



COMMUNITY HUMAN SERVICES ADVISORY BORAD AUGUST 20, 2020

CALL TO ORDER AND ROLL CALL

The August 20, 2020 Community Human Services Advisory Board (CHSAB) meeting was called to order at 6:00PM by Ms. Rachel Adams. Mayor Geoffrey Thomas gave the welcome to the Board Members.

Attendees:

Board Members	City of Monroe	Community Members
Tony Balk	Rachel Adams	Eric/Jamie – SeaMar Monroe Medical
Jim Bloss	Tyler Christian	Wesley Mehta
Roger Evans	Deborah Knight	Phil Spirito
Lynsey Gagnon	Councilmember Heather Rousey	Paula Rhyne
James Harrigan	Mayor Geoffrey Thomas	Desiree
Brian Lipsy		
Sarah Lunstrum		
Amber Mehta		
Jose Luis Nino de Guzman		
Amy Plumb		
Aisha Sial		
Brian Stoddard		
Todd Strickler		
Bridgette Tuttle		

OBJECTIVES

Ms. Rachel Adams gave an overview of the Board's responsibilities as outlined in the Resolution to establish the Community Human Services Advisory Board:

Recommend, Represent, Advocate, Advise, Educate, Coordinate, Act honestly and in good faith, Encourage the public trust, Strategize

HOW A BOARD WORKS

Ms. Deborah Knight gave an overview of how a City formed board/committee works.

Ms. Bridgette Tuttle will be the Board's Interim Chairperson. As the Board goes through the group forming stage, this may be revisited if others express interested in taking on the role.

The Board will approve Meeting Minutes.



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The Board will strive to build consensus as opposed to relying solely on voting.

GROUND RULES DISCUSSION

Ms. Bridgett Tuttle, CHSAB Interim Chairperson, led consensus building around group norms and agenda building. A majority of Board members support:

Agenda Building

Meeting twice a month, on the first and third Thursdays, for 90 minutes (6:00PM-7:30PM).

Reading the Board's statement of purpose at the beginning of the meeting.

Including a Land Acknowledgement as a part of the agenda.

Sharing a 3-5-word check in at the beginning of the meeting.

Providing up to 3 minutes for members of the public to bring their comments or concerns to the attention of the Board.

Group Norms

Starting and ending the meetings on-time.

Assuming positive intent, acknowledging harm, showing respect, creating a learning environment and a brave space by asking everyone to manage their own emotions, creating a safe environment for discussion, and taking personal responsibility for actions.

Using reactions, the chat, or the digital hand raising option to be acknowledged by the Chair before speaking

Using city staff and consultants to monitor the chat functions.

DISCUSS OVERDOSE AWARENESS DAY

International Overdose Awareness Day is August 31, 2020 intended to reduce stigma, raise awareness, acknowledge grief, promote recovery and education.

-Social Media acknowledgement

-Snohomish County Virtual Event

-Mayor Proclamation

-Other suggestions were:



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- Candle on the porch
- Store front ribbon
- National Recovery Month September
- Noise at a designated time
- Involve Children – Youth Coalition
- Lanyard, bracelets, and Pins (No time?)
- Messages on Pizza Boxes

Other Recognition Days (Pride, Black History, Homelessness, Juneteenth, suicide prevention day, hunger week, online source for research)

EXPLAIN HANDOUTS

Ms. Adams explained the hand outs for the Board Members to review and discuss at the next meeting.

- Personality Profiles

Next Meeting 9/3 (6-7:30pm)

Items brought up by board members for upcoming agendas:

- Trauma Informed Care
- SODA – Stay Out of Drug Area

ADJOURNMENT

The meeting adjourned AT 8:05PM.