbf{X}}$	X	X				
communication plan about services	Λ	Λ	Λ	Λ	Λ				
Poverty 101 Trainings									
Crisis Response Trainings									
Work with McKinney-Vento Family									
Liaisons and Monroe Public Schools									
Foundation in the Monroe School	X	X	X	X	X				
District to connect families with									
resources.									
D. Public Safety									
Explore Mobile Mental Health	X	X	X	X	X				
Response Program	Λ	Λ	Λ	Λ	Λ				
Explore Fee Revenue – City Court									
Assessment									

# **2022 HPAC Recommendations Action Plan – Gantt Map Chart**

(X = Started O = Not Started)

E. Support Services									
Explore Shared Database System		O	О	О	О				
Establish Family Resource Center	X	X	X	X	X				
Coordinate more Mental Health Clinicians for Adults	О	X	X	X	X				
Coordinate more SUD Clinicians			X	X	X				
Establish Metrics and Tracking –									
Needs Assessment									
F. Policy & Budget									
Define 2023 Work Plan, Priorities, and implementation Model									
Identify performance measures to encourage future funding and show success. – <i>Needs Assessment</i>									
Lobby for changes to State and Federal law	X	X	X	X					
Continue CHSAB as a standing committee	X	X	X	X	X				
Explore 1/10 of 1% tax	X	X	X	X	X				
Identify budget enhancement needs and funding opportunities									
Evaluate Program									